Greetings Track Fans!

Our first meet is just around the corner so here are a few reminders for this week:

* Make sure your junior or senior athlete is registered for the first meet of the season; the Sub Zero is **this Saturday April 27th** and registration for club members is free! This is not a full meet, not all events are offered; since the athletes have only been on the track for just a few practices, consider this a fun meet! Register for events that are interesting or different, just try stuff out!
* Volunteers are needed to run the Sub Zero meet; please sign up at the “dungeon” desk, no experience necessary; all hours go to working off the volunteer levy
* Officiating is an easy way to volunteer and learn more about track events; there are 2 officiating learning opportunities: **Friday April 26**, 5-9pm at Kelly Road School - Register here: <https://www.trackie.com/online-registration/event/bc-athletics-level-2-officials-workshop/31818/#.XLtrwDBKhxB>; **Saturday April 27,** 9-1030am at Masich Place Stadium – register here: <https://www.cognitoforms.com/BCAthletics1/Level1OfficialsWorkshopPrinceGeorgeApril272019> or sign up at the “dungeon”; Officials from the lower mainland are coming up to help us learn so don’t be shy – this meet is the best way to learn!
* Athletes will need **singlets** to compete – please stop by this week (Tuesday – Thursday 6-8pm) to pick one up – bring $25 if you did not pay for one online; volunteers needed to help with this activity
* Don’t forget that we need volunteers to have criminal record checks – it’s super easy! Just go to the website and enter our access code, a few personal particulars and it’s done! <https://justice.gov.bc.ca/eCRC/home.htm> Access Code: 4HWYF2E44Q
* Our next volunteering opportunity**: Saturday May 11th** 12noon – 2pm; parents are needed to run junior development and rascal practices; coaches are in training all day or at prom; please sign up at the dungeon; lessons will be ready but equipment organization and supervision is required
* If you are travelling to the Dylan Armstrong or Jack Brow meets **BOOK** your hotels ASAP! These are busy weekends and hotels are booked quickly