

**2024 North Central Zone Meet - 5/15/2024 to 5/16/2024 NCD  
2024**

**Masich Place Stadium - Prince George**

**Meet - Records**

3	Women 1500 Meter Steeplechase Junior	5:34.98	5/21/2010	Emma Balazs - Kelly Road
7	Women 400 Meter Run Junior	1:00.15	2024	Kionae Roberts – Duchess Park
8	Men 400 Meter Run Junior	52.38	5/18/2022	Adam Sieben - Duchess Park
9	Women 400 Meter Run Senior	58.96	1998	Farrah Kohorst - O'Grady
10	Men 400 Meter Run Senior	49.41	1998	Josh Guggenheimer - Correlieu
11	Women 1500 Meter Run Junior	4:51.45	1998	Justine Boulin - Quesnel Sec.
12	Men 1500 Meter Run Junior	4:22.48	2003	Ross Weins - Nechako Valley
13	Women 1500 Meter Run Senior	4:50.42	1999	Justine Boulin - Quesnel Sec.
14	Men 1500 Meter Run Senior	4:12.66	2002	Geoffrey Martinson - Lakewood Jr.
19	Women 4x100 Meter Relay Junior	52.92	1998	Lakewood Jr. - Lakewood Jr.
20	Men 4x100 Meter Relay Junior	48.08	1999	Maple Drive - Maple Drive
21	Women 4x100 Meter Relay Senior	52.95	1994	Correlieu - Correlieu
22	Men 4x100 Meter Relay Senior	46.29	2024	Duchess = Briere, Sieben, Tamblyn, Hien
23	Women 80 Meter Hurdles Junior	12.69	5/21/2010	Laura Sharman - TRSS
24	Men 100 Meter Hurdles Junior	14.11	1992	Doug Ashley - Ann Stevenson
25	Women 100 Meter Hurdles Senior	17.52	5/19/2022	Bailey Shoemaker - DAWSON CREEK
26	Men 110 Meter Hurdles Senior	18.51	2024	Luke Deyaeger – Correlieu
29	Women 100 Meter Dash Junior	13.08	2024	Kionae Roberts – Duchess Park
30	Men 100 Meter Dash Junior	11.22	2001	Quinton Gamble - Bert Bowes
31	Women 100 Meter Dash Senior	12.57	1998	Farrah Kohorst - O'Grady
32	Men 100 Meter Dash Senior	10.93	2024	Adam Sieben – Duchess Park
33	Women 1500 Meter Steeplechase Senior	5:19.88	5/20/2011	Emma Balazs - Kelly Road
34	Men 2000 Meter Steeplechase Senior	7:18.87	5/19/2022	Lukas Nolli - COLLEGE HEIGHTS
35	Women 4x400 Meter Relay Senior	4:26.86	1981	Williams Lake - Williams Lake
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36	Men 4x400 Meter Relay Senior	3:53.43	2024	PGSS - Wilkinson, Richards, Mooring, Bowler
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39	Women 800 Meter Run Junior	2:25.95	1998	Justine Boulin - Quesnel Sec.
40	Men 800 Meter Run Junior	2:02.00	1993	Luke Bateman - PGSS
41	Women 800 Meter Run Senior	2:24.41	2000	Andrea Thompson - Duchess Park
42	Men 800 Meter Run Senior	1:58.21	2002	Geoffrey Martinson - Lakewood Jr.
43	Women 1500 Meter Race Walk Senior	8:57.74	1999	Irene Wark - Maple Drive
44	Men 1500 Meter Race Walk Senior	7:18.04	1997	Eric Roze - Duchess Park
47	Women 200 Meter Dash Junior	26.42	2024	Kionae Roberts – Duchess Park
48	Men 200 Meter Dash Junior	22.85	1997	Josh Guggenheimer - Correlieu
49	Women 200 Meter Dash Senior	25.89	1998	Farrah Kohorst - O'Grady
50	Men 200 Meter Dash Senior	22.64	1998	Josh Guggenheimer - Correlieu
51	Women 3000 Meter Run Junior	10:55.17	1998	Justine Boulin - Quesnel Sec.
52	Men 3000 Meter Run Junior	9:39.12	1986	Cory Watts - Lakewood Jr.
53	Women 3000 Meter Run Senior	10:32.21	1999	Justine Boulin - Quesnel Sec.
54	Men 3000 Meter Run Senior	9:08.98	2002	Geoffrey Martinson - Lakewood Jr.
57	Women Triple Jump Junior	10.85m	1985	Erika Forster - Williams Lake
58	Men Long Jump Junior	6.04m	1982	Doug Ashley - Anne Stevenson
59	Women Discus Throw 1 kg Senior	31.31m	2003	Jesse MacKay - PGSS
60	Men Javelin Throw 800 gram Senior	51.16m	2001	Owen Kirby - Maple Drive
62	Women Shot Put 3 kg Junior	10.55m	2001	Leah Callahan - Mackenzie Sec.
63	Men Discus Throw 1.5 kg Junior	43.88m	1998	Joey Letourneau - Fort St. James
64	Women Long Jump Senior	5.05m	5/20/2011	Laura Sharman - TRSS
65	Men Triple Jump Senior	13.30m	1991	James Laing - Kelly Road
66	Men Discus Throw 1.75 kg Senior	40.93m	1998	Jeremy Edwards - Corrieliu
70	Women High Jump Senior	1.77m	5/24/2008	Alyx Treasure - D.P. Todd
73	Women Pole Vault Senior	1.80m	5/20/2016	Mikalie Culberston - Lakes District S
74	Men Pole Vault Senior	2.48m	2023	Jackson Whitford – North Peace

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75	Women Javelin Throw 500 gram Junior	30.06m	1999	Angel Mack - Sir. A. MacKenzie
76	Men Shot Put 5 kg Junior	13.90m	1979	Alan Deacon - Williams Lake
78	Women Hammer Throw 4 kg Senior	31.36m	2003	Marie McMillan - Correlieu
81	Women Long Jump Junior	5.08m	1985	Erika Forster - Williams Lake

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82	Men Triple Jump Junior	12.72m	1997	Josh Guggenheimer - Correlieu
83	Men Hammer Throw 5 kg Junior	43.16m	5/26/2006	Jonathan Rathjen - D.P. Todd
86	Women Pole Vault Junior	2.00m	5/22/2014	Kendal Rogers - CHSS
87	Women Discus Throw 1 kg Junior	28.21m	5/16/2017	Erica Turgeon - Duchess Park
88	Men Javelin Throw 700 gram Junior	47.53m	1994	R. Saharchuk - Fort St. James
89	Women Triple Jump Senior	11.34m	1986	Erika Forester - Williams Lake
90	Men Long Jump Senior	6.29m	1993	Brydon Kendall - Fort St. James
92	Women Hammer Throw 3 kg Junior	35.16m	5/28/2005	Jessica Malo - Sir Alexander Ma
93	Men High Jump Junior	1.88m	2023	Keegan Farrell - Fraser Lake
94	Women Shot Put 4 kg Senior	11.64m	1999	Chantelle Saunders - Sir A. MacKenzie
95	Men Pole Vault Junior	2.45m	5/16/2017	Kyle Nealis - Lakes Distri
97	Women High Jump Junior	1.55m	2003	Hayley Hills/Nicole Grahn - Correlieu/100 Mile
98	Women Javelin Throw 600 gram Senior	37.58m	1994	Christine Deverson - Fort St. James
100	Men Shot Put 6 kg Senior	15.50m	1998	Jeremy Edwards - Correlieu
103	Women 300 Meter Hurdles Junior	49.35	2003	Haley Hills - Correlieu
104	Men 300 Meter Hurdles Junior	44.66	5/28/2004	Elliot Robertson - Williams Lake
105	Women 400 Meter Hurdles Senior	1:09.57	5/16/2017	Lindsay King - Prince Georg
107	Women 4x400 Meter Relay Junior	4:18.20	1973	100 Mile - 100 Mile
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108	Men 4x400 Meter Relay Junior	3:44.06	1997	Correlieu - Correlieu
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109	Women 1500 Meter Race Walk Junior	8:50.70	1996	Wendy Geisbrecht - Dr. Kearney
110	Men 400 Meter Hurdles Senior	1:05.13	2024	Josh Tamblyn - Duchess Park
111	Men High Jump Senior	1.94m	2024	Keegan Farrell - Fraser Lake
112	Men Hammer Throw 6 kg Senior	44.45m	2000	Curt Fowkes - Correlieu
113	Men 1500 Meter Race Walk Junior	8:01.01	5/23/2008	Kevin Gaiesty - D.P. Todd
114	Men 1500 Meter Steeplechase Junior	4:52.66	2003	Justin Black - Central Middle
119	Women 100 Meter Dash Gr 8	12.55	5/23/2008	Laura Sharman - Tumbler Ridge
120	Men 100 Meter Dash Gr 8	11.89	2000	Quinton Gamble - Bert Bowes
121	Women 200 Meter Dash Gr 8	26.61	1995	Kristie Hillen - College Heights
122	Men 200 Meter Dash Gr 8	24.27	1992	Trevor Wheele - College Heights
123	Women 400 Meter Run Gr 8	59.11	5/18/2022	Kionae Roberts - Duchess Park
124	Men 400 Meter Run Gr 8	59.35	2023	Callum Whitehouse - Duchess Park
125	Women 800 Meter Run Gr 8	2:29.28	2000	Julianna Nusse - Valemount
126	Men 800 Meter Run Gr 8	2:11.14	1992	Luke Bateman - PGSS
127	Women 1500 Meter Run Gr 8	5:11.00	1977	J. Fradette - Williams Lake
128	Men 1500 Meter Run Gr 8	4:37.12	2002	Ross Weins - Nechako Valley
129	Women 3000 Meter Run Gr 8	11:13.70	1985	Lori Hill - College Heights
130	Men 3000 Meter Run Gr 8	10:04.21	5/20/2016	Simon Nemethy - NVSS
131	Women 80 Meter Hurdles Gr 8	13.26	5/24/2008	Laura Sharman - Tumbler Ridge
132	Men 100 Meter Hurdles Gr 8	12.08	1998	Kellen Heine - Maple Drive
133	Women 200 Meter Hurdles Gr 8	31.40	5/16/2017	Sophia Mahmoud - Duchess Park
134	Men 200 Meter Hurdles Gr 8	39.45	5/20/2016	Odin Mills - Qjs
135	Women High Jump Gr 8	1.52m	1996	L. Burres - Central Middle
136	Men High Jump Gr 8	1.71m	1986	David Cook - Ann Severson
137	Women Long Jump Gr 8	4.84m	1985	K. Smith - Duchess Park
138	Men Long Jump Gr 8	5.50m	1983	Clint Lange - Ann Stevenson
139	Women Javelin Throw Gr 8	28.25m	1984	N. Gainer - McBride
140	Men Javelin Throw Gr 8	43.46m	2000	Brett Festerling - Correlieu
141	Women Shot Put Gr 8	10.94m	2001	Kate Borden - Heather Park
142	Men Shot Put Gr 8	13.49m	1998	Ted Law - Maple Drive
143	Women Discus Throw Gr 8	25.64m	2001	Jesse MacKay - Duchess Park

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144 Men Discus Throw Gr 8	38.40m	5/27/2005	Jonathan Rathjen - D.P. Todd
145 Women 4x100 Meter Relay Gr 8	54.96	1984	Correliou - Correliou
146 Men 4x100 Meter Relay Gr 8	49.74	1988	Maple Drive - Maple Drive
147 Women 4x400 Meter Relay Gr 8	4:36.72	5/29/2004	Correliou Secondary School - Correliou

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148 Men 4x400 Meter Relay Gr 8	4:04.56	2001	Maple Drive - Maple Drive
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149 Men Triple Jump Gr 8	11.85m	2001	Scott Leathem - Maple Drive
150 Women Triple Jump Gr 8	9.90m	1982	Jacque Semeniuk - D.P. Todd
151 Men 1500 Meter Steeplechase Gr 8	5:01.80	5/21/2016	Simon Nemethy - NVSS
152 Women 1500 Meter Steeplechase Gr 8	5:42.04	5/27/2006	Kendra Young - Bert Bowes
153 Men 1500 Meter Race Walk Gr 8	9:18.00	1998	M. Trevelyan - Central Middle
154 Women 1500 Meter Race Walk Gr 8	8:48.38	5/20/2016	Jenna Mezaros - Dawson Creek
157 Men Hammer Throw 3 kg Gr 8	40.82m	5/27/2005	Jonathan Rathjen - D.P. Todd
158 Women Hammer Throw 3 kg Gr 8	26.64m	2024	Madelin Standish - College Heights
159 Men Shot Put 6 kg Special Olympics	3.17m	5/14/2019	Josiah Lecher - COLLEGE HEIGHTS
161 Men 100 Meter Dash Special Olym Specia	12.90	5/14/2019	Joshua Tilsner - QUESNEL JR SCHOO
162 Women 100 Meter Dash Special Olym Sp	19.51	2023	Cassandra Hill - Columneetza
165 Men 400 Meter Run Special Olym Specia	58.92	5/14/2019	Joshua Tilsner - QUESNEL JR SCHOO
166 Women 400 Meter Run Special Olym Spe	2:07.45	2023	Cassandra Hill - Columneetza
167 Men 200 Meter Dash Senior	24.47	5/19/2022	Jonathan Vanbetuw - NECHAKO
168 Women 200 Meter Dash	53.12	2023	Cassanda Hill - Columneetza
169 Men 800 Meter Run	4:00.88	2023	Ryder Provost - Sir Alexander
170 Women Pole Vault Gr 8	1.50m	2024	Maiya Ware - DP Todd