

Triple jump – distance, club, age

Abby Hackman 9.95 VAAA 17

Mya Koleba 9.06 VAAA 15

Jetta Mousseau 8.29 Prince George 14

Amneet Toor 7.45 Prince George 16

Shotput

U16

Talia Phangura 11.6 Ocean Athletics

Gurleen Mander 9.98 Ocean Athletics

Mya Koleba 9.86 VAAA

Randeep Dosanjh 8.46 Ocean Athletics

Kailey McKay 7.58 Ocean Athletics

Megan McKay 6.7 Ocean Athletics

U18

Emily Franke 12.29 South Surrey

Lindsay Cyr 11.58 South Surrey

Ryan Hudson 7.13 VAAA

Isabelle Lindsay 6.60 Prince George

Masters

Joan Harris 7.71 Prince George

Christine Hinzmann 7.33 Prince George

Elena Thomas 6.83 Prince George

Discus

Talia Phangura 34.61 Ocean Athletics 13

Gurleen Mander 28.80 Ocean Athletics 14

Christine Hinzmann 20.50 Prince George 57

Kailey McKay 20.14 Ocean Athletics 14

Randeep Dosanjh 18.76 Ocean Athletics 14

Isabelle Lindsay 18.28 Prince George 17

Meagan McKay 17.77 Ocean Athletics 14

Joan Harris 16.56 Prince George 58

Ryan Hudson 13.67 VAAA 17

High jump

Rebecca Sawatzky 1.41 VAAA 14

Karissa Chung 1.40 Kamloops 14

Lauren Shewchuk 1.30 Kamloops 14

Jenny Graham-Smith 1.25 Prince George 17

Sarah Graham-Smith 1.2 Prince George 14

Breanna Day 1.15 Prince George 17

100m

U16

Anna Melvin 13:38 VAAA

Mya Koleba 13.72 VAAA

Amrita Sidhu 13.63 Ocean Athletics

Madeleine Turner 13.66 Ocean Athletics

Caitlin Govender 14.75 Ocean Athletics

Kay Jackson 14.94 VAAA

Jetta Mousseau 15.04 Prince George

Karissa Chung 15.16 Kamloops

Rebecca Liu 15.58 Ocean Athletics

U18

Kerlinda Chatwin 12.84 Ocean Athletics

Victoria Barry 13.01 VAAA

Temi Aina 13.23 Kamloops

Ella Arnold 13.44 Ocean Athletics

Jade Spragge-Putman 13.69 Ocean Athletics

Taylor Kleinschmidt 13.71 Ocean Athletics

Gemma Dumas 13.86 Ocean Athletics

Kate Hwang 14.09 Ocean Athletics

Emma Ward 14.09 Prince George

Breanna Day 14.89 Prince George

Amneet Toor 14.91 Prince George

Jenny Graham-Smith 14.95 Prince George

U20

Olivia Van Ryswyk 14.56 Ocean Athletics

Jolee Chan 14.62 Ocean Athletics

U23

Jaeda Ostoforoff 12.28 VAAA

1500m

U16

Raiya Matonovich 4.49:80 Kamloops

Danica Renwick 4.59:33 Kamloops

Mishka Parilak 5:31 VAAA

Paige Leahy 5:32 VAAA

Feron Wallace 5.51:99 Kamloops

Elizabeth Nordstrom 6:14 VAAA

U20

Margherita Montaresi 5.11.21 Kamloops

Brooke Lawlor 5:18 VAAA

Olivia Wankling 5.23.65 Prince George

Kayla Hermiston 5.34:21 Kamloops

Kasha Vitoratos 5.53:36 Kamloops

Ava Dabner 6.09:89 Kamloops

Anna Jackson 6:50 VAAA

3000m

U16

Maella Hodgson 10:36 Ocean Athletics

Rachel McDonald 11:41 Ocean Athletics

Mishka Parilak 13:00 VAAA

Paige Leahy 13:01 VAAA

U18

Mackenzie Hack 10:46 Ocean Athletics

Gemma Dumas 10:48 Ocean Athletics

Kayla Hermiston 12:42 Kamloops

Anna Jackson 15:23 VAAA

U20

Olivia Wankling 11:37 Prince George

Brooke Lawlor 12:02 VAAA

Senior

Elijah Bawdy 11:08 UBCO