Hey everyone!

1. Adam Hogarth is willing to come to PG to run a pole vault clinic on Saturday July 13th – this is the last available Saturday that we will have.  There will be a senior session with coaches and athletes (seniors and masters) 10 am - 12 noon; then a junior session for the younger kids from noon to 2 pm.  Please sign up at the track!!!  It’s free and it will be so much fun to try!
2. Please be aware that there is no track Thursday July 4th or Saturday July 6th due to soccer provincials.
3. Last track night is Thursday July 18th.
4. If you are interested in checking your athlete’s standing in their events:

seniors -  <https://athletics.ca/calendar-rankings/rankings/>

juniors - (available after the championships) <https://www.bcathletics.org/TrackAndField/LTADPrograms/junior-development/>