

Spruce Capital Invitational Meet-2022 - 6/17/2022 to 6/18/2022
Masich Place Stadium, Prince George, BC

Meet - Records

3	Boys 9 60 Meter Dash	10.29	6/14/2009	Adam Lee - PG Track
4	Girls 9 60 Meter Dash	9.63	6/14/2009	Mikayla Capelle - Dawson Creek
5	Boys 10 60 Meter Dash	9.83	6/13/2010	Colburn Pearce - PG Track
6	Girls 10 60 Meter Dash	9.39	6/13/2010	Mikayla Capelle - Unattached
7	Boys 11 60 Meter Dash	9.03	6/18/2022	Kasieobi Udumaga - Prince Georg
8	Girls 11 60 Meter Dash	9.36	6/8/2014	Makenna MacWhinnie - Unattached
14	Girls 9 60 Meter Hurdles 6 x 21" - .5	12.33	2002	Nyagoa Nguot - PG Track
15	Boys 9 60 Meter Hurdles 6 x 21" - .5	11.85	2001	Ian Smith - Kamloops
16	Girls 10 60 Meter Hurdles 6 x 24" - .6	12.75	6/8/2014	Makenna Macwhinnie - Athletics No
17	Boys 10 60 Meter Hurdles 6 x 24" - .6	12.36	6/12/2010	Colburn Pearce - PG Track
18	Girls 11 60 Meter Hurdles 6 x 24" - .6	11.39	6/7/2014	Makenna MacWhinnie - Unattached
19	Boys 11 60 Meter Hurdles 6 x 24" - .6	11.35	6/13/2009	Jax Bailey - PG Track
20	Girls 12 80 Meter Hurdles 8 x 27	13.10	1992	Tamsin Anstey - Norwesters
21	Boys 12 80 Meter Hurdles 8 x 27"	13.50	1992	Anthony Jackson - Burnaby Strider
22	Girls 13 80 Meter Hurdles 8 x 30"	13.30	1992	Elna Wang - Vancouver Olympic
23	Boys 13 80 Meter Hurdles 8 x 30"	11.90	1992	Nick Wikes - Rmt
24	Girls 14-15 80 Meter Hurdles 8 x 30"	12.53	6/12/2010	Laura Sharman - Tumbler ridge
26	Girls 16-17 100 Meter Hurdles 10 x 30"	14.22	2001	Bevin Kennelly - Pgt/Quesnel
27	Women 18-99 100 Meter Hurdles 10 x 33	19.25	6/11/2011	Chassity Mohan - South Peace Sen
28	Boys 14-15 100 Meter Hurdles 10 x 33"	16.68	6/8/2014	Ryan Elden - Quesnel
30	Girls 16-17 110 Meter Hurdles 10 x 36"	15.41	2004	Aaron Dixon - PG Track
42	Girls 9 100 Meter Dash	15.30	1992	Fran Hanson-Monnie - Coquitlam
43	Boys 9 100 Meter Dash	14.50	1992	Matthew Bewsey - Bowser
44	Girls 10 100 Meter Dash	13.80	1992	Natalie Jackson - Burnaby Striders
45	Boys 10 100 Meter Dash	13.90	1992	Andrew Njume - Powell River
46	Girls 11 100 Meter Dash	13.50	1992	Leigh Koopman - Richmond Kajaks
47	Boys 11 100 Meter Dash	12.65	1999	Tijan Pinnock - PG Track
48	Girls 12 100 Meter Dash	13.10	1992	Heather Dennis - Chilliwack
49	Boys 12 100 Meter Dash	12.70	1992	Brock Armstrong - Track 54.50/Smithers
50	Girls 13 100 Meter Dash	12.50	1992	Yolande Gaynes - South Fraser
51	Boys 13 100 Meter Dash	11.40	1992	Joel Nelson - South Fraser
52	Girls 14-15 100 Meter Dash	13.16	6/18/2022	Kionae Roberts - Prince Georg
53	Boys 14-15 100 Meter Dash	12.58	6/8/2014	Ryan Elden - Quesnel
54	Girls 16-17 100 Meter Dash	12.34	1998	L McGregor/C Borowsky - Pgt/Mackenzie/Kamloops
55	Boys 16-17 100 Meter Dash	10.76	2002	Rob Drapala - Armstrong
56	Girls 18-19 100 Meter Dash	13.51	6/11/2016	Casey Richert - Ccs
57	Boys 18-19 100 Meter Dash	11.80	6/11/2011	Shaun Cormier - PG Track
59	Men 20-34 100 Meter Dash	11.53	6/18/2022	Sagardeep Singh - Prince Georg
60	Girls 11 200 Meter Dash	29.20	1997	Allison Kraby - Pgt/McBride
61	Boys 11 200 Meter Dash	28.80	1991	Brock Armstrong - Track 54.50/Smithers
62	Girls 12 200 Meter Dash	27.50	1992	Heather Dennis - Chilliwack
63	Boys 12 200 Meter Dash	27.00	1998	Tijan Pinnock (age 10) - PG Track
64	Girls 13 200 Meter Dash	26.30	1992	Hazel Hanson-Monnie - Coquitlam
65	Boys 13 200 Meter Dash	24.20	1992	Joel Nelson - South Fraser
66	Girls 14-15 200 Meter Dash	26.46	6/17/2022	Kionae Roberts - Prince Georg
67	Boys 14-15 200 Meter Dash	25.64	6/12/2011	Sean K. Gaiesky - PG Track
68	Girls 16-17 200 Meter Dash	25.47	1998	Luci McGregor - Pgt/Mackenzie
69	Boys 16-17 200 Meter Dash	22.57	2002	Rob Drapala - Armstrong
71	Men 18-19 200 Meter Dash	23.98	6/13/2010	Shaun Cormier - PG Track
72	Women 20-34 200 Meter Dash	31.23	6/12/2011	Caroline Cardin - PG Track
74	Girls 12 300 Meter Run	47.82	6/11/2011	Shelby Jansen - PG Track
75	Boys 12 300 Meter Run	53.17	6/11/2011	Cole Rader - PG Track
76	Girls 13 300 Meter Run	46.36	6/8/2014	Brooklyn Stauffer - Athletics No
77	Boys 13 300 Meter Run	45.77	6/8/2014	Simon Nemethy - PG Track
78	Girls 14-15 300 Meter Run	42.56	6/18/2022	Kionae Roberts - Prince Georg
79	Boys 14-15 300 Meter Run	40.46	6/11/2011	Sean K. Gaiesky - PG Track
82	Girls 16-17 400 Meter Run	58.26	1999	Farrah Kohorst - PG Track

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83	Boys 16-17 400 Meter Run	49.94	1998	Josh Guggenheimer - Pgt/Quesnel
85	Men 18-19 400 Meter Run	51.94	6/11/2016	Ryan Gaiesky - PG Track
86	Men 20-34 400 Meter Run	55.89	6/7/2014	Zachary Matyas - PG Track
87	Women 20-34 400 Meter Run	1:09.25	6/11/2011	Caroline Cardin - PG Track
90	Girls 9 600 Meter Run	2:16.21	6/9/2014	Morgan Wiebe - PG Track
91	Boys 9 600 Meter Run	2:14.98	6/9/2014	Caleb Emon - PG Track
92	Girls 10 600 Meter Run	2:04.77	6/8/2014	Morgan Wiebe - PG Track
93	Boys 10 600 Meter Run	1:59.51	6/12/2016	Adam Sieben - PG Track
94	Girls 11 600 Meter Run	2:00.37	6/12/2016	Stephanie Arronge - PG Track
95	Boys 11 600 Meter Run	1:56.43	6/12/2011	Brady Miller - PG Track
96	Girls 12 800 Meter Run	2:29.40	1992	Kristina Andersen - South Fraser
97	Boys 12 800 Meter Run	2:22.40	1992	Wyatt Hartley - Norwesters
98	Girls 13 800 Meter Run	2:28.50	1995	Janice Zawaski - Leduc, AB
99	Boys 13 800 Meter Run	2:17.85	2001	Ross Wiens - Pgt/Vanderhoof
100	Girls 14-15 800 Meter Run	2:25.35	6/8/2014	Hannah Pow - BV Athletics
101	Boys 14-15 800 Meter Run	2:14.67	6/12/2011	Sean K. Gaiesky - PG Track
102	Girls 16-17 800 Meter Run	2:18.40	1999	Justine Boulin - Pgt/Quesnel
103	Boys 16-17 800 Meter Run	1:56.94	1993	Ryan Press - PG Track
104	Women 18-19 800 Meter Run	3:35.60	6/12/2011	Caitlin Frenkel - PG Track
105	Men 18-19 800 Meter Run	1:59.95	6/9/2014	Zachary Matyas - PG Track
106	Women 20-34 800 Meter Run	2:52.66	6/12/2011	Caroline Cardin - PG Track
107	Men 20-34 800 Meter Run	2:01.47	6/12/2016	Zachary Matyas - Langley Must
108	Girls 14-15 1200 Meter Run	3:53.46	6/12/2010	Emma Balazs - PG Track
109	Boys 14-15 1200 Meter Run	3:36.58	6/11/2011	Sean K. Gaiesky - PG Track
110	Girls 9 1000 Meter Run	4:09.90	6/7/2014	Grace Cross - PG Track
111	Boys 9 1000 Meter Run	4:04.80	6/8/2014	Jake Arsenault - PG Track
112	Girls 10 1000 Meter Run	3:51.24	6/11/2016	Grace Cross - PG Track
113	Boys 10 1000 Meter Run	3:43.92	6/11/2016	Adam Sieben - PG Track
114	Girls 11 1000 Meter Run	3:52.89	6/11/2016	Morgan Wiebe - PG Track
115	Boys 11 1000 Meter Run	3:38.75	6/11/2011	Brady Miller - PG Track
116	Girls 12 1200 Meter Run	4:42.78	6/8/2014	Jett McCall - Quesnel
117	Boys 12 1200 Meter Run	4:17.60	6/17/2022	Sawyer Roberts - Prince Georg
118	Girls 13 1200 Meter Run	4:46.28	6/7/2014	Jett McCall - Qtfc
119	Boys 13 1200 Meter Run	3:48.43	6/8/2014	Simon Nemethy - PG Track
120	Girls 16-17 1500 Meter Run	4:40.00	1999	Justine Boulin - Pgt/Quesnel
121	Boys 16-17 1500 Meter Run	4:12.23	2002	Geoff Martinson - PG Track
122	Women 18-19 1500 Meter Run	7:12.04	6/11/2011	Caitlin Frenkel - PG Track
123	Men 18-19 1500 Meter Run	4:11.01	6/11/2016	Cole Dinsdale - C ss
125	Men 20-34 1500 Meter Run	4:18.68	6/7/2014	Zachary Matyas - PG Track
125	Men 35-99 1500 Meter Run	4:41.90	6/11/2011	Brian Nemethy - PG Track
126	Girls 13 2000 Meter Run	8:29.21	6/8/2014	Jett McCall - Qtfc
126	Girls 14-15 2000 Meter Run	7:01.36	6/13/2010	Emma Balazs - PG Track
127	Boys 14-15 2000 Meter Run	6:31.44	6/18/2022	Ethan Peregrym - Kamloops Tra
128	Girls 16-17 3000 Meter Run	10:05.60	1999	Justine Boulin - Pgt/Quesnel
129	Boys 16-17 3000 Meter Run	9:23.50	1991	Greg Johnson - Kamloops
131	Men 18-19 3000 Meter Run	9:21.37	6/12/2016	Cole Dinsdale - C ss
132	Women 20-34 3000 Meter Run	12:03.23	6/9/2014	Wendy Giesbrecht - Unattached B
133	Men 20-34 3000 Meter Run	9:51.21	6/12/2016	Sam Goodrich - Unattached B
134	Girls 10 800 Meter Race Walk	6:07.06	6/12/2011	Jillian Hepburn - PG Track
134	Girls 11 800 Meter Race Walk	5:16.43	1996	Marnie Thwaites - PG Track
134	Girls 12 800 Meter Race Walk	4:56.15	2000	Megan Crawley - PG Track
135	Boys 10 800 Meter Race Walk	6:42.33	6/18/2022	Jaxon Kirkby - Prince Georg
135	Boys 11 800 Meter Race Walk	5:02.00	2001	Kyle O'Meara - PG Track
135	Boys 12 800 Meter Race Walk	4:46.99	2000	Wade Palmer - PG Track
136	Girls 13 1500 Meter Race Walk	10:18.30	1999	Theresa Wiens - Pgt/Vanderhoof (Bcjd)
137	Boys 13 1500 Meter Race Walk	10:28.98	1998	Reid Byman - PG Track
138	Girls 14-15 1500 Meter Race Walk	10:19.31	6/12/2011	Kelsey Steeves - Tumbler ridge

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139	Boys 14-15 1500 Meter Race Walk	10:27.01	6/13/2010	Anton Wolf - Una
140	Girls 16-17 1500 Meter Race Walk	9:05.83	6/14/2009	Crystal Fry - Tumbler Ridge
141	Boys 16-17 1500 Meter Race Walk	6:44.04	6/14/2009	Kevin Gaiesky - PG Track
142	Women 18-99 1500 Meter Race Walk	7:59.44	6/12/2011	Crystal Fry - Tumbler ridge
143	Men 18-99 1500 Meter Race Walk	7:23.77	6/12/2011	Kevin A. Gaiesky - PG Track
144	Boys 12 200 Meter Hurdles 5 x 24"	36.09	6/8/2014	Mitchell Stella - PG Track
145	Girls 12 200 Meter Hurdles 5 x 24"	33.61	6/9/2014	Erica Turgeon - PG Track
146	Girls 13 200 Meter Hurdles 5 x 27"	30.00	1992	Melanie Szirony - Chilliwack
147	Boys 13 200 Meter Hurdles 5 x 27"	27.20	1992	Nick Wilkes - Rmt
148	Girls 14-15 300 Meter Hurdles 7 x 30"	30.86	6/9/2014	Lindsay King - PG Track
149	Boys 14-15 300 Meter Hurdles 7 x 30"	30.73	6/13/2010	Keenan Render - Tumbler ridge
150	Girls 16-17 400 Meter Hurdles 10 x 30"	51.68	6/12/2011	Kelsey Legault - Tumbler ridge
151	Boys 16-17 400 Meter Hurdles 10 x 33"	50.27	6/12/2011	Thomas Williams - South Peace Sen
153	Men 18-19 400 Meter Hurdles 10x36"	58.83	6/9/2014	Jeremy Matte - PG Track
156	Girls 14-15 1500 Meter Steeplechase no v	5:14.28	6/12/2010	Emma Balazs - PG Track
157	Boys 14-15 1500 Meter Steeplechase no v	5:08.10	6/12/2010	Sean K. Gaiesky - PG Track
158	Girls 16-17 2000 Meter Steeplechase wat	5:25.78	2001	Bevin Kennelly - Pgt/Quesnel
159	Boys 16-17 2000 Meter Steeplechase wat	4:38.15	2002	Cam Swift - PG Track
162	Girls 9 High Jump	1.18m	1992	Shannon Martin - South Fraser
163	Boys 9 High Jump	1.20m	1992	Andrew Cooke - Vancouver Olympic
164	Girls 10 High Jump	1.24m	1992	Jennifer Cook - Coquitlam
165	Boys 10 High Jump	1.32m	1991	Dylan Armstrong - Kamloops
166	Girls 11 High Jump	1.41m	1992	Karlyn Underdahl - Victoria
167	Boys 11 High Jump	1.45m	1992	Dylan Armstrong - Kamloops
168	Girls 12 High Jump	1.45m	2004	Alyx Treasure - PG Track
169	Boys 12 High Jump	1.45m	1992	Wyatt Hartley - Norwesters
170	Girls 13 High Jump	1.59m	2005	Alyx Treasure - PG Track
171	Boys 13 High Jump	1.70m	1992	Nick Wilkes - Rmt
172	Girls 14-15 High Jump	1.45m	6/11/2011	Carlee Campbell - Kamloops Tra
173	Boys 14-15 High Jump	1.72m	6/11/2016	Bazil Spencer - Quesnel
174	Girls 16-17 High Jump	1.70m	6/13/2009	Alyx Treasure - PG Track
175	Boys 16-17 High Jump	1.91m	6/17/2022	Caleb Emon - Prince Georg
177	Men 18-99 High Jump	1.58m	6/11/2016	Justin Stewart - Nisgaa
180	Girls 9 Long Jump	3.38m	2001	Alyx Treasure - PG Track
181	Boys 9 Long Jump	3.72m	1992	Andrew Cooke - Vancouver Olympic Club
182	Girls 10 Long Jump	4.03m	1995	Jenna Lunde - Leduc, AB
183	Boys 10 Long Jump	4.11m	1996	Quinton Gamble - Fort St. John
184	Girls 11 Long Jump	3.89m	1992	Karlyn Underdahl - Victoria
185	Boys 11 Long Jump	4.34m	1995	Chris Glover - Bella Coola
186	Girls 12 Long Jump	4.24m	1992	Tamsin Anstey - Norwesters
187	Boys 12 Long Jump	4.87m	1992	Brock Armstrong - Track 54.50/Smithers
188	Girls 13 Long Jump	4.60m	2005	Alyx Treasure - PG Track
189	Boys 13 Long Jump	5.29m	1992	Nick Wilkes - Rmt
190	Girls 14-15 Long Jump	5.03m	6/13/2010	Laura Sharman - Tumbler ridge
191	Boys 14-15 Long Jump	5.27m	6/13/2010	Eric Kidwell - PG Track
192	Girls 16-17 Long Jump	5.47m	6/12/2010	Jennifer Fetaz - Tumbler ridge
193	Men 16-17 Long Jump	6.85m	2003	Quinton Gamble - Fort St. John
197	Men 20-34 Long Jump	5.81m	6/18/2022	Sagardeep Singh - Prince Georg
200	Girls 13 Triple Jump	9.71m	2000	Kate Borden - PG Track
201	Boys 13 Triple Jump	11.11m	1992	Isaac Payne - Richmond Kajaks
202	Girls 14-15 Triple Jump	9.56m	6/11/2011	Carly Frenkel - PG Track
203	Boys 14-15 Triple Jump	11.39m	6/12/2010	Duncan Elliot - PG Track
204	Girls 16-17 Triple Jump	10.66m	1998	Farah Kohorst - PG Track
205	Boys 16-17 Triple Jump	13.05m	1998	Josh Guggenheimer - Pgt/Quesnel
209	Men 20-34 Triple Jump	13.05m	6/18/2022	Sagardeep Singh - Prince Georg
210	Women 85-89 Triple Jump	6.35m	6/18/2022	Christa Bortignon - Greyhounds M
235	Girls 10 Discus Throw 750 g	13.97m	2004	Phoebe Andy - Bella Coola

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236	Girls 11 Discus Throw 750 g	19.14m	2001	Callan Lansdowne - Bella Coola
237	Girls 12 Discus Throw 750 g	23.29m	1992	Jillian Renouf - Richmond Kajaks
238	Girls 13 Discus Throw 750 g	27.88m	2000	Jesse MacKay - PG Track
239	Girls 14-15 Discus Throw 1 kg	25.38m	6/12/2016	Erica Turgeon - PG Track
240	Boys 14-15 Discus Throw 1 kg	33.60m	6/9/2014	Seth Williams - Nisgaa
241	Girls 16-17 Discus Throw 1 kg	32.56m	2000	Tenille Hunter - Kamloops
243	Boys 10 Discus Throw 750 g	16.92m	2000	Tyler Henly - PG Track
244	Boys 11 Discus Throw 750 g	21.70m	2001	Erling Skuggedal - PG Track
245	Boys 12 Discus Throw 1 kg	27.85m	1992	Pasha Bains - Richmond Kajaks
246	Boys 13 Discus Throw 1 kg	40.62m	1992	Garrett Collier - Richmond Kajaks
249	Boys 16-17 Discus Throw 1.5 kg	48.92m	2004	David Skermer - Penticton
251	Girls 12 Hammer Throw 3 kg	23.11m	6/7/2014	Casidy Campbell - PG Track
252	Girls 13 Hammer Throw 3 kg	30.67m	6/11/2016	Casidy Campbell - PG Track
253	Girls 14-15 Hammer Throw 3 kg	31.04m	6/11/2016	Kendal Zemenchik - BV Athletics
254	Boys 14-15 Hammer Throw 4 kg	29.59m	6/9/2014	Cole Stone - Quesnel
257	Boys 12 Hammer Throw 3 kg	7.55m	6/13/2010	Leighton Wolf - Una
258	Boys 13 Hammer Throw 3 kg	37.19m	6/12/2011	Keiran Leboe - PG Track
260	Girls 16-17 Hammer Throw 3 kg	41.76m	2000	Tenille Hunter - Kamloops
261	Boys 16-17 Hammer Throw 5 kg	45.18m	2005	Tyrel Pohl - Dawson Creek
263	Girls 10 Javelin Throw 400 g	14.76m	6/12/2010	Mikayla Capelle - Unattached
264	Girls 11 Javelin Throw 400 g	18.96m	2000	Kaitlyn Widsten - Bella Coola
265	Girls 12 Javelin Throw 400 g	25.10m	2002	Annika Granander - Bella Coola
266	Girls 13 Javelin Throw 400 g	32.00m	2003	Annika Granander - Bella Coola
267	Girls 14-15 Javelin Throw 500 g	28.78m	6/12/2010	Sarah Frost - PG Track
269	Girls 16-17 Javelin Throw 500 g	37.84m	1994	Christine Deverson - Fort St. James
270	Women 18-99 Javelin Throw 600 g	23.63m	6/14/2009	Katherine Driediger - Unattached
271	Boys 10 Javelin Throw 400 g	22.71m	2003	Reece Molland - Bella Coola
272	Boys 11 Javelin Throw 400 g	29.11m	2002	Oliver Anderson - Fort Fraser
273	Boys 12 Javelin Throw 500 g	33.17m	6/12/2010	Keiran Leboe - PG Track
274	Boys 13 Javelin Throw 500 g	40.09m	1993	Brock Armstrong - Track 54.50 /smithers
275	Boys 14-15 Javelin Throw 600 g	38.15m	6/12/2010	Eric Kidwell - PG Track
277	Boys 16-17 Javelin Throw 700 g	52.27m	1991	R. Constantinescu - Kelowna
278	Men 18-99 Javelin Throw 800 g	35.55m	6/13/2009	Dusty Bruhs - Dawson Creek
281	Girls 9 Shot Put 2 kg	4.87m	6/14/2009	Mikayla Capelle - Dawson Creek
282	Girls 10 Shot Put 2 kg	7.12m	2001	Maddie Ferguson - Kamloops
283	Girls 11 Shot Put 2 kg	8.24m	6/8/2014	Casidy Campbell - PG Track
284	Girls 12 Shot Put 3 kg	8.94m	2000	Hayley Hills - Pgt/Quesnel
285	Girls 13 Shot Put 3 kg	10.71m	1998	Maria Stinson - PG Track
286	Girls 14-15 Shot Put 3 kg	9.39m	6/11/2011	Keana Trudel - Tumbler ridge
288	Girls 16-17 Shot Put 3 kg	10.11m	2002	Alia Dalin - Kamloops
291	Women 60-64 Shot Put See chart	8.54m	6/18/2022	Joan Harris - Prince Georg
292	Boys 9 Shot Put 2 kg	6.36m	2005	Olin Erricson - Prince George/Unattached
293	Boys 10 Shot Put 2 kg	8.73m	2001	Oliver Anderson - Fort Fraser
294	Boys 11 Shot Put 2 kg	10.00m	2002	Oliver Anderson - Fort Fraser
295	Boys 12 Shot Put 3 kg	10.20m	6/12/2010	Keiran Leboe - PG Track
296	Boys 13 Shot Put 3 kg	12.57m	1998	Matt Bartsch - Quesnel
297	Boys 14-15 Shot Put 4 kg	11.00m	6/8/2014	Seth Williams - Nisgaa
299	Boys 16-17 Shot Put 5 kg	13.87m	2003	Rob Negrin - PG Track
302	Men 40-44 Shot Put See chart	9.70m	6/18/2022	Ryan Harris - Prince Georg
302	Men 75-79 Shot Put See chart	9.24m	6/18/2022	Tuomas Ukonmaanaho - Prince Georg
302	Men 80-84 Shot Put See chart	7.94m	6/18/2022	James Dyer - Indépendant
316	Men 35-49 Weight Throw 15.88 kg	9.76m	6/18/2022	Ryan Harris - Prince Georg
317	Women 50-59 Weight Throw 7.26 kg	10.02m	6/18/2022	Christine Dagleish - Prince Georg
318	Men 50-59 Weight Throw 11.34 kg	9.85m	6/18/2022	Brad Frenkel - Prince Georg
319	Women 60-74 Weight Throw 5.45 kg	9.00m	6/18/2022	Joan Harris - Prince Georg
324	Women 20-34 Discus Throw 1kg	19.43m	6/18/2022	Cassandra O'Brien - Prince Georg
326	Women 60-64 Discus Throw 2 kg	21.01m	6/18/2022	Joan Harris - Prince Georg

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327	Men 55-59 Discus Throw See chart	30.80m	6/18/2022	Brad Frenkel - Prince Georg
327	Men 80-84 Discus Throw See chart	22.74m	6/18/2022	James Dyer - Indépendant
328	Women 20-34 Hammer Throw 4 kg	26.63m	6/17/2022	Cassaundra O'Brien - Prince Georg
332	Women 55-59 Hammer Throw see chart	29.19m	6/17/2022	Christine Dagleish - Prince Georg
332	Women 60-64 Hammer Throw see chart	26.73m	6/17/2022	Joan Harris - Prince Georg
333	Men 40-44 Hammer Throw see chart	21.76m	6/17/2022	Ryan Harris - Prince Georg
333	Men 55-59 Hammer Throw see chart	29.10m	6/17/2022	Brad Frenkel - Prince Georg
333	Men 80-84 Hammer Throw see chart	29.51m	6/17/2022	James Dyer - Indépendant
334	Men 80-99 Weight Throw 5.45 kg	11.90m	6/18/2022	James Dyer - Indépendant
336	Women 85-89 200 Meter Dash	39.58	6/17/2022	Christa Bortignon - Greyhounds M
337	Men 75-79 200 Meter Dash	31.08	6/17/2022	Tuomas Ukonmaanaho - Prince Georg
338	Women 85-89 100 Meter Dash	18.77	6/18/2022	Christa Bortignon - Greyhounds M
339	Men 55-59 100 Meter Dash	15.25	6/18/2022	Todd Patterson - Okanagan Ath
339	Men 75-79 100 Meter Dash	14.97	6/18/2022	Tuomas Ukonmaanaho - Prince Georg