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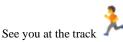
NEWSLETTER #1 March 1, 2024

Happy March Everyone!

Please read carefully:

- Outdoor registration is open! Please read the new <u>fees</u> list and <u>schedules</u> before registering as there have been changes. Click the button on our home page or <u>HERE</u> to register. Rascal athletes may sign up for more than one session. Please remember that Mother Nature controls the opening of Masich Place Stadium, and thus, the opening of our season.
- 2. Competition singlets can be purchased ONLY during the registration process for an additional \$67. Singlet orders will be closed by April 1st for ordering in time for our first meet. Singlets are not a mandatory purchase; they are used for competitive athletes, especially those going out of town to meets. Junior and senior athletes competing here at home can wear club competition t-shirts. These will be available for purchase once the season starts. Track rascals do not require any uniform purchase. There are some older singlets for rent, and we are always accepting donated club wear.
- 3. Remember that registration will charge \$100 per family as a volunteer levy. This levy is refunded when families complete 10 hours of volunteering. It takes many bodies to run a competition so please sign up to help and remember to record volunteer hours for a refund. Track rascal only families are exempt from the volunteer levy but are required to volunteer for potty patrol.
- 4. Any families struggling financially can apply for funding <u>HERE</u>. Please contact the club to determine how to register under these circumstances.
- 5. Coaches are always needed! The club is looking for any parents with track and field experience willing to help out with Senior Practices. Young athletes (turning 13 yrs old and older) can apply to be volunteer coaches and, eventually, paid coaches with the track rascal and junior development programs. The club helps organize and pay for coach training. Apply HERE by March 15th. A coaches meeting will be announced for the first week of April.
- 6. Officials are always needed too! IT's easy to do and fun to be up close to the athletes during competitions. Contact Joan Harris (Jpcider62@gmail.com) for more information and how the officiating pathway works. The club hosts an officiating introduction during practice before our first meet.
- 7. Sign up for "Remind" texts <u>HERE</u>. The club uses the Remind App to send out last-minute information regarding cancellations and emergency pickups.
- 8. Parents be aware that the club will hold parent information meetings during the first practice of each program. Be prepared to stay and get clarification on any of the club's activities, expectations, and volunteer opportunities. Please familiarize yourself with the Parent Handbook <u>HERE</u> or online.
- 9. Last but not least, the club is still in need of a treasurer. If you know how to use QuickBooks or are willing to learn, please reach out to the club. All board members are exempt from the volunteer levy.

This week PGTF said "so long" to our Club Head Coach Ross. He has left us for warmer climes and greener pastures! We thank him for getting the club on track and wish him the best in his future policing career and track endeavours. Come back and visit Coach!



Elena Thomas PGTF president

Proud Member





