

Sub Zero Info:

1. Registration for the meet closes Tuesday May 2nd at 11:59pm
2. Volunteers still needed to sign up to help with the Sub Zero: [HERE](#)
3. Rascals are invited to run a quick 60m sprint on Saturday May 6th around noon. This is free and requires no registration. Just show up and come down to the start when called.
4. We are also celebrating PGTF's 50th Anniversary this coming weekend!!! Join us Saturday after the Rascal races for treats.
5. Gina will contact everyone regarding Merch purchases which should be available soon.
6. Older singlets are available for rent for \$5 if your athlete is looking for club gear for the meet. Supply is limited. Ask for help at the dungeon.
7. Athletes should pick up their numbers at the registration table in the stands Saturday morning.
8. All athletes should be at Masich Place Stadium at least one hour before their first event. Events can begin 30minutes early without warning. BIG changes in the schedule will be sent out Friday night, if there are any.
9. Please send your athlete with appropriate layers of clothing, sunscreen, water bottles and snacks. Concession will be open but will not be selling bottled water.

Other info:

1. BIG THANKS to all who helped with the work bee - the dungeon has never been cleaner or more organized. Now to get the coaches to keep it like that!!
2. We have a fundraising account at the Return-It depot by Costco. Take your refundables in a clear plastic bag to the kiosk just inside the door. Punch in 250-563 -8808 to the kiosk keypad to print a sticker to put on your bag of bottles and cans. Leave the bag in the bin next to the kiosk and it will be counted and deposited to the Prince George Track and Field Club's account. All proceeds go to fun and treats for the athletes.
3. Remember to sign up for Remind [HERE](#) for last minute messages.

Elena Thomas
PGTF president