

Spruce Capital Invitational Meet-2022 - 6/17/2022 to 6/18/2022

Masich Place Stadium, Prince George, BC

Results

Girls 10 Year Olds 60 Meter Dash

Meet: 9.39 R 6/13/2010 Mikayla Capelle

Name	Yr	Team	Finals
Finals			
1 #388 Harris, Britta	12	Prince Georg,Prince	10.42 10

Girls 11 Year Olds 60 Meter Dash

Meet: 9.36 R 6/8/2014 Makenna MacWhinnie

Name	Yr	Team	Finals
Finals			
1 #419 Nolli, Chloe	11	Prince Georg,prince	10.50 10
2 #418 Nolli, Cayla	11	Prince Georg,prince	11.39 8
3 #357 Beliveau, Kimora	11	Prince Georg	11.90 6

Girls 9 Year Olds 100 Meter Dash

Meet: 15.30 R 1992 Fran Hanson-Monnie

Name	Yr	Team	Finals
Finals			
1 #443 Howard-Prosk, Charlott	13	Unattached	17.60 10
2 #412 Martin, Lydia	13	Prince Georg,Prince	18.32 8
3 #367 Bustard, Hannah	13	Prince Georg,Prince	21.76 6

Girls 10 Year Olds 100 Meter Dash

Meet: 13.80 R 1992 Natalie Jackson

Name	Yr	Team	Finals
Finals			
1 #421 Padilla, Dacia	12	Prince Georg,Prince	16.68 10
2 #434 Vaillancourt, Ayla	12	Prince Georg,Prince	17.26 8
3 #388 Harris, Britta	12	Prince Georg,Prince	17.54 6
4 #417 Mortlock, Charlotte	12	Prince Georg,Prince	18.14 5
5 #359 Betz, Leighton	12	Prince Georg	18.21 4
6 #400 Kelsh, Kinsley	12	Prince Georg	18.62 3
7 #361 Bluemink, Alanna	12	Prince Georg	18.71 2

Girls 11 Year Olds 100 Meter Dash

Meet: 13.50 R 1992 Leigh Koopman

Name	Yr	Team	Finals
Finals			
1 #395 Hoehn, Maisie	11	Prince Georg	16.89 10
2 #419 Nolli, Chloe	11	Prince Georg,prince	16.96 8
3 #407 Legut-Petersen, Amelia	11	Prince Georg,prince	18.07 6
4 #418 Nolli, Cayla	11	Prince Georg,prince	18.12 5

Girls 12 Year Olds 100 Meter Dash

Meet: 13.10 R 1992 Heather Dennis

Name	Yr	Team	Finals
Finals			
1 #371 Cramer, Abigail	10	Prince Georg	15.90 10
2 #363 Botten, Lillianna	10	Prince Georg,Prince	16.21 8
3 #438 Wood, Reese	10	Prince Georg,Prince	16.56 6
4 #366 Burleigh, Evann	10	Prince Georg	16.68 5
5 #362 Bluemink, Olivia	10	Prince Georg	16.97 4
6 #401 Kelsh, Maeli	10	Prince Georg	18.28 3

Girls 13 Year Olds 100 Meter Dash

Meet: 12.50 R 1992 Yolande Gaynes

Name	Yr	Team	Finals
Finals			
1 #355 Aka, Sarah	09	Prince Georg,Prince	13.89 10
2 #422 Pruden, Rachael	09	Prince Georg,Prince	13.96 8
3 #387 Harris, Ainsley	09	Prince Georg,Prince	16.42 6

Girls 14-15 100 Meter Dash

Meet: 13.16 R 6/18/2022 Kionae Roberts

Name	Yr	Team	Finals
Finals			
1 #424 Roberts, Kionae	08	Prince Georg	13.16R 10
2 #409 Liston, Hana	08	Prince Georg,Prince	14.60 8
3 #436 Ward, Natalie	07	Prince Georg,Prince	14.97 6

Girls 16-17 100 Meter Dash

Meet: 12.34 R 1998 L McGregor/C Borowsky

Name	Yr	Team	Finals
Finals			
1 #435 Ward, Emma	05	Prince Georg,Prince	14.29 10

Girls 11 Year Olds 200 Meter Dash

Meet: 29.20 R 1997 Allison Kraby

Name	Yr	Team	Finals
Finals			
1 #395 Hoehn, Maisie	11	Prince Georg	33.71 10
2 #419 Nolli, Chloe	11	Prince Georg,prince	33.77 8
3 #357 Beliveau, Kimora	11	Prince Georg	43.88 6

Girls 12 Year Olds 200 Meter Dash

Meet: 27.50 R 1992 Heather Dennis

Name	Yr	Team	Finals
Finals			
1 #376 Felix-Okorafor, Jessie	10	Prince Georg	32.48 10
2 #362 Bluemink, Olivia	10	Prince Georg	35.20 8

Girls 13 Year Olds 200 Meter Dash

Meet: 26.30 R 1992 Hazel Hanson-Monnie

Name	Yr	Team	Finals
Finals			
1 #422 Pruden, Rachael	09	Prince Georg,Prince	28.76 10

Girls 14-15 200 Meter Dash

Meet: 26.46 R 6/17/2022 Kionae Roberts

Name	Yr	Team	Finals
Finals			
1 #424 Roberts, Kionae	08	Prince Georg	26.46R 10
2 #436 Ward, Natalie	07	Prince Georg,Prince	30.55 8

Girls 16-17 200 Meter Dash

Meet: 25.47 R 1998 Luci McGregor

Name	Yr	Team	Finals
Finals			
1 #435 Ward, Emma	05	Prince Georg,Prince	29.49 10
2 #430 Toor, Amneet	05	Prince Georg,Prince	30.15 8

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Girls 12 Year Olds 300 Meter Run

Meet: 47.82 R 6/11/2011 Shelby Jansen

Name	Yr	Team	Finals
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Finals

1	#376 Felix-Okorafor, Jessie	10 Prince Georg	51.80 10
2	#363 Botten, Lillianna	10 Prince Georg,Prince	58.67 8

Girls 14-15 300 Meter Run

Meet: 42.56 R 6/18/2022 Kionae Roberts

Name	Yr	Team	Finals
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Finals

1	#424 Roberts, Kionae	08 Prince Georg	42.56R 10
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Girls 16-17 400 Meter Run

Meet: 58.26 R 1999 Farrah Kohorst

Name	Yr	Team	Finals
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Finals

1	#430 Toor, Amneet	05 Prince Georg,Prince	1:09.90 10
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Girls 9 Year Olds 600 Meter Run

Meet: 2:16.21 R 6/9/2014 Morgan Wiebe

Name	Yr	Team	Finals
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Finals

1	#443 Howard-Prosk, Charlott	13 Unattached	2:21.01 10
2	#412 Martin, Lydia	13 Prince Georg,Prince	2:25.76 8
3	#385 Glennen, Callie	13 Prince Georg	2:29.74 6

Girls 10 Year Olds 600 Meter Run

Meet: 2:04.77 R 6/8/2014 Morgan Wiebe

Name	Yr	Team	Finals
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Finals

1	#428 Solmonson, Karissa	12 Prince Georg,Prince	2:22.97 10
2	#421 Padilla, Dacia	12 Prince Georg,Prince	2:23.88 8
3	#359 Betz, Leighton	12 Prince Georg	2:24.24 6

Girls 11 Year Olds 600 Meter Run

Meet: 2:00.37 R 6/12/2016 Stephanie Arronge

Name	Yr	Team	Finals
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Finals

1	#395 Hoehn, Maisie	11 Prince Georg	2:14.46 10
2	#419 Nolli, Chloe	11 Prince Georg,prince	2:21.03 8
3	#382 Gilmer, Grace	11 Prince Georg,Macke	2:26.28 6
4	#418 Nolli, Cayla	11 Prince Georg,prince	2:36.40 5

Girls 12 Year Olds 800 Meter Run

Meet: 2:29.40 R 1992 Kristina Andersen

Name	Yr	Team	Finals
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Finals

1	#399 Jolicoeur, Elizabeth	10 Prince Georg,Prince	3:08.71 10
2	#438 Wood, Reese	10 Prince Georg,Prince	3:14.47 8
3	#363 Botten, Lillianna	10 Prince Georg,Prince	3:18.33 6
4	#362 Bluemink, Olivia	10 Prince Georg	3:18.77 5
5	#368 Cadell, Skye	10 Prince Georg	3:20.12 4

Girls 14-15 800 Meter Run

Meet: 2:25.35 R 6/8/2014 Hannah Pow

Name	Yr	Team	Finals
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Finals

1	#437 Witso, Chloe	07 Prince Georg,Prince	2:48.82 10
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Girls 9 Year Olds 1000 Meter Run

Meet: 4:09.90 R 6/7/2014 Grace Cross

Name	Yr	Team	Finals
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Finals

1	#412 Martin, Lydia	13 Prince Georg,Prince	4:12.65 10
2	#443 Howard-Prosk, Charlott	13 Unattached	4:17.84 8
3	#385 Glennen, Callie	13 Prince Georg	4:21.63 6

Girls 10 Year Olds 1000 Meter Run

Meet: 3:51.24 R 6/11/2016 Grace Cross

Name	Yr	Team	Finals
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Finals

1	#428 Solmonson, Karissa	12 Prince Georg,Prince	4:14.58 10
2	#417 Mortlock, Charlotte	12 Prince Georg,Prince	4:41.14 8
3	#361 Bluemink, Alanna	12 Prince Georg	4:42.57 6

Girls 11 Year Olds 1000 Meter Run

Meet: 3:52.89 R 6/11/2016 Morgan Wiebe

Name	Yr	Team	Finals
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Finals

1	#395 Hoehn, Maisie	11 Prince Georg	4:01.52 10
2	#418 Nolli, Cayla	11 Prince Georg,prince	4:44.39 8

Girls 12 Year Olds 1200 Meter Run

Meet: 4:42.78 R 6/8/2014 Jett McCall

Name	Yr	Team	Finals
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Finals

1	#368 Cadell, Skye	10 Prince Georg	5:14.52 10
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Girls 13 Year Olds 1200 Meter Run

Meet: 4:46.28 R 6/7/2014 Jett McCall

Name	Yr	Team	Finals
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Finals

1	#413 Matthews, Ava	09 Prince Georg,Prince	5:19.69 10
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Girls 14-15 1200 Meter Run

Meet: 3:53.46 R 6/12/2010 Emma Balazs

Name	Yr	Team	Finals
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Finals

1	#440 Cross, Emma	08 Unattached,Smithers	5:14.23 10
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Girls 13 2000 Meter Run

13 Meet: 8:29.21 R 6/8/2014 Jett McCall

Name	Yr	Team	Finals
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Finals

1	#413 Matthews, Ava	09 Prince Georg,Prince	10:09.73 10
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Girls 14-15 2000 Meter Run

14-15 Meet: 7:01.36 R 6/13/2010 Emma Balazs

Name	Yr	Team	Finals
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Finals

1	#440 Cross, Emma	08 Unattached,Smithers	9:40.39 10
2	#442 Garland, Ellia	08 Unattached,Smithers	10:01.31 8

Girls 9 Year Olds 60 Meter Hurdles 6 x 21" - .5

Meet: 12.33 R 2002 Nyagoa Nguot

Name	Yr	Team	Finals
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Finals

1	#443 Howard-Prosk, Charlott	13 Unattached	13.82 10
2	#385 Glennen, Callie	13 Prince Georg	14.28 8
3	#412 Martin, Lydia	13 Prince Georg,Prince	14.57 6

Girls 10 Year Olds 60 Meter Hurdles 6 x 24" - .6

Meet: 12.75 R 6/8/2014 Makenna Macwhinnie

Name	Yr	Team	Finals
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Finals

1	#434 Vaillancourt, Ayla	12 Prince Georg,Prince	14.10 10
2	#400 Kelsh, Kinsley	12 Prince Georg	14.45 8
3	#417 Mortlock, Charlotte	12 Prince Georg,Prince	14.92 6
4	#428 Solmonson, Karissa	12 Prince Georg,Prince	15.03 5
5	#359 Betz, Leighton	12 Prince Georg	15.51 4
6	#361 Bluemink, Alanna	12 Prince Georg	18.04 3

Girls 11 Year Olds 60 Meter Hurdles 6 x 24" - .6

Meet: 11.39 R 6/7/2014 Makenna MacWhinnie

Name	Yr	Team	Finals
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Finals

1	#419 Nolli, Chloe	11 Prince Georg,prince	13.00 10
2	#395 Hoehn, Maisie	11 Prince Georg	13.43 8
3	#418 Nolli, Cayla	11 Prince Georg,prince	13.46 6
4	#382 Gilmer, Grace	11 Prince Georg,Macke	14.55 5
5	#357 Beliveau, Kimora	11 Prince Georg	15.12 4

Girls 12 Year Olds 80 Meter Hurdles 8 x 27

Meet: 13.10 R 1992 Tamsin Anstey

Name	Yr	Team	Finals
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Finals

1	#401 Kelsh, Maeli	10 Prince Georg	17.95 10
2	#363 Botten, Lillianna	10 Prince Georg,Prince	18.10 8
3	#366 Burleigh, Evann	10 Prince Georg	18.33 6
4	#362 Bluemink, Olivia	10 Prince Georg	18.92 5
5	#438 Wood, Reese	10 Prince Georg,Prince	19.09 4
6	#368 Cadell, Skye	10 Prince Georg	19.99 3

Girls 14-15 80 Meter Hurdles 8 x 30"

Meet: 12.53 R 6/12/2010 Laura Sharman

Name	Yr	Team	Finals
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Finals

1	#436 Ward, Natalie	07 Prince Georg,Prince	17.33 10
2	#446 Mitchell, Gwen	07 Unattached,Smithers	17.92 8

Girls 16-17 100 Meter Hurdles 10 x 30"

Meet: 14.22 R 2001 Bevin Kennelly

Name	Yr	Team	Finals
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Finals

1	#444 MacDonald, Nyah	06 Unattached,Smithers	20.22 10
2	#435 Ward, Emma	05 Prince Georg,Prince	20.62 8

Girls 12 Year Olds 200 Meter Hurdles 5 x 24"

Meet: 33.61 R 6/9/2014 Erica Turgeon

Name	Yr	Team	Finals
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Finals

1	#374 Day, Isabelle	10 Prince Georg,Prince	36.00 10
2	#401 Kelsh, Maeli	10 Prince Georg	37.83 8

Girls 14-15 300 Meter Hurdles 7 x 30"

Meet: 30.86 R 6/9/2014 Lindsay King

Name	Yr	Team	Finals
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Finals

1	#439 Barker, Michaiiah	07 Unattached,Smithers	1:00.41 10
2	#446 Mitchell, Gwen	07 Unattached,Smithers	1:01.76 8

Girls 14-15 1500 Meter Steeplechase no water 30"

Meet: 5:14.28 R 6/12/2010 Emma Balazs

Name	Yr	Team	Finals
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Finals

1	#440 Cross, Emma	08 Unattached,Smithers	7:33.70 10
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Girls 9 Year Olds High Jump

Meet: 1.18m R 1992 Shannon Martin

Name	Yr	Team	Finals
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Finals

---	#385 Glennen, Callie	13 Prince Georg	NH
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Girls 10 Year Olds High Jump

Meet: 1.24m R 1992 Jennifer Cook

Name	Yr	Team	Finals
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Finals

1	#417 Mortlock, Charlotte	12 Prince Georg,Prince	0.96m 10
2	#428 Solmonson, Karissa	12 Prince Georg,Prince	0.90m 8

Girls 11 Year Olds High Jump

Meet: 1.41m R 1992 Karlyn Underdahl

Name	Yr	Team	Finals
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Finals

1	#419 Nolli, Chloe	11 Prince Georg,prince	0.97m 10
2	#357 Beliveau, Kimora	11 Prince Georg	0.85m 8
3	#418 Nolli, Cayla	11 Prince Georg,prince	0.80m 6

Girls 12 Year Olds High Jump

Meet: 1.45m R 2004 Alyx Treasure

Name	Yr	Team	Finals
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Finals

1	#399 Jolicoeur, Elizabeth	10 Prince Georg,Prince	J1.10m 10
2	#401 Kelsh, Maeli	10 Prince Georg	J1.05m 8
3	#362 Bluemink, Olivia	10 Prince Georg	J1.00m 5
3	#363 Botten, Lillianna	10 Prince Georg,Prince	J1.00m 5

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Finals ... (Girls 12 Year Olds High Jump)

Name	Yr	Team	Finals
3 #438 Wood, Reese	10	Prince Georg,Prince	J1.00m 5

Girls 13 Year Olds High Jump

Meet: 1.59m R 2005 Alyx Treasure

Name	Yr	Team	Finals
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Finals

1 #387 Harris, Ainsley	09	Prince Georg,Prince	1.20m 10
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Girls 14-15 High Jump

Meet: 1.45m R 6/11/2011 Carlee Campbell

Name	Yr	Team	Finals
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Finals

1 #409 Liston, Hana	08	Prince Georg,Prince	1.30m 10
2 #446 Mitchell, Gwen	07	Unattached,Smithers	1.25m 8

Girls 16-17 High Jump

Meet: 1.70m R 6/13/2009 Alyx Treasure

Name	Yr	Team	Finals
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Finals

1 #430 Toor, Amneet	05	Prince Georg,Prince	1.33m 10
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Girls 9 Year Olds Long Jump

Meet: 3.38m R 2001 Alyx Treasure

Name	Yr	Team	Finals
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Finals

1 #443 Howard-Prosk, Charlott	13	Unattached	2.94m 10
2 #385 Glennen, Callie	13	Prince Georg	2.48m 8
3 #367 Bustard, Hannah	13	Prince Georg,Prince	1.92m 6

Girls 10 Year Olds Long Jump

Meet: 4.03m R 1995 Jenna Lunde

Name	Yr	Team	Finals
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Finals

1 #421 Padilla, Dacia	12	Prince Georg,Prince	3.03m 10
2 #428 Solmonson, Karissa	12	Prince Georg,Prince	2.83m 8
3 #388 Harris, Britta	12	Prince Georg,Prince	2.76m 6
4 #400 Kelsh, Kinsley	12	Prince Georg	2.74m 5
5 #434 Vaillancourt, Ayla	12	Prince Georg,Prince	2.72m 4
6 #361 Bluemink, Alanna	12	Prince Georg	2.25m 3

Girls 11 Year Olds Long Jump

Meet: 3.89m R 1992 Karlyn Underdahl

Name	Yr	Team	Finals
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Finals

1 #419 Nolli, Chloe	11	Prince Georg,prince	3.00m 10
2 #418 Nolli, Cayla	11	Prince Georg,prince	2.58m 8
3 #357 Beliveau, Kimora	11	Prince Georg	2.21m 6

Girls 12 Year Olds Long Jump

Meet: 4.24m R 1992 Tamsin Anstey

Name	Yr	Team	Finals
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Finals

1 #376 Felix-Okorafor, Jessie	10	Prince Georg	3.84m 10
2 #371 Cramer, Abigail	10	Prince Georg	3.24m 8
3 #363 Botten, Lillianna	10	Prince Georg,Prince	3.20m 6

4 #438 Wood, Reese	10	Prince Georg,Prince	3.13m 5
5 #399 Jolicoeur, Elizabeth	10	Prince Georg,Prince	3.09m 4
6 #362 Bluemink, Olivia	10	Prince Georg	2.56m 3

Girls 13 Year Olds Long Jump

Meet: 4.60m R 2005 Alyx Treasure

Name	Yr	Team	Finals
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Finals

1 #422 Pruden, Rachael	09	Prince Georg,Prince	4.18m 10
2 #355 Aka, Sarah	09	Prince Georg,Prince	4.01m 8
3 #387 Harris, Ainsley	09	Prince Georg,Prince	2.93m 6

Girls 14-15 Long Jump

Meet: 5.03m R 6/13/2010 Laura Sharman

Name	Yr	Team	Finals
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Finals

1 #409 Liston, Hana	08	Prince Georg,Prince	3.80m 10
2 #437 Witso, Chloe	07	Prince Georg,Prince	3.68m 8
3 #442 Garland, Ellia	08	Unattached,Smithers	3.66m 6
4 #445 Miers, Toni	07	Unattached,Smithers	2.87m 5

Girls 14-15 Triple Jump

Meet: 9.56m R 6/11/2011 Carly Frenkel

Name	Yr	Team	Finals
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Finals

1 #439 Barker, Michaiiah	07	Unattached,Smithers	8.02m 10
2 #442 Garland, Ellia	08	Unattached,Smithers	7.68m 8

Girls 16-17 Triple Jump

Meet: 10.66m R 1998 Farrah Kohorst

Name	Yr	Team	Finals
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Finals

1 #430 Toor, Amneet	05	Prince Georg,Prince	9.15m 10
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Girls 9 Year Olds Shot Put 2 kg

Meet: 4.87m R 6/14/2009 Mikayla Capelle

Name	Yr	Team	Finals
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Finals

1 #443 Howard-Prosk, Charlott	13	Unattached	4.73m 9
1 #385 Glennen, Callie	13	Prince Georg	4.73m 9
3 #367 Bustard, Hannah	13	Prince Georg,Prince	3.93m 6

Girls 10 Year Olds Shot Put 2 kg

Meet: 7.12m R 2001 Maddie Ferguson

Name	Yr	Team	Finals
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Finals

1 #388 Harris, Britta	12	Prince Georg,Prince	6.68m 10
2 #428 Solmonson, Karissa	12	Prince Georg,Prince	5.09m 8
3 #361 Bluemink, Alanna	12	Prince Georg	4.57m 6

Girls 11 Year Olds Shot Put 2 kg

Meet: 8.24m R 6/8/2014 Casidy Campbell

Name	Yr	Team	Finals
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Finals

1 #419 Nolli, Chloe	11	Prince Georg,prince	6.22m 10
2 #357 Beliveau, Kimora	11	Prince Georg	5.47m 8
3 #418 Nolli, Cayla	11	Prince Georg,prince	5.29m 6

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Girls 12 Year Olds Shot Put 3 kg

Meet: 8.94m R 2000 Hayley Hills

Name	Yr	Team	Finals
Finals			
1 #363 Botten, Lillianna	10	Prince Georg,Prince	5.44m 10
2 #438 Wood, Reese	10	Prince Georg,Prince	5.42m 8
3 #399 Jolicoeur, Elizabeth	10	Prince Georg,Prince	5.28m 6
4 #368 Cadell, Skye	10	Prince Georg	4.68m 5

Girls 13 Year Olds Shot Put 3 kg

Meet: 10.71m R 1998 Maria Stinson

Name	Yr	Team	Finals
Finals			
1 #355 Aka, Sarah	09	Prince Georg,Prince	7.94m 10
2 #422 Pruden, Rachael	09	Prince Georg,Prince	7.67m 8
3 #387 Harris, Ainsley	09	Prince Georg,Prince	6.10m 6

Girls 14-15 Shot Put 3 kg

Meet: 9.39m R 6/11/2011 Keana Trudel

Name	Yr	Team	Finals
Finals			
1 #453 Taylor, Aralynn	07	Unattached,quesnel	7.68m 10
2 #451 Ramos-Burschle, Tamik	07	Unattached,Smithers	7.40m 8

Girls 10 Year Olds Discus Throw 750 g

Meet: 13.97m R 2004 Phoebe Andy

Name	Yr	Team	Finals
Finals			
1 #388 Harris, Britta	12	Prince Georg,Prince	13.16m 10
2 #421 Padilla, Dacia	12	Prince Georg,Prince	12.64m 8

Girls 11 Year Olds Discus Throw 750 g

Meet: 19.14m R 2001 Callan Lansdowne

Name	Yr	Team	Finals
Finals			
1 #419 Nolli, Chloe	11	Prince Georg,prince	11.40m 10
2 #418 Nolli, Cayla	11	Prince Georg,prince	10.93m 8
3 #357 Beliveau, Kimora	11	Prince Georg	10.40m 6

Girls 12 Year Olds Discus Throw 750 g

Meet: 23.29m R 1992 Jillian Renouf

Name	Yr	Team	Finals
Finals			
1 #438 Wood, Reese	10	Prince Georg,Prince	13.40m 10
2 #401 Kelsh, Maeli	10	Prince Georg	12.65m 8
3 #363 Botten, Lillianna	10	Prince Georg,Prince	12.50m 6
4 #371 Cramer, Abigail	10	Prince Georg	12.39m 5
5 #366 Burleigh, Evann	10	Prince Georg	12.11m 4
6 #399 Jolicoeur, Elizabeth	10	Prince Georg,Prince	11.04m 3

Girls 13 Year Olds Discus Throw 750 g

Meet: 27.88m R 2000 Jesse MacKay

Name	Yr	Team	Finals
Finals			
1 #413 Matthews, Ava	09	Prince Georg,Prince	14.85m 10
2 #387 Harris, Ainsley	09	Prince Georg,Prince	14.81m 8

Girls 14-15 Discus Throw 1 kg

Meet: 25.38m R 6/12/2016 Erica Turgeon

Name	Yr	Team	Finals
Finals			
1 #451 Ramos-Burschle, Tamik	07	Unattached,Smithers	19.68m 10
2 #442 Garland, Ellia	08	Unattached,Smithers	19.04m 8
3 #453 Taylor, Aralynn	07	Unattached,quesnel	18.04m 6
4 #445 Miers, Toni	07	Unattached,Smithers	15.81m 5

Girls 14-15 Hammer Throw 3 kg

Meet: 31.04m R 6/11/2016 Kendal Zemenchik

Name	Yr	Team	Finals
Finals			
1 #453 Taylor, Aralynn	07	Unattached,quesnel	22.44m 10
2 #439 Barker, Michaiiah	07	Unattached,Smithers	16.90m 8

Girls 16-17 Hammer Throw 3 kg

Meet: 41.76m R 2000 Tenille Hunter

Name	Yr	Team	Finals
Finals			
1 #365 Bryant, Abby	06	Prince Georg,Prince	23.24m 10

Girls 10 Year Olds Javelin Throw 400 g

Meet: 14.76m R 6/12/2010 Mikayla Capelle

Name	Yr	Team	Finals
Finals			
1 #421 Padilla, Dacia	12	Prince Georg,Prince	9.75m 10
2 #400 Kelsh, Kinsley	12	Prince Georg	8.36m 8
3 #359 Betz, Leighton	12	Prince Georg	7.82m 6
4 #388 Harris, Britta	12	Prince Georg,Prince	7.79m 5
5 #361 Bluemink, Alanna	12	Prince Georg	7.69m 4

Girls 11 Year Olds Javelin Throw 400 g

Meet: 18.96m R 2000 Kaitlyn Widsten

Name	Yr	Team	Finals
Finals			
1 #419 Nolli, Chloe	11	Prince Georg,prince	9.41m 10
2 #418 Nolli, Cayla	11	Prince Georg,prince	8.47m 8
3 #357 Beliveau, Kimora	11	Prince Georg	7.15m 6
4 #407 Legut-Petersen, Amelia	11	Prince Georg,prince	5.91m 5
--- #382 Gilmer, Grace	11	Prince Georg,Macke	FOUL

Girls 12 Year Olds Javelin Throw 400 g

Meet: 25.10m R 2002 Annika Granander

Name	Yr	Team	Finals
Finals			
1 #401 Kelsh, Maeli	10	Prince Georg	12.90m 10
2 #368 Cadell, Skye	10	Prince Georg	9.49m 8
3 #399 Jolicoeur, Elizabeth	10	Prince Georg,Prince	6.76m 6

Girls 13 Year Olds Javelin Throw 400 g

Meet: 32.00m R 2003 Annika Granander

Name	Yr	Team	Finals
Finals			
1 #413 Matthews, Ava	09	Prince Georg,Prince	14.57m 10
2 #387 Harris, Ainsley	09	Prince Georg,Prince	9.93m 8

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Girls 14-15 Javelin Throw 500 g

Meet: 28.78m R 6/12/2010 Sarah Frost

Name	Yr	Team	Finals
Finals			
1 #409 Liston, Hana	08	Prince Georg,Prince	21.55m 10
2 #446 Mitchell, Gwen	07	Unattached,Smithers	15.25m 8
3 #453 Taylor, Aralynn	07	Unattached,quesnel	14.72m 6
4 #445 Miers, Toni	07	Unattached,Smithers	13.26m 5

Girls 16-17 Javelin Throw 500 g

Meet: 37.84m R 1994 Christine Deverson

Name	Yr	Team	Finals
Finals			
1 #365 Bryant, Abby	06	Prince Georg,Prince	28.75m 10

Women 85-89 100 Meter Dash

85-89 Meet: 18.77 R 6/18/2022 Christa Bortignon

Name	Yr	Team	Finals
Finals			
1 #351 Bortignon, Christa	37	Greyhounds M,West	18.77R 10

Women 85-89 200 Meter Dash

85-89 Meet: 39.58 R 6/17/2022 Christa Bortignon

Name	Yr	Team	Finals
Finals			
1 #351 Bortignon, Christa	37	Greyhounds M,West	39.58R 10

Women 85-89 Triple Jump

85-89 Meet: 6.35m R 6/18/2022 Christa Bortignon

Name	Yr	Team	Finals
Finals			
1 #351 Bortignon, Christa	37	Greyhounds M,West	6.35mR 10

Women 60-64 Shot Put See chart

60-64 Meet: 8.54m R 6/18/2022 Joan Harris

Name	Yr	Team	Finals
Finals			
1 #389 Harris, Joan	62	Prince Georg,Prince	8.54mR 10

Women 20-34 Discus Throw 1kg

Meet: 19.43m R 6/18/2022 Cassandra O'Brien

Name	Yr	Team	Finals
Finals			
1 #420 O'Brien, Cassandra	91	Prince Georg	19.43mR 10

Women 60-64 Discus Throw 2 kg

60-64 Meet: 21.01m R 6/18/2022 Joan Harris

Name	Yr	Team	Finals
Finals			
1 #389 Harris, Joan	62	Prince Georg,Prince	21.01mR 10

Women 20-34 Hammer Throw 4 kg

Meet: 26.63m R 6/17/2022 Cassandra O'Brien

Name	Yr	Team	Finals
Finals			
1 #420 O'Brien, Cassandra	91	Prince Georg	26.63mR 10

Women 55-59 Hammer Throw see chart

55-59 Meet: 29.19m R 6/17/2022 Christine Dalglish

Name	Yr	Team	Finals
Finals			
1 #373 Dalglish, Christine	63	Prince Georg,Prince	29.19mR 10

Women 60-64 Hammer Throw see chart

60-64 Meet: 26.73m R 6/17/2022 Joan Harris

Name	Yr	Team	Finals
Finals			
1 #389 Harris, Joan	62	Prince Georg,Prince	26.73mR 10

Women 18-99 Javelin Throw 600 g

Meet: 23.63m R 6/14/2009 Katherine Driediger

Name	Yr	Team	Finals
Finals			
1 #389 Harris, Joan	62	Prince Georg,Prince	21.09m 10
2 #351 Bortignon, Christa	37	Greyhounds M,West	10.30m 8

Women 50-59 Weight Throw 7.26 kg

Meet: 10.02m R 6/18/2022 Christine Dalglish

Name	Yr	Team	Finals
Finals			
1 #373 Dalglish, Christine	63	Prince Georg,Prince	10.02mR 10

Women 60-74 Weight Throw 5.45 kg

Meet: 9.00m R 6/18/2022 Joan Harris

Name	Yr	Team	Finals
Finals			
1 #389 Harris, Joan	62	Prince Georg,Prince	9.00mR 10

Boys 9 Year Olds 60 Meter Dash

Meet: 10.29 R 6/14/2009 Adam Lee

Name	Yr	Team	Finals
Finals			
1 #447 Mortlock, Jimmy	13	Unattached,Prince G	11.35 10
2 #457 Bravo, Luis	13	Prince Georg	12.08 8
3 #381 Gilmer, George	13	Prince Georg,Macke	12.53 6

Boys 10 Year Olds 60 Meter Dash

Meet: 9.83 R 6/13/2010 Colburn Pearce

Name	Yr	Team	Finals
Finals			
1 #410 Lorenz, Bradley	12	Prince Georg,Prince	11.19 10
2 #402 Kirkby, Jaxon	12	Prince Georg,Prince	11.46 8

Boys 11 Year Olds 60 Meter Dash

Meet: 9.03 R 6/18/2022 Kasieobi Udumaga

Name	Yr	Team	Finals
Finals			
1 #432 Udumaga, Kasieobi	11	Prince Georg	9.03R 10
2 #372 Cronje, Seiji	11	Prince Georg	11.47 8

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Boys 9 Year Olds 100 Meter Dash

Meet: 14.50 R 1992 Matthew Bewsey

Name	Yr	Team	Finals
Finals			
1 #408 Legut-Petersen, Kai	13	Prince Georg,prince	17.18 10
2 #447 Mortlock, Jimmy	13	Unattached,Prince G	17.76 8
3 #398 Jaswal, Blake	13	Prince Georg,Prince	19.49 6
4 #457 Bravo, Luis	13	Prince Georg	20.08 5
5 #414 McIntosh, Caleb	13	Prince Georg	21.23 4
6 #381 Gilmer, George	13	Prince Georg,Macke	23.20 3

Boys 10 Year Olds 100 Meter Dash

Meet: 13.90 R 1992 Andrew Njume

Name	Yr	Team	Finals
Finals			
1 #403 Kovacevic, Caleb	12	Prince Georg,Prince	16.84 10
2 #410 Lorenz, Bradley	12	Prince Georg,Prince	17.39 8
3 #402 Kirkby, Jaxon	12	Prince Georg,Prince	17.53 6
4 #396 Hopson, Sam	12	Prince Georg,Prince	17.67 5
5 #393 Heise, Jeremy	12	Prince Georg,Prince	17.95 4

Boys 11 Year Olds 100 Meter Dash

Meet: 12.65 R 1999 Tijan Pinnock

Name	Yr	Team	Finals
Finals			
1 #432 Udumaga, Kasieobi	11	Prince Georg	14.15 10
2 #358 Bell, Alistair	11	Prince Georg,Prince	17.78 8
3 #390 Harris, Jordan	11	Prince Georg,Prince	18.36 6

Boys 12 Year Olds 100 Meter Dash

Meet: 12.70 R 1992 Brock Armstrong

Name	Yr	Team	Finals
Finals			
1 #380 Gibson, Sam	10	Prince Georg	16.16 10
2 #394 Hillhouse, Luke	10	Prince Georg,Prince	20.00 8

Boys 13 Year Olds 100 Meter Dash

Meet: 11.40 R 1992 Joel Nelson

Name	Yr	Team	Finals
Finals			
1 #450 Okebie, David	09	Unattached,Prince G	14.32 10
2 #378 Foster, Torrin	09	Prince Georg,Prince	15.18 8
3 #404 Kovacevic, Carson	09	Prince Georg,Prince	15.35 6
4 #405 Kovacevic, Gavin	09	Prince Georg,Prince	15.97 5

Boys 14-15 100 Meter Dash

Meet: 12.58 R 6/8/2014 Ryan Elden

Name	Yr	Team	Finals
Finals			
1 #369 Cotter, Aidan	07	Prince Georg,Prince	13.72 10
2 #454 Wu, Josh	08	Unattached,Vanderh	14.19 8

Boys 16-17 100 Meter Dash

Meet: 10.76 R 2002 Rob Drapala

Name	Yr	Team	Finals
Finals			
1 #426 Sieben, Adam	06	Prince Georg	11.32 10
2 #375 Emon, Caleb	05	Prince Georg,Prince	11.98 8
3 #431 Udumaga, Kamfechi	06	Prince Georg	12.20 6

Boys 11 Year Olds 200 Meter Dash

Meet: 28.80 R 1991 Brock Armstrong

Name	Yr	Team	Finals
Finals			
1 #432 Udumaga, Kasieobi	11	Prince Georg	29.03 10
2 #384 Gladdish, Zavier	11	Prince Georg,Prince	32.72 8
3 #370 Couture, Colton	11	Prince Georg,Prince	32.79 6
4 #455 Prosk, Asher	11	Unattached B,Prince	34.45 5
5 #411 MacLeod, Eric	11	Prince Georg,Prince	36.19 4

Boys 12 Year Olds 200 Meter Dash

Meet: 27.00 R 1998 Tijan Pinnock (age 10)

Name	Yr	Team	Finals
Finals			
1 #380 Gibson, Sam	10	Prince Georg	32.24 10

Boys 13 Year Olds 200 Meter Dash

Meet: 24.20 R 1992 Joel Nelson

Name	Yr	Team	Finals
Finals			
1 #404 Kovacevic, Carson	09	Prince Georg,Prince	31.97 10
2 #405 Kovacevic, Gavin	09	Prince Georg,Prince	33.21 8

Boys 14-15 200 Meter Dash

Meet: 25.64 R 6/12/2011 Sean K. Gaiesky

Name	Yr	Team	Finals
Finals			
1 #364 Briere, Peyton	07	Prince Georg,Prince	25.87 10
2 #369 Cotter, Aidan	07	Prince Georg,Prince	27.67 8
3 #454 Wu, Josh	08	Unattached,Vanderh	28.16 6
4 #356 Aka, Wasim	07	Prince Georg,Prince	29.38 5

Boys 16-17 200 Meter Dash

Meet: 22.57 R 2002 Rob Drapala

Name	Yr	Team	Finals
Finals			
1 #431 Udumaga, Kamfechi	06	Prince Georg	24.95 10

Boys 14-15 300 Meter Run

Meet: 40.46 R 6/11/2011 Sean K. Gaiesky

Name	Yr	Team	Finals
Finals			
1 #369 Cotter, Aidan	07	Prince Georg,Prince	44.71 10

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Boys 10 Year Olds 600 Meter Run

Meet: 1:59.51 R 6/12/2016 Adam Sieben

Name	Yr	Team	Finals
Finals			
1 #396 Hopson, Sam	12	Prince Georg,Prince	2:24.26 10
2 #402 Kirkby, Jaxon	12	Prince Georg,Prince	2:29.89 8
3 #393 Heise, Jeremy	12	Prince Georg,Prince	2:32.73 6
4 #458 Toor, Kevin	12	Prince Georg	2:43.65 5

Boys 11 Year Olds 600 Meter Run

Meet: 1:56.43 R 6/12/2011 Brady Miller

Name	Yr	Team	Finals
Finals			
1 #386 Glennen, Keaton	11	Prince Georg	2:18.13 10
2 #370 Couture, Colton	11	Prince Georg,Prince	2:26.92 8
3 #390 Harris, Jordan	11	Prince Georg,Prince	2:39.60 6

Boys 12 Year Olds 800 Meter Run

Meet: 2:22.40 R 1992 Wyatt Hartley

Name	Yr	Team	Finals
Finals			
1 #425 Roberts, Sawyer	10	Prince Georg,Prince	2:37.00 10
2 #406 Leavens, Owen	10	Prince Georg	3:09.77 8

Boys 13 Year Olds 800 Meter Run

Meet: 2:17.85 R 2001 Ross Wiens

Name	Yr	Team	Finals
Finals			
1 #378 Foster, Torrin	09	Prince Georg,Prince	3:00.11 10

Boys 14-15 800 Meter Run

Meet: 2:14.67 R 6/12/2011 Sean K. Gaiesky

Name	Yr	Team	Finals
Finals			
1 #456 Reed, James	08	Unattached B,Vande	2:15.67 10
2 #369 Cotter, Aidan	07	Prince Georg,Prince	2:32.39 8
3 #454 Wu, Josh	08	Unattached,Vanderh	2:36.06 6

Boys 16-17 800 Meter Run

Meet: 1:56.94 R 1993 Ryan Press

Name	Yr	Team	Finals
Finals			
1 #448 Nolli, Luke	05	Unattached,prince ge	2:15.44 10

Boys 9 Year Olds 1000 Meter Run

Meet: 4:04.80 R 6/8/2014 Jake Arsenault

Name	Yr	Team	Finals
Finals			
1 #414 McIntosh, Caleb	13	Prince Georg	4:10.71 10

Boys 10 Year Olds 1000 Meter Run

Meet: 3:43.92 R 6/11/2016 Adam Sieben

Name	Yr	Team	Finals
Finals			
1 #396 Hopson, Sam	12	Prince Georg,Prince	4:04.80 10
2 #402 Kirkby, Jaxon	12	Prince Georg,Prince	6:29.59 8

Boys 11 Year Olds 1000 Meter Run

Meet: 3:38.75 R 6/11/2011 Brady Miller

Name	Yr	Team	Finals
Finals			
1 #386 Glennen, Keaton	11	Prince Georg	4:06.51 10
2 #455 Prosk, Asher	11	Unattached B,Prince	4:13.71 8
3 #392 Harrison, Daemon	11	Prince Georg,Prince	4:20.91 6

Boys 12 Year Olds 1200 Meter Run

Meet: 4:17.60 R 6/17/2022 Sawyer Roberts

Name	Yr	Team	Finals
Finals			
1 #425 Roberts, Sawyer	10	Prince Georg,Prince	4:17.60R 10

Boys 14-15 1200 Meter Run

Meet: 3:36.58 R 6/11/2011 Sean K. Gaiesky

Name	Yr	Team	Finals
Finals			
1 #456 Reed, James	08	Unattached B,Vande	3:41.18 10
2 #353 Peregrym, Ethan	08	Kamloops Tra,Kaml	3:45.45 8
3 #383 Gladdish, Noah	07	Prince Georg,Prince	3:49.76 6
4 #452 Stasiak, Fynn	08	Unattached,Smithers	4:12.61 5
5 #441 Forsyth, Alex	08	Unattached,Smithers	4:19.60 4

Boys 16-17 1500 Meter Run

Meet: 4:12.23 R 2002 Geoff Martinson

Name	Yr	Team	Finals
Finals			
1 #448 Nolli, Luke	05	Unattached,prince ge	5:00.57 10

Boys 14-15 2000 Meter Run

14-15 Meet: 6:31.44 R 6/18/2022 Ethan Peregrym

Name	Yr	Team	Finals
Finals			
1 #353 Peregrym, Ethan	08	Kamloops Tra,Kaml	6:31.44R 10
2 #456 Reed, James	08	Unattached B,Vande	6:33.74 8
3 #383 Gladdish, Noah	07	Prince Georg,Prince	6:53.52 6
4 #452 Stasiak, Fynn	08	Unattached,Smithers	7:36.36 5
5 #441 Forsyth, Alex	08	Unattached,Smithers	7:46.86 4

Boys 16-17 3000 Meter Run

Meet: 9:23.50 R 1991 Greg Johnson

Name	Yr	Team	Finals
Finals			
1 #448 Nolli, Luke	05	Unattached,prince ge	10:39.33 10
2 #377 Foster, Connel	06	Prince Georg,Prince	11:14.56 8

Boys 9 Year Olds 60 Meter Hurdles 6 x 21" - .5

Meet: 11.85 R 2001 Ian Smith

Name	Yr	Team	Finals
Finals			
1 #408 Legut-Petersen, Kai	13	Prince Georg,prince	13.91 10
2 #414 McIntosh, Caleb	13	Prince Georg	14.87 8
3 #398 Jaswal, Blake	13	Prince Georg,Prince	16.22 6

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Boys 10 Year Olds 60 Meter Hurdles 6 x 24" - .6

Meet: 12.36 R 6/12/2010 Colburn Pearce

Name	Yr	Team	Finals
Finals			
1 #410 Lorenz, Bradley	12	Prince Georg,Prince	13.33 10
2 #403 Kovacevic, Caleb	12	Prince Georg,Prince	13.37 8
3 #396 Hopson, Sam	12	Prince Georg,Prince	13.38 6
4 #402 Kirkby, Jaxon	12	Prince Georg,Prince	13.39 5

Boys 11 Year Olds 60 Meter Hurdles 6 x 24" - .6

Meet: 11.35 R 6/13/2009 Jax Bailey

Name	Yr	Team	Finals
Finals			
1 #386 Glennen, Keaton	11	Prince Georg	13.53 10
2 #392 Harrison, Daemon	11	Prince Georg,Prince	13.83 8
3 #455 Prosk, Asher	11	Unattached B,Prince	13.91 6

Boys 12 Year Olds 80 Meter Hurdles 8 x 27"

Meet: 13.50 R 1992 Anthony Jackson

Name	Yr	Team	Finals
Finals			
1 #394 Hillhouse, Luke	10	Prince Georg,Prince	21.24 10

Boys 13 Year Olds 80 Meter Hurdles 8 x 30"

Meet: 11.90 R 1992 Nick Wikes

Name	Yr	Team	Finals
Finals			
1 #404 Kovacevic, Carson	09	Prince Georg,Prince	18.02 10
2 #405 Kovacevic, Gavin	09	Prince Georg,Prince	18.12 8
3 #415 McNeil, Mason	09	Prince Georg,Prince	20.36 6

Boys 16-17 2000 Meter Steeplechase water 33"

Meet: 4:38.15 R 2002 Cam Swift

Name	Yr	Team	Finals
Finals			
1 #448 Nolli, Luke	05	Unattached,prince ge	7:29.95 10
2 #377 Foster, Connel	06	Prince Georg,Prince	8:18.97 8

Boys 11 Year Olds High Jump

Meet: 1.45m R 1992 Dylan Armstrong

Name	Yr	Team	Finals
Finals			
1 #372 Cronje, Seiji	11	Prince Georg	1.01m 10

Boys 12 Year Olds High Jump

Meet: 1.45m R 1992 Wyatt Hartley

Name	Yr	Team	Finals
Finals			
1 #425 Roberts, Sawyer	10	Prince Georg,Prince	1.32m 10
2 #416 Milligan, Ashvin	10	Prince Georg	1.25m 8
3 #394 Hillhouse, Luke	10	Prince Georg,Prince	0.95m 6

Boys 14-15 High Jump

Meet: 1.72m R 6/11/2016 Basil Spencer

Name	Yr	Team	Finals
Finals			
1 #360 Blackburn, Andrew	07	Prince Georg	1.40m 10

Boys 16-17 High Jump

Meet: 1.91m R 6/17/2022 Caleb Emon

Name	Yr	Team	Finals
Finals			
1 #375 Emon, Caleb	05	Prince Georg,Prince	1.91mR 10

Boys 9 Year Olds Long Jump

Meet: 3.72m R 1992 Andrew Cooke

Name	Yr	Team	Finals
Finals			
1 #408 Legut-Petersen, Kai	13	Prince Georg,prince	2.83m 10
2 #414 McIntosh, Caleb	13	Prince Georg	2.44m 8
3 #447 Mortlock, Jimmy	13	Unattached,Prince G	2.39m 6
4 #398 Jaswal, Blake	13	Prince Georg,Prince	2.25m 5
5 #381 Gilmer, George	13	Prince Georg,Macke	2.09m 4
6 #457 Bravo, Luis	13	Prince Georg	1.81m 3

Boys 10 Year Olds Long Jump

Meet: 4.11m R 1996 Quinton Gamble

Name	Yr	Team	Finals
Finals			
1 #403 Kovacevic, Caleb	12	Prince Georg,Prince	3.60m 10
2 #410 Lorenz, Bradley	12	Prince Georg,Prince	3.05m 8
3 #402 Kirkby, Jaxon	12	Prince Georg,Prince	3.02m 6
4 #396 Hopson, Sam	12	Prince Georg,Prince	2.98m 5
5 #393 Heise, Jeremy	12	Prince Georg,Prince	2.90m 4
6 #458 Toor, Kevin	12	Prince Georg	2.14m 3

Boys 11 Year Olds Long Jump

Meet: 4.34m R 1995 Chris Glover

Name	Yr	Team	Finals
Finals			
1 #455 Prosk, Asher	11	Unattached B,Prince	3.51m 10
2 #384 Gladdish, Zavier	11	Prince Georg,Prince	3.30m 8
3 #386 Glennen, Keaton	11	Prince Georg	3.13m 6
4 #392 Harrison, Daemon	11	Prince Georg,Prince	3.01m 5
5 #411 MacLeod, Eric	11	Prince Georg,Prince	2.86m 4

Boys 12 Year Olds Long Jump

Meet: 4.87m R 1992 Brock Armstrong

Name	Yr	Team	Finals
Finals			
1 #425 Roberts, Sawyer	10	Prince Georg,Prince	4.17m 10
2 #416 Milligan, Ashvin	10	Prince Georg	3.82m 8
3 #380 Gibson, Sam	10	Prince Georg	3.50m 6
4 #406 Leavens, Owen	10	Prince Georg	3.14m 5

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Boys 13 Year Olds Long Jump

Meet: 5.29m R 1992 Nick Wilkes

Name	Yr	Team	Finals
Finals			
1 #450 Okebie, David	09	Unattached,Prince G	4.41m 10

Boys 14-15 Long Jump

Meet: 5.27m R 6/13/2010 Eric Kidwell

Name	Yr	Team	Finals
Finals			
1 #360 Blackburn, Andrew	07	Prince Georg	4.84m 10

Boys 14-15 Triple Jump

Meet: 11.39m R 6/12/2010 Duncan Elliot

Name	Yr	Team	Finals
Finals			
1 #364 Briere, Peyton	07	Prince Georg,Prince	10.88m 10

Boys 16-17 Triple Jump

Meet: 13.05m R 1998 Josh Guggenheimer

Name	Yr	Team	Finals
Finals			
1 #377 Foster, Connel	06	Prince Georg,Prince	8.74m 10

Boys 9 Year Olds Shot Put 2 kg

Meet: 6.36m R 2005 Olin Erricson

Name	Yr	Team	Finals
Finals			
1 #457 Bravo, Luis	13	Prince Georg	4.04m 10

Boys 10 Year Olds Shot Put 2 kg

Meet: 8.73m R 2001 Oliver Anderson

Name	Yr	Team	Finals
Finals			
1 #402 Kirkby, Jaxon	12	Prince Georg,Prince	5.42m 10

Boys 11 Year Olds Shot Put 2 kg

Meet: 10.00m R 2002 Oliver Anderson

Name	Yr	Team	Finals
Finals			
1 #432 Udumaga, Kasieobi	11	Prince Georg	8.66m 10
2 #455 Prosk, Asher	11	Unattached B,Prince	7.43m 8
3 #372 Cronje, Seiji	11	Prince Georg	7.40m 6
4 #392 Harrison, Daemon	11	Prince Georg,Prince	7.04m 5
5 #386 Glennen, Keaton	11	Prince Georg	6.90m 4
6 #411 MacLeod, Eric	11	Prince Georg,Prince	6.49m 3

Boys 12 Year Olds Shot Put 3 kg

Meet: 10.20m R 6/12/2010 Keiran Leboe

Name	Yr	Team	Finals
Finals			
1 #416 Milligan, Ashvin	10	Prince Georg	6.50m 10

Boys 13 Year Olds Shot Put 3 kg

Meet: 12.57m R 1998 Matt Bartsch

Name	Yr	Team	Finals
Finals			
1 #404 Kovacevic, Carson	09	Prince Georg,Prince	7.33m 10
2 #405 Kovacevic, Gavin	09	Prince Georg,Prince	7.32m 8

Boys 14-15 Shot Put 4 kg

Meet: 11.00m R 6/8/2014 Seth Williams

Name	Yr	Team	Finals
Finals			
1 #441 Forsyth, Alex	08	Unattached,Smithers	5.06m 10

Boys 11 Year Olds Discus Throw 750 g

Meet: 21.70m R 2001 Erling Skuggedal

Name	Yr	Team	Finals
Finals			
1 #372 Cronje, Seiji	11	Prince Georg	15.50m 10
2 #455 Prosk, Asher	11	Unattached B,Prince	15.12m 8
3 #392 Harrison, Daemon	11	Prince Georg,Prince	14.24m 6
4 #358 Bell, Alistair	11	Prince Georg,Prince	14.12m 5
5 #386 Glennen, Keaton	11	Prince Georg	11.75m 4

Boys 12 Year Olds Discus Throw 1 kg

Meet: 27.85m R 1992 Pasha Bains

Name	Yr	Team	Finals
Finals			
1 #416 Milligan, Ashvin	10	Prince Georg	16.16m 10
2 #380 Gibson, Sam	10	Prince Georg	14.23m 8

Boys 13 Year Olds Discus Throw 1 kg

Meet: 40.62m R 1992 Garrett Collier

Name	Yr	Team	Finals
Finals			
1 #378 Foster, Torrin	09	Prince Georg,Prince	21.62m 10
2 #405 Kovacevic, Gavin	09	Prince Georg,Prince	19.82m 8
3 #404 Kovacevic, Carson	09	Prince Georg,Prince	19.09m 6
4 #415 McNeil, Mason	09	Prince Georg,Prince	15.85m 5

Boys 14-15 Discus Throw 1 kg

Meet: 33.60m R 6/9/2014 Seth Williams

Name	Yr	Team	Finals
Finals			
1 #441 Forsyth, Alex	08	Unattached,Smithers	13.45m 10

Boys 13 Year Olds Hammer Throw 3 kg

Meet: 37.19m R 6/12/2011 Keiran Leboe

Name	Yr	Team	Finals
Finals			
1 #415 McNeil, Mason	09	Prince Georg,Prince	16.53m 10
2 #378 Foster, Torrin	09	Prince Georg,Prince	15.20m 8

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Boys 10 Year Olds Javelin Throw 400 g

Meet: 22.71m R 2003 Reece Molland

Name	Yr	Team	Finals
Finals			
1 #402 Kirkby, Jaxon	12	Prince Georg,Prince	11.56m 10
2 #393 Heise, Jeremy	12	Prince Georg,Prince	9.72m 8
3 #403 Kovacevic, Caleb	12	Prince Georg,Prince	8.30m 6
4 #396 Hopson, Sam	12	Prince Georg,Prince	7.93m 5
5 #410 Lorenz, Bradley	12	Prince Georg,Prince	6.93m 4
6 #458 Toor, Kevin	12	Prince Georg	3.21m 3

Boys 11 Year Olds Javelin Throw 400 g

Meet: 29.11m R 2002 Oliver Anderson

Name	Yr	Team	Finals
Finals			
1 #370 Couture, Colton	11	Prince Georg,Prince	19.86m 10
2 #455 Prosk, Asher	11	Unattached B,Prince	15.74m 8
3 #392 Harrison, Daemon	11	Prince Georg,Prince	14.72m 6
4 #358 Bell, Alistair	11	Prince Georg,Prince	13.53m 5
5 #390 Harris, Jordan	11	Prince Georg,Prince	10.00m 4
--- #372 Cronje, Seiji	11	Prince Georg	FOUL

Boys 12 Year Olds Javelin Throw 500 g

Meet: 33.17m R 6/12/2010 Keiran Leboe

Name	Yr	Team	Finals
Finals			
1 #425 Roberts, Sawyer	10	Prince Georg,Prince	21.09m 10
2 #416 Milligan, Ashvin	10	Prince Georg	16.10m 8
3 #394 Hillhouse, Luke	10	Prince Georg,Prince	10.70m 6

Boys 13 Year Olds Javelin Throw 500 g

Meet: 40.09m R 1993 Brock Armstrong

Name	Yr	Team	Finals
Finals			
1 #404 Kovacevic, Carson	09	Prince Georg,Prince	24.05m 10
2 #415 McNeil, Mason	09	Prince Georg,Prince	23.49m 8
3 #378 Foster, Torrin	09	Prince Georg,Prince	19.58m 6
4 #405 Kovacevic, Gavin	09	Prince Georg,Prince	19.51m 5

Boys 14-15 Javelin Throw 600 g

Meet: 38.15m R 6/12/2010 Eric Kidwell

Name	Yr	Team	Finals
Finals			
1 #454 Wu, Josh	08	Unattached,Vanderh	28.40m 10
2 #441 Forsyth, Alex	08	Unattached,Smithers	13.36m 8

Boys 16-17 Javelin Throw 700 g

Meet: 52.27m R 1991 R. Constantinescu

Name	Yr	Team	Finals
Finals			
1 #423 Pushkarenko, Vladyslav	05	Prince Georg	36.65m 10

Boys 10 800 Meter Race Walk

10 Meet: 6:42.33 R 6/18/2022 Jaxon Kirkby

Name	Yr	Team	Finals
Finals			
1 #402 Kirkby, Jaxon	12	Prince Georg,Prince	6:42.33R 10

Boys 12 800 Meter Race Walk

12 Meet: 4:46.99 R 2000 Wade Palmer

Name	Yr	Team	Finals
Finals			
1 #394 Hillhouse, Luke	10	Prince Georg,Prince	5:53.34 10

Men 20-34 100 Meter Dash

Meet: 11.53 R 6/18/2022 Sagardeep Singh

Name	Yr	Team	Finals
Finals			
1 #427 Singh, Sagardeep	98	Prince Georg,Prince	11.53R 10

Men 55-59 100 Meter Dash

55-59 Meet: 15.25 R 6/18/2022 Todd Patterson

Name	Yr	Team	Finals
Finals			
1 #354 Patterson, Todd	67	Okanagan Ath	15.25R 10

Men 75-79 100 Meter Dash

75-79 Meet: 14.97 R 6/18/2022 Tuomas Ukonmaanaho

Name	Yr	Team	Finals
Finals			
1 #433 Ukonmaanaho, Tuomas	44	Prince Georg,Prince	14.97R 10

Men 75-79 200 Meter Dash

75-79 Meet: 31.08 R 6/17/2022 Tuomas Ukonmaanaho

Name	Yr	Team	Finals
Finals			
1 #433 Ukonmaanaho, Tuomas	44	Prince Georg,Prince	31.08R 10

Men 20-34 Long Jump

Meet: 5.81m R 6/18/2022 Sagardeep Singh

Name	Yr	Team	Finals
Finals			
1 #427 Singh, Sagardeep	98	Prince Georg,Prince	5.81mR 10

Men 20-34 Triple Jump

Meet: 13.05m R 6/18/2022 Sagardeep Singh

Name	Yr	Team	Finals
Finals			
1 #427 Singh, Sagardeep	98	Prince Georg,Prince	13.05mR 10

Men 40-44 Shot Put See chart

40-44 Meet: 9.70m R 6/18/2022 Ryan Harris

Name	Yr	Team	Finals
Finals			
1 #391 Harris, Ryan	81	Prince Georg,Prince	9.70mR 10

Spruce Capital Invitational Meet-2022 - 6/17/2022 to 6/18/2022

Masich Place Stadium, Prince George, BC

Results

Men 75-79 Shot Put See chart

75-79 Meet: 9.24m R 6/18/2022 Tuomas Ukonmaanaho

Name	Yr	Team	Finals
Finals			
1 #433 Ukonmaanaho, Tuomas	44	Prince Georg,Prince	9.24mR 10

Men 80-84 Shot Put See chart

80-84 Meet: 7.94m R 6/18/2022 James Dyer

Name	Yr	Team	Finals
Finals			
1 #352 Dyer, James	42	Indépendant,Quesne	7.94mR 10

Men 55-59 Discus Throw See chart

55-59 Meet: 30.80m R 6/18/2022 Brad Frenkel

Name	Yr	Team	Finals
Finals			
1 #379 Frenkel, Brad	64	Prince Georg,Prince	30.80mR 10

Men 80-84 Discus Throw See chart

80-84 Meet: 22.74m R 6/18/2022 James Dyer

Name	Yr	Team	Finals
Finals			
1 #352 Dyer, James	42	Indépendant,Quesne	22.74mR 10

Men 40-44 Hammer Throw see chart

40-44 Meet: 21.76m R 6/17/2022 Ryan Harris

Name	Yr	Team	Finals
Finals			
1 #391 Harris, Ryan	81	Prince Georg,Prince	21.76mR 10

Men 55-59 Hammer Throw see chart

55-59 Meet: 29.10m R 6/17/2022 Brad Frenkel

Name	Yr	Team	Finals
Finals			
1 #379 Frenkel, Brad	64	Prince Georg,Prince	29.10mR 10

Men 80-84 Hammer Throw see chart

80-84 Meet: 29.51m R 6/17/2022 James Dyer

Name	Yr	Team	Finals
Finals			
1 #352 Dyer, James	42	Indépendant,Quesne	29.51mR 10

Men 18-99 Javelin Throw 800 g

Meet: 35.55m R 6/13/2009 Dusty Bruhs

Name	Yr	Team	Finals
Finals			
1 #433 Ukonmaanaho, Tuomas	44	Prince Georg,Prince	28.94m 10
2 #352 Dyer, James	42	Indépendant,Quesne	19.24m 8

Men 35-49 Weight Throw 15.88 kg

Meet: 9.76m R 6/18/2022 Ryan Harris

Name	Yr	Team	Finals
Finals			
1 #391 Harris, Ryan	81	Prince Georg,Prince	9.76mR 10

Men 50-59 Weight Throw 11.34 kg

Meet: 9.85m R 6/18/2022 Brad Frenkel

Name	Yr	Team	Finals
Finals			
1 #379 Frenkel, Brad	64	Prince Georg,Prince	9.85mR 10

Men 80-99 Weight Throw 5.45 kg

Meet: 11.90m R 6/18/2022 James Dyer

Name	Yr	Team	Finals
Finals			
1 #352 Dyer, James	42	Indépendant,Quesne	11.90mR 10

Men 9-99 4x100 Meter Relay 4 x 100 mixe

Team	Relay	Finals
Finals		
1 Ward Family	A	1:02.00 10
2 Harris family	A	1:12.09 8
3 Bortignon family	A	1:17.50 6

Women 9-99 4x100 Meter Relay 4 x 100 mixe

Team	Relay	Finals
Finals		
1 Ward Family	A	1:02.00 10
2 Harris family	A	1:12.09 8
3 Bortignon family	A	1:17.50 6

Mixed 9-99 4x100 Meter Relay 4 x 100 mixe

Team	Relay	Finals
Finals		
1 Ward Family	A	1:02.00 10
2 Harris family	A	1:12.09 8
3 Bortignon family	A	1:17.50 6

Men 9-99 4x100 Meter Relay 4 x 100 mixe

Team	Relay	Finals
Finals		
1 Prince Georg	C	55.80 10
2 Prince Georg	D	57.28 8
3 Prince Georg	A	1:14.18 6
4 Prince Georg	B	1:15.71 5

Women 9-99 4x100 Meter Relay 4 x 100 mixe

Team	Relay	Finals
Finals		
1 Prince Georg	C	55.80 10
2 Prince Georg	D	57.28 8
3 Prince Georg	A	1:14.18 6
4 Prince Georg	B	1:15.71 5

Mixed 9-99 4x100 Meter Relay 4 x 100 mixe

Team	Relay	Finals
Finals		
1 Prince Georg	C	55.80 10
2 Prince Georg	D	57.28 8
3 Prince Georg	A	1:14.18 6
4 Prince Georg	B	1:15.71 5

Spruce Capital Invitational Meet-2022 - 6/17/2022 to 6/18/2022**Masich Place Stadium, Prince George, BC****Results**

Combined Team Scores - 165 Events Scored

1) PRINCE GEORGE TRACK AND FIELD	2643
2) UNATTACHED BRITISH COLUMBIA	81
3) Indépendant	48
4) GREYHOUNDS MASTERS TRACK & FIE	38
5) Kamloops Track & Field Club	18
6) Okanagan Athletics Club	10
6) Ward Family	10
8) Harris family	8
9) Bortignon family	6