

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Girls 9 Year Olds 60 Meter Dash**

Name	Year Team	Seed	Finals	Wind	Points
Finals					
1 MacWhinnie, Makenna	04 Prince George T&F		10.65	NWI	10
2 Schinkel, Victoria	04 Prince George T&F		11.39	NWI	8
3 Dhaliwal, Harshpreet	04 Prince George T&F		12.57	NWI	6

Girls 10 Year Olds 60 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Campbell, Casidy	03 Prince George T&F		11.67	NWI	10

Girls 9 Year Olds 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 MacWhinnie, Makenna	04 Prince George T&F		17.30	NWI	10
2 Schinkel, Victoria	04 Prince George T&F		18.41	NWI	8
3 Dreyer, Julia	04 Prince George T&F		19.21	NWI	6
4 Dhaliwal, Harshpreet	04 Prince George T&F		20.40	NWI	5
5 Masich, Olivia	04 Prince George T&F		21.51	NWI	4

Girls 11 Year Olds 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Wheele, Taigan	02 Prince George T&F		15.51	NWI	10
2 Cada, Halle	02 Unattached		15.78	NWI	8
3 Winnig, Heidi	02 Prince George T&F		17.46	NWI	6
4 Smith, Abigail	02 Prince George T&F		19.26	NWI	5
5 Bialuski, Sadie	02 Prince George T&F		19.89	NWI	4

Girls 12 Year Olds 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Stauffer, Brooklyn	01 Prince George T&F		14.92	NWI	10
2 Kidd, Rachel	01 Prince George T&F		14.93	NWI	8

Girls 13 Year Olds 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Kozlovski, Catherine	00 Prince George T&F		14.56	NWI	10
2 Rogers, Kendel	00 Prince George T&F		14.87	NWI	8

Girls 14-15 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Floris, Emma	98 Prince George T&F		13.42	NWI	10
2 Matheson, Lauren	99 Prince George T&F		13.55	NWI	8
3 Richert, Casey	98 Quesnel, BC		13.62	NWI	6
4 Layton, Storey	99 Prince George T&F		14.33	NWI	5

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****...Girls 14-15 100 Meter Dash**

5 Frykas, Kiera	98 Prince George T&F	16.75	NWI	4
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Girls 16-17 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Hiller, Carolina	97 Prince George T&F		13.23	NWI	10
2 O'Callaghan, Sinead	96 Prince George T&F		13.60	NWI	8
3 Newman, Cheyann	97 Unattached		14.16	NWI	6
4 Morven, Marlyn	97 Nisga'a Track Club	28.81	14.33	NWI	5
5 Ward, Kirsten	96 Prince George T&F		14.61	NWI	4

Girls 11 Year Olds 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Cada, Halle	02 Unattached		32.57	NWI	10
2 Wheele, Taigan	02 Prince George T&F		32.64	NWI	8
3 Winnig, Heidi	02 Prince George T&F		37.33	NWI	6
4 Bialuski, Sadie	02 Prince George T&F		43.14	NWI	5

Girls 12 Year Olds 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Stauffer, Brooklyn	01 Prince George T&F		30.39	NWI	10
2 Kidd, Rachel	01 Prince George T&F		31.11	NWI	8
3 Hepburn, Jillian	01 Prince George T&F		34.77	NWI	6

Girls 13 Year Olds 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 King, Lindsay	00 Prince George T&F		29.40	NWI	10
2 Rogers, Kendel	00 Prince George T&F		30.44	NWI	8
3 Kozlovski, Catherine	00 Prince George T&F		30.67	NWI	6

Girls 14-15 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Floris, Emma	98 Prince George T&F		28.05	NWI	10
2 Matheson, Lauren	99 Prince George T&F		28.35	NWI	8
3 Frykas, Kiera	98 Prince George T&F		34.50	NWI	6

Girls 16-17 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Hiller, Carolina	97 Prince George T&F		27.03	NWI	10
2 Kidd, Rebeka	97 Prince George T&F		28.89	NWI	8
3 Morven, Marlyn	97 Nisga'a Track Club		28.99	NWI	6
4 Ward, Kirsten	96 Prince George T&F		30.27	NWI	5

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Girls 12 Year Olds 300 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Stauffer, Brooklyn	01 Prince George T&F		48.20	10
2 Irving, Sarah	01 Prince George T&F		52.93	8

Girls 13 Year Olds 300 Meter Run

Name	Year Team	Seed	Finals	Points
1 Rogers, Kendel	00 Prince George T&F		50.08	10

Girls 14-15 300 Meter Run

Name	Year Team	Seed	Finals	Points
1 Jansen, Shelby	99 Prince George T&F		43.86	10
2 Richert, Casey	98 Quesnel, BC		47.35	8
3 Layton, Storey	99 Prince George T&F		49.02	6
4 Bizarro, Pheobe	99 Bulkley Vall		53.41	5

Girls 16-17 400 Meter Run

Name	Year Team	Seed	Finals	Points
1 Mitchell, Danielle	97 Prince George T&F		1:04.15	10
2 Morven, Marlyn	97 Nisga'a Track Club	1:08.67	1:09.42	8

Girls 9 Year Olds 600 Meter Run

Name	Year Team	Seed	Finals	Points
1 MacWhinnie, Makenna	04 Prince George T&F		2:16.19	10
2 Schinkel, Victoria	04 Prince George T&F		2:21.88	8

Girls 10 Year Olds 600 Meter Run

Name	Year Team	Seed	Finals	Points
1 Merasty, Madison	03 Prince George T&F		2:40.98	10
2 Campbell, Casidy	03 Prince George T&F		3:15.99	8

Girls 11 Year Olds 600 Meter Run

Name	Year Team	Seed	Finals	Points
1 Cada, Halle	02 Unattached		2:17.58	10
2 McCall, Jett	02 Unattached		2:25.38	8
3 Bialuski, Sadie	02 Prince George T&F		2:44.41	6

Girls 14-15 800 Meter Run

Name	Year Team	Seed	Finals	Points
1 Baptiste, Olivia	99 Quesnel		2:38.48	10

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Girls 10 Year Olds 1000 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Merasty, Madison	03 Prince George T&F		4:53.89	10

Girls 11 Year Olds 1000 Meter Run

Name	Year Team	Seed	Finals	Points
1 McCall, Jett	02 Unattached		4:08.62	10
2 Bialuski, Sadie	02 Prince George T&F		4:42.37	8

Girls 14-15 1200 Meter Run

Name	Year Team	Seed	Finals	Points
1 Baptiste, Olivia	99 Quesnel		4:09.48	10
2 Teetzan, Kyra	98 Quesnel, BC		4:09.53	8

Girls 16-17 1500 Meter Run

Name	Year Team	Seed	Finals	Points
1 Bizarro, Zoe	97 Bulkley Vall		5:16.74	10
2 Irving, Sydney	97 Prince George T&F		5:38.43	8

Girls 9 Year Olds 60 Meter Hurdles 21" - .530m

Name	Year Team	Seed	Finals	Wind	Points
1 MacWhinnie, Makenna	04 Prince George T&F		13.89	NWI	10
2 Schinkel, Victoria	04 Prince George T&F		14.80	NWI	8
3 Dhaliwal, Harshpreet	04 Prince George T&F		14.96	NWI	6

Girls 10 Year Olds 60 Meter Hurdles 24" - .610m

Name	Year Team	Seed	Finals	Wind	Points
1 Campbell, Casidy	03 Prince George T&F		15.06	NWI	10

Girls 11 Year Olds 60 Meter Hurdles 24" - .610m

Name	Year Team	Seed	Finals	Wind	Points
1 Winnig, Heidi	02 Prince George T&F		14.56	NWI	10
2 Smith, Abigail	02 Prince George T&F		14.79	NWI	8

Girls 12 Year Olds 80 Meter Hurdles .76 - 30"

Name	Year Team	Seed	Finals	Wind	Points
1 Kidd, Rachel	01 Prince George T&F		16.00	NWI	10
2 Hepburn, Jillian	01 Prince George T&F		18.38	NWI	8

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Girls 13 Year Olds 80 Meter Hurdles 8 x 30"**

Name	Year Team	Seed	Finals	Wind	Points
1 King, Lindsay	00 Prince George T&F		15.63	NWI	10
2 Rogers, Kendel	00 Prince George T&F		16.37	NWI	8

Girls 14-15 80 Meter Hurdles 8 x 30"

Name	Year Team	Seed	Finals	Wind	Points
1 Richert, Casey	98 Quesnel, BC		16.32	NWI	10
2 Lawrence, Christina	98 Quesnel, BC		16.82	NWI	8
3 Bizarro, Pheobe	99 Bulkley Vall		17.77	NWI	6

Girls 16-17 100 Meter Hurdles 10 x 30"

Name	Year Team	Seed	Finals	Wind	Points
1 Kidd, Rebeka	97 Prince George T&F		19.46	NWI	10
2 Newman, Cheyann	97 Unattached		19.75	NWI	8

Girls 12 Year Olds 200 Meter Hurdles 5 x 24"

Name	Year Team	Seed	Finals	Wind	Points
1 Kidd, Rachel	01 Prince George T&F		33.45	NWI	10

Girls 13 Year Olds 200 Meter Hurdles 5 x 27"

Name	Year Team	Seed	Finals	Wind	Points
1 King, Lindsay	00 Prince George T&F		32.16	NWI	10
2 Rogers, Kendel	00 Prince George T&F		34.07	NWI	8

Girls 14-15 200 Meter Hurdles 5 x 30"

Name	Year Team	Seed	Finals	Wind	Points
1 Bizarro, Pheobe	99 Bulkley Vall		39.68	NWI	10

Girls 16-17 300 Meter Hurdles 7 x 30"

Name	Year Team	Seed	Finals	Points
1 O'Callaghan, Sinead	96 Prince George T&F		48.07	10
2 Kidd, Rebeka	97 Prince George T&F		51.52	8

Girls 14-15 1500 Meter Steeplechase no water 30"

Name	Year Team	Seed	Finals	Points
1 Baptiste, Olivia	99 Quesnel		6:03.71	10

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Girls 16-17 2000 Meter Steeplechase water 30"**

Name	Year Team	Seed	Finals	Points
1 Bizarro, Zoe	97 Bulkley Vall		8:12.67	10

Girls 9 Year Olds High Jump

Name	Year Team	Seed	Finals	Points
1 Masich, Olivia	04 Prince George T&F		0.83m	10
2 Schinkel, Victoria	04 Prince George T&F		0.78m	8

Girls 10 Year Olds High Jump

Name	Year Team	Seed	Finals	Points
1 Campbell, Casidy	03 Prince George T&F		1.01m	10
2 Cada, Ryann	03 Unattached		0.98m	8
3 Merasty, Madison	03 Prince George T&F		0.90m	6

Girls 11 Year Olds High Jump

Name	Year Team	Seed	Finals	Points
1 Winnig, Heidi	02 Prince George T&F		1.03m	10
2 Cada, Halle	02 Unattached		1.00m	8
3 Bialuski, Sadie	02 Prince George T&F		0.95m	6

Girls 12 Year Olds High Jump

Name	Year Team	Seed	Finals	Points
1 Mueller, Taya	01 Unattached		1.31m	10
2 Hepburn, Jillian	01 Prince George T&F		1.09m	8
-- Masich, Sylvia	01 Prince George T&F		NH	

Girls 13 Year Olds High Jump

Name	Year Team	Seed	Finals	Points
1 Rogers, Kendel	00 Prince George T&F		1.24m	10

Girls 16-17 High Jump

Name	Year Team	Seed	Finals	Points
1 Campbell, Carlee	97 Prince George T&F		1.45m	10

Girls 9 Year Olds Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 MacWhinnie, Makenna	04 Prince George T&F		2.67m	NWI	10
2 Dhaliwal, Harshpreet	04 Prince George T&F		2.64m	NWI	8
3 Schinkel, Victoria	04 Prince George T&F		2.46m	NWI	6
4 Masich, Olivia	04 Prince George T&F		2.10m	NWI	5

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****...Girls 9 Year Olds Long Jump**

5 Dreyer, Julia	04 Prince George T&F	2.00m	NWI	4
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Girls 10 Year Olds Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Campbell, Casidy	03 Prince George T&F		2.47m	NWI	10

Girls 11 Year Olds Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Cada, Halle	02 Unattached		3.16m	NWI	10
2 Winnig, Heidi	02 Prince George T&F		2.96m	NWI	8
3 Wheele, Taigan	02 Prince George T&F		2.86m	NWI	6
4 Smith, Abigail	02 Prince George T&F		2.66m	NWI	5
5 Bialuski, Sadie	02 Prince George T&F		2.32m	NWI	4

Girls 12 Year Olds Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Irving, Sarah	01 Prince George T&F		3.86m	NWI	10
2 Kidd, Rachel	01 Prince George T&F		3.76m	NWI	8
3 Hepburn, Jillian	01 Prince George T&F		3.62m	NWI	6

Girls 13 Year Olds Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 King, Lindsay	00 Prince George T&F		4.42m	NWI	10
2 Rogers, Kendel	00 Prince George T&F		4.09m	NWI	8

Girls 14-15 Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Floris, Emma	98 Prince George T&F		4.17m	1.1	10

Girls 16-17 Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Frenkel, Carly	96 Prince George T&F		4.72m	NWI	10
2 Mitchell, Danielle	97 Prince George T&F		4.66m	NWI	8
3 Morven, Marlyn	97 Nisga'a Track Club		4.57m	NWI	6
4 Campbell, Carlee	97 Prince George T&F		4.43m	NWI	5
5 Newman, Cheyann	97 Unattached		4.42m	NWI	4

Girls 13 Year Olds Triple Jump

Name	Year Team	Seed	Finals	Wind	Points
1 King, Lindsay	00 Prince George T&F		8.87m	NWI	10
2 Rogers, Kendel	00 Prince George T&F		8.19m	NWI	8

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****...Girls 13 Year Olds Triple Jump**

3	Heinze, Amanda	00	Prince George T&F	7.01m	NWI	6
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Girls 14-15 Triple Jump

Name	Year	Team	Seed	Finals	Wind	Points
1	Lawrence, Christina	98	Quesnel, BC	8.18m	NWI	10

Girls 16-17 Triple Jump

Name	Year	Team	Seed	Finals	Wind	Points
1	Frenkel, Carly	96	Prince George T&F	10.41m	NWI	10
2	Campbell, Carlee	97	Prince George T&F	9.94m	NWI	8
3	Mitchell, Danielle	97	Prince George T&F	9.88m	NWI	6

Girls 9 Year Olds Shot Put 2 kg

Name	Year	Team	Seed	Finals	Points
1	Dhaliwal, Harshpreet	04	Prince George T&F	4.84m	10
2	MacWhinnie, Makenna	04	Prince George T&F	3.89m	8
3	Masich, Olivia	04	Prince George T&F	3.71m	6
4	Schinkel, Victoria	04	Prince George T&F	3.63m	5

Girls 10 Year Olds Shot Put 2 kg

Name	Year	Team	Seed	Finals	Points
1	Campbell, Casidy	03	Prince George T&F	6.37m	10
2	Kara, Hanson	03	Unattached	5.95m	8
3	Merasty, Madison	03	Prince George T&F	5.66m	6

Girls 11 Year Olds Shot Put 2 kg

Name	Year	Team	Seed	Finals	Points
1	Wheele, Taigan	02	Prince George T&F	5.33m	10
2	Smith, Abigail	02	Prince George T&F	4.55m	8
3	Bialuski, Sadie	02	Prince George T&F	4.23m	6

Girls 12 Year Olds Shot Put 3 kg

Name	Year	Team	Seed	Finals	Points
1	Masich, Sylvia	01	Prince George T&F	5.77m	10

Girls 13 Year Olds Shot Put 3 kg

Name	Year	Team	Seed	Finals	Points
1	Schroeter, Anika	00	Prince George T&F	7.05m	10
2	Heinze, Amanda	00	Prince George T&F	6.40m	8

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Girls 16-17 Shot Put 3 kg**

Name	Year Team	Seed	Finals	Points
1 Morven, Marlyn	97 Nisga'a Track Club		7.35m	10

Girls 10 Year Olds Discus Throw 750 g

Name	Year Team	Seed	Finals	Points
1 Campbell, Casidy	03 Prince George T&F		13.09m	10

Girls 12 Year Olds Discus Throw 750 g

Name	Year Team	Seed	Finals	Points
1 Masich, Sylvia	01 Prince George T&F		15.68m	10

Girls 13 Year Olds Discus Throw 750 g

Name	Year Team	Seed	Finals	Points
1 Schroeter, Anika	00 Prince George T&F		19.53m	10
2 Heinze, Amanda	00 Prince George T&F		16.07m	8
3 Kozlovski, Catherine	00 Prince George T&F		15.50m	6

Girls 14-15 Discus Throw 1 kg

Name	Year Team	Seed	Finals	Points
1 Gauthier, Telise	98 Quesnel, BC		16.30m	10

Girls 16-17 Discus Throw 1 kg

Name	Year Team	Seed	Finals	Points
1 Frenkel, Carly	96 Prince George T&F		26.46m	10
2 Spicer, Patty	97 Houston, BC		21.56m	8
3 Newman, Cheyann	97 Unattached		20.73m	6

Girls 13 Year Olds Hammer Throw 3 kg

Name	Year Team	Seed	Finals	Points
1 King, Lindsay	00 Prince George T&F		18.36m	10
2 Schroeter, Anika	00 Prince George T&F		15.94m	8
3 Heinze, Amanda	00 Prince George T&F		15.30m	6

Girls 14-15 Hammer Throw 3 kg

Name	Year Team	Seed	Finals	Points
1 Gauthier, Telise	98 Quesnel, BC		20.88m	10

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Girls 16-17 Hammer Throw 3 kg**

Name	Year Team	Seed	Finals	Points
1 Spicer, Patty	97 Houston, BC		33.83m	10
2 Frenkel, Carly	96 Prince George T&F		28.57m	8
3 Newman, Cheyann	97 Unattached		23.07m	6

Girls 10 Year Olds Javelin Throw 400 g

Name	Year Team	Seed	Finals	Points
1 Campbell, Casidy	03 Prince George T&F		12.61m	10
2 Merasty, Madison	03 Prince George T&F		12.08m	8

Girls 11 Year Olds Javelin Throw 400 g

Name	Year Team	Seed	Finals	Points
1 Bialuski, Sadie	02 Prince George T&F		7.92m	10
2 Smith, Abigail	02 Prince George T&F		7.26m	8

Girls 12 Year Olds Javelin Throw 400 g

Name	Year Team	Seed	Finals	Points
1 Stauffer, Brooklyn	01 Prince George T&F		11.09m	10
2 Masich, Sylvia	01 Prince George T&F		10.79m	8

Girls 13 Year Olds Javelin Throw 400 g

Name	Year Team	Seed	Finals	Points
1 Heinze, Amanda	00 Prince George T&F		20.67m	10
2 Schroeter, Anika	00 Prince George T&F		15.85m	8

Girls 14-15 Javelin Throw 500 g

Name	Year Team	Seed	Finals	Points
1 Lawrence, Christina	98 Quesnel, BC		26.70m	10
2 Layton, Storey	99 Prince George T&F		21.93m	8
3 Gauthier, Telise	98 Quesnel, BC		17.89m	6

Girls 16-17 Javelin Throw 500 g

Name	Year Team	Seed	Finals	Points
1 Ward, Kirsten	96 Prince George T&F		22.03m	10
2 Kidd, Rebeka	97 Prince George T&F		17.40m	8

Girls 10 800 Meter Race Walk

Name	Year Team	Seed	Finals	Points
1 Campbell, Casidy	03 Prince George T&F		6:39.09	10

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Girls 12 800 Meter Race Walk**

Name	Year Team	Seed	Finals	Points
1 Hepburn, Jillian	01 Prince George T&F		6:25.31	10

Women 18-19 400 Meter Run

Name	Year Team	Seed	Finals	Points
1 Balazs, Emma	95 Prince George T&F		1:01.98	10

Women 18-19 800 Meter Run

Name	Year Team	Seed	Finals	Points
1 Balazs, Emma	95 Prince George T&F		2:21.84	10
2 McLean, Katrina	95 Quesnel		2:52.82	8

Women 18-19 1500 Meter Run

Name	Year Team	Seed	Finals	Points
1 McLean, Katrina	95 Quesnel		5:14.68	10

Women 18-19 3000 Meter Run

Name	Year Team	Seed	Finals	Points
1 McLean, Katrina	95 Quesnel		12:04.25	10

Women 18-99 2000 Meter Steeplechase water 30"

Name	Year Team	Seed	Finals	Points
1 Balazs, Emma	95 Prince George T&F		7:19.61	10
2 McLean, Katrina	95 Quesnel		8:28.50	8

Women 16-17 Hammer Throw 4 kg

Name	Year Team	Seed	Finals	Points
1 Spicer, Patty	97 Houston, BC		33.83m	10
2 Frenkel, Carly	96 Prince George T&F		28.57m	8

Boys 9 Year Olds 60 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Laing, Cole	04 Prince George T&F		10.50	NWI	10
2 Stauffer, Colin	04 Prince George T&F		10.98	NWI	8
3 Fiala, Joshua	04 Prince George T&F		11.53	NWI	6

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Boys 11 Year Olds 60 Meter Dash**

Name	Year Team	Seed	Finals	Wind	Points
1 Matheson, Tanner	02 Prince George T&F		10.16	NWI	10

Boys 9 Year Olds 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Laing, Cole	04 Prince George T&F		17.06	NWI	10
2 Fiala, Joshua	04 Prince George T&F		18.87	NWI	8
3 Williams, Nicholas	04 Prince George T&F		18.88	NWI	6

Boys 10 Year Olds 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Mitchell, Ryan	03 Prince George T&F		17.35	NWI	10

Boys 11 Year Olds 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Matheson, Tanner	02 Prince George T&F		15.99	NWI	10
2 Dreyer, Andre	02 Prince George T&F		16.15	NWI	8

Boys 13 Year Olds 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Orlovsky, Eric	00 Prince George T&F		15.73	NWI	10

Boys 14-15 100 Meter Dash

Name	Year Team	Prelims	Finals	Wind	H#	Points
1 Medina, Omar	98 Prince George T&F		11.84	NWI	1	
2 Bernard, Gavin	98 Prince George T&F		12.98	NWI	1	
3 Wakabayashi, Bret	98 Prince George T&F		13.10	NWI	1	
4 MacDonald, Justin	98 Quesnel, BC		13.13	NWI	2	
5 Leboe, Keiran	98 Prince George T&F		13.42	NWI	2	
6 Berlinguette, Nicholas	99 Quesnel, BC		13.57	NWI	1	
7 Elden, Ryan	99 Quesnel		13.69	NWI	2	
8 Williams, Seth	99 Nisga'a Track Club		14.19	NWI	1	
9 Clayton, Terry	99 Nisga'a Track Club		14.39	NWI	1	
10 Hartley, Glenn	98 Prince George T&F		15.59	NWI	1	

Boys 16-17 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Matte, Jeremy	96 Prince George T&F		12.09	NWI	10
2 Parmar, Jagdar	96 Prince George T&F		12.62	NWI	8
3 Stratton, Ben	96 Prince George T&F		12.63	NWI	6
4 Stewart, Justin	97 Nisga'a Track Club	12.77	12.66	NWI	5
5 Rai, Ashneel	97 Nisga'a Track Club	12.69	13.31	NWI	4

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****....Boys 16-17 100 Meter Dash**

6 Grandisen, Smiddy	97 Nisga'a Track Club	12.79	13.68	NWI	3
7 McMillan, Brendan	97 Nisga'a Track Club	13.92	14.29	NWI	2

Boys 18-19 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Ott, Nathan J.	94 Prince George T&F		12.11	NWI	10
2 Elliot, Duncan	95 Prince George T&F		12.52	NWI	8

Boys 14-15 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Medina, Omar	98 Prince George T&F		24.35	NWI	10
2 Leboe, Keiran	98 Prince George T&F		24.91	NWI	8
3 Bernard, Gavin	98 Prince George T&F		26.70	NWI	6
4 Berlinguette, Nicholas	99 Quesnel, BC		28.33	NWI	5
5 Clayton, Terry	99 Nisga'a Track Club	28.85	29.18	NWI	4

Boys 16-17 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	Points
1 Matte, Jeremy	96 Prince George T&F		24.00	NWI	10
2 Gaiesky, Sean	96 Prince George T&F		24.73	NWI	8
3 Stewart, Justin	97 Nisga'a Track Club	26.80	25.96	NWI	6
4 Marchand, Boyd	97 Prince George T&F		26.51	NWI	5
5 Grandisen, Smiddy	97 Nisga'a Track Club	27.40	27.60	NWI	4
6 Bishop, Kuort	97 Prince George T&F		28.87	NWI	3

Boys 12 Year Olds 300 Meter Run

Name	Year Team	Seed	Finals	Points
1 Choney, Jonathan	01 Prince George T&F		1:05.01	10

Boys 14-15 300 Meter Run

Name	Year Team	Seed	Finals	Points
1 Bernard, Gavin	98 Prince George T&F		44.87	10
2 Borek, Charlie	99 Unattached		48.71	8

Boys 16-17 400 Meter Run

Name	Year Team	Seed	Finals	Points
1 Gaiesky, Sean	96 Prince George T&F		55.04	10
2 Grandisen, Smiddy	97 Nisga'a Track Club	1:03.11	1:03.81	8

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Boys 9 Year Olds 600 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Stauffer, Colin	04 Prince George T&F		2:13.90	10
2 Fiala, Joshua	04 Prince George T&F		2:24.41	8

Boys 12 Year Olds 800 Meter Run

Name	Year Team	Seed	Finals	Points
1 Bourque, Asher	01 Prince George T&F		3:07.67	10

Boys 13 Year Olds 800 Meter Run

Name	Year Team	Seed	Finals	Points
1 Orlowsky, Eric	00 Prince George T&F		3:01.82	10

Boys 14-15 800 Meter Run

Name	Year Team	Seed	Finals	Points
1 Dinsdale, Cole	98 Quesnel, BC		2:15.46	10
2 Coleman, Ethen	99 Prince George T&F		2:35.67	8

Boys 16-17 800 Meter Run

Name	Year Team	Seed	Finals	Points
1 Marchand, Boyd	97 Prince George T&F		2:18.32	10

Boys 9 Year Olds 1000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Laing, Cole	04 Prince George T&F		4:01.78	10

Boys 11 Year Olds 1000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Dreyer, Andre	02 Prince George T&F		3:59.69	10

Boys 12 Year Olds 1200 Meter Run

Name	Year Team	Seed	Finals	Points
1 Nemethy, Simon	01 Prince George T&F		4:08.01	10
2 Choney, Jonathan	01 Prince George T&F		4:42.78	8

Boys 13 Year Olds 1200 Meter Run

Name	Year Team	Seed	Finals	Points
1 Mecham, Ezra	00 Bella Coola		4:11.51	10
2 Orlowsky, Eric	00 Prince George T&F		4:13.21	8

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****...Boys 13 Year Olds 1200 Meter Run**

3 Miller, Brady	00 Prince George T&F	4:17.70	6
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Boys 14-15 1200 Meter Run

Name	Year Team	Seed	Finals	Points
1 Dinsdale, Cole	98 Quesnel, BC		3:42.95	10
2 Borek, Charlie	99 Unattached		4:04.40	8
3 Nakahara, Taro	99 Prince George T&F		5:28.02	6

Boys 16-17 1500 Meter Run

Name	Year Team	Seed	Finals	Points
1 Marchand, Boyd	97 Prince George T&F		4:59.60	10
2 Mecham, Elijah	97 Bella Coola		5:36.13	8

Boys 14-15 2000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Borek, Charlie	99 Unattached		7:18.97	10
2 Hartley, Mark	98 Prince George T&F		8:03.02	8

Boys 16-17 3000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Nemethy, Alexander	97 Prince George T&F		9:48.66	10

Boys 9 Year Olds 60 Meter Hurdles 21" - .530m

Name	Year Team	Seed	Finals	Wind	Points
1 Williams, Nicholas	04 Prince George T&F		14.00	NWI	10
2 Laing, Cole	04 Prince George T&F		14.02	NWI	8

Boys 14-15 100 Meter Hurdles 10 x 33"

Name	Year Team	Seed	Finals	Wind	Points
1 MacDonald, Justin	98 Quesnel, BC		17.86	NWI	10
2 Hartley, Glenn	98 Prince George T&F		22.38	NWI	8

Boys 16-17 110 Meter Hurdles 10 x 36"

Name	Year Team	Seed	Finals	Wind	Points
1 Matte, Jeremy	96 Prince George T&F		19.82	NWI	10

Boys 14-15 200 Meter Hurdles 5 x 30"

Name	Year Team	Seed	Finals	Wind	Points
1 Gaiesky, Ryan	98 Prince George T&F		28.11	NWI	10

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Boys 16-17 300 Meter Hurdles 7 x 33"**

Name	Year Team	Seed	Finals	Points
1 Matte, Jeremy	96 Prince George T&F		46.01	10

Boys 14-15 1500 Meter Steeplechase no water 30"

Name	Year Team	Seed	Finals	Points
1 Dinsdale, Cole	98 Quesnel, BC		5:09.27	10

Boys 16-17 2000 Meter Steeplechase water 33"

Name	Year Team	Seed	Finals	Points
1 Nemethy, Alexander	97 Prince George T&F		6:37.84	10
2 Marchand, Boyd	97 Prince George T&F		7:36.56	8

Boys 9 Year Olds High Jump

Name	Year Team	Seed	Finals	Points
1 Williams, Nicholas	04 Prince George T&F		0.80m	10

Boys 10 Year Olds High Jump

Name	Year Team	Seed	Finals	Points
1 Lloyd, Jayden	03 Prince George T&F		0.93m	10

Boys 13 Year Olds High Jump

Name	Year Team	Seed	Finals	Points
1 Orlowsky, Eric	00 Prince George T&F		1.18m	10

Boys 14-15 High Jump

Name	Year Team	Seed	Finals	Points
1 Medina, Omar	98 Prince George T&F		1.55m	10
2 MacDonald, Justin	98 Quesnel, BC		J1.55m	8
3 Clayton, Terry	99 Nisga'a Track Club		1.35m	6
4 Williams, Seth	99 Nisga'a Track Club		1.30m	5

Boys 16-17 High Jump

Name	Year Team	Seed	Finals	Points
1 Stewart, Justin	97 Nisga'a Track Club		1.56m	10
2 Grandisen, Smiddy	97 Nisga'a Track Club		1.50m	8
3 rai, Ashneel	97 Nisga'a Track Club		1.45m	6
4 Parmar, Jagdar	96 Prince George T&F		1.40m	4.50
4 McMillan, Brendan	97 Nisga'a Track Club		1.40m	4.50

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Boys 9 Year Olds Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Laing, Cole	04 Prince George T&F		2.88m	NWI	10
2 Stauffer, Colin	04 Prince George T&F		2.63m	NWI	8
3 Fiala, Joshua	04 Prince George T&F		2.02m	NWI	6

Boys 10 Year Olds Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Mitchell, Ryan	03 Prince George T&F		2.81m	NWI	10

Boys 11 Year Olds Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Dreyer, Andre	02 Prince George T&F		3.26m	NWI	10
2 Matheson, Tanner	02 Prince George T&F		3.06m	NWI	8

Boys 12 Year Olds Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Bourque, Asher	01 Prince George T&F		3.84m	NWI	10
2 Choney, Jonathan	01 Prince George T&F		2.34m	NWI	8

Boys 14-15 Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Medina, Omar	98 Prince George T&F		5.81m	NWI	10
2 Laing, Tyrell	98 Prince George T&F		5.41m	NWI	8
3 Bishop, Kuort	97 Prince George T&F		4.95m	NWI	6
4 MacDonald, Justin	98 Quesnel, BC		4.78m	NWI	5
5 Leboe, Keiran	98 Prince George T&F		4.58m	NWI	4
6 Williams, Seth	99 Nisga'a Track Club		4.16m	NWI	3
7 Winnig, Nathan	98 Prince George T&F		3.78m	NWI	2
8 Clayton, Terry	99 Nisga'a Track Club		3.66m	NWI	1
9 Hartley, Mark	98 Prince George T&F		3.37m	NWI	

Boys 14-15 Triple Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Wakabayashi, Bret	98 Prince George T&F		10.96m	NWI	10
2 MacDonald, Justin	98 Quesnel, BC		10.32m	NWI	8
3 Winnig, Nathan	98 Prince George T&F		8.61m	NWI	6
4 Williams, Seth	99 Nisga'a Track Club		8.47m	NWI	5

Boys 16-17 Triple Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Stewart, Justin	97 Nisga'a Track Club		10.80m	NWI	10
2 rai, Ashneel	97 Nisga'a Track Club		9.97m	NWI	8

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Boys 9 Year Olds Shot Put 2 kg**

Name	Year Team	Seed	Finals	Points
1 Fiala, Joshua	04 Prince George T&F		3.18m	10

Boys 11 Year Olds Shot Put 2 kg

Name	Year Team	Seed	Finals	Points
1 Dreyer, Andre	02 Prince George T&F		6.47m	10
2 Matheson, Tanner	02 Prince George T&F		5.50m	8

Boys 12 Year Olds Shot Put 3 kg

Name	Year Team	Seed	Finals	Points
1 Nemethy, Simon	01 Prince George T&F		7.80m	10
2 Choney, Jonathan	01 Prince George T&F		3.83m	8

Boys 13 Year Olds Shot Put 3 kg

Name	Year Team	Seed	Finals	Points
1 Mecham, Ezra	00 Bella Coola		8.69m	10

Boys 14-15 Shot Put 4 kg

Name	Year Team	Seed	Finals	Points
1 Leboe, Keiran	98 Prince George T&F		11.94m	10
2 Ewert, Carl	98 Prince George T&F		11.01m	8
3 Williams, Seth	99 Nisga'a Track Club		9.05m	6
4 Clayton, Terry	99 Nisga'a Track Club		8.15m	5

Boys 16-17 Shot Put 5 kg

Name	Year Team	Seed	Finals	Points
1 Tallio, Cole	97 Bella Coola		9.08m	10
2 Mecham, Elijah	97 Bella Coola		9.03m	8
3 Brown, Zane	96 Nisga'a Track Club		8.54m	6
4 rai, Ashneel	97 Nisga'a Track Club		8.17m	5
5 Stewart, Justin	97 Nisga'a Track Club		7.99m	4
6 McMillan, Brendan	97 Nisga'a Track Club		7.56m	3

Boys 11 Year Olds Discus Throw 750 g

Name	Year Team	Seed	Finals	Points
1 Dreyer, Andre	02 Prince George T&F		12.56m	10

Boys 13 Year Olds Discus Throw 1 kg

Name	Year Team	Seed	Finals	Points
1 Mecham, Ezra	00 Bella Coola		25.24m	10

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Boys 14-15 Discus Throw 1 kg**

Name	Year Team	Seed	Finals	Points
1 Leboe, Keiran	98 Prince George T&F		38.47m	10
2 Ewert, Carl	98 Prince George T&F		29.47m	8
3 Williams, Seth	99 Nisga'a Track Club		25.50m	6
4 Clayton, Terry	99 Nisga'a Track Club		17.44m	5

Boys 16-17 Discus Throw 1.5 kg

Name	Year Team	Seed	Finals	Points
1 Schroeter, David	96 Prince George T&F		26.49m	10
2 Brown, Zane	96 Nisga'a Track Club		23.98m	8
3 Tallio, Cole	97 Bella Coola		23.61m	6
4 rai, Ashneel	97 Nisga'a Track Club		22.74m	5
5 Mecham, Elijah	97 Bella Coola		21.88m	4
6 McMillan, Brendan	97 Nisga'a Track Club		20.18m	3
7 Stewart, Justin	97 Nisga'a Track Club		19.00m	2
8 Grandisen, Smiddy	97 Nisga'a Track Club		16.38m	1

Boys 12 Year Olds Hammer Throw 3 kg

Name	Year Team	Seed	Finals	Points
1 Choney, Jonathan	01 Prince George T&F		10.41m	10
2 Lloyd, Gabriel	01 Prince George T&F		9.55m	8

Boys 14-15 Hammer Throw 4 kg

Name	Year Team	Seed	Finals	Points
1 Leboe, Keiran	98 Prince George T&F		39.16m	10
2 Ewert, Carl	98 Prince George T&F		27.77m	8
3 Williams, Seth	99 Nisga'a Track Club		25.79m	6

Boys 16-17 Hammer Throw 5 kg

Name	Year Team	Seed	Finals	Points
1 Schroeter, David	96 Prince George T&F		27.68m	10
2 Brown, Zane	96 Nisga'a Track Club		25.85m	8
3 McMillan, Brendan	97 Nisga'a Track Club		18.40m	6

Boys 10 Year Olds Javelin Throw 400 g

Name	Year Team	Seed	Finals	Points
1 Lloyd, Jayden	03 Prince George T&F		16.23m	10

Boys 12 Year Olds Javelin Throw 500 g

Name	Year Team	Seed	Finals	Points
1 Nemethy, Simon	01 Prince George T&F		20.80m	10
2 Bourque, Asher	01 Prince George T&F		18.84m	8

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****....Boys 12 Year Olds Javelin Throw 500 g**

3 Lloyd, Gabriel	01 Prince George T&F	12.55m	6
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Boys 13 Year Olds Javelin Throw 500 g

Name	Year Team	Seed	Finals	Points
1 Mecham, Ezra	00 Bella Coola		27.93m	10

Boys 14-15 Javelin Throw 600 g

Name	Year Team	Seed	Finals	Points
1 Leboe, Keiran	98 Prince George T&F		39.12m	10
2 Ewert, Carl	98 Prince George T&F		32.32m	8
3 Elden, Ryan	99 Quesnel		30.14m	6
4 Williams, Seth	99 Nisga'a Track Club		28.78m	5
5 Clayton, Terry	99 Nisga'a Track Club		25.24m	4
6 Coleman, Ethen	99 Prince George T&F		23.97m	3
7 Hartley, Glenn	98 Prince George T&F		13.50m	2

Boys 16-17 Javelin Throw 700 g

Name	Year Team	Seed	Finals	Points
1 Stratton, Ben	96 Prince George T&F		30.87m	10
2 Stewart, Justin	97 Nisga'a Track Club		29.45m	8
3 McMillan, Brendan	97 Nisga'a Track Club		27.10m	6
4 Bishop, Kuort	97 Prince George T&F		26.28m	5
5 Brown, Zane	96 Nisga'a Track Club		23.55m	4
6 Tallio, Cole	97 Bella Coola		21.61m	3
7 Mecham, Elijah	97 Bella Coola		19.06m	2

Men 14-15 100 Meter Dash

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Medina, Omar	98 Prince George T&F		11.84q	NWI
2 Bernard, Gavin	98 Prince George T&F		12.98q	NWI
3 Wakabayashi, Bret	98 Prince George T&F		13.10q	NWI
4 MacDonald, Justin	98 Quesnel, BC		13.13q	NWI
5 Leboe, Keiran	98 Prince George T&F		13.42q	NWI
6 Berlinguette, Nicholas	99 Quesnel, BC		13.57q	NWI
7 Elden, Ryan	99 Quesnel		13.69q	NWI
8 Williams, Seth	99 Nisga'a Track Club		14.19q	NWI

Men 14-15 100 Meter Dash

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Medina, Omar	98 Prince George T&F	11.84	12.24	NWI	10
2 Bernard, Gavin	98 Prince George T&F	12.98	13.03	NWI	8
3 MacDonald, Justin	98 Quesnel, BC	13.13	13.15	NWI	6
4 Wakabayashi, Bret	98 Prince George T&F	13.10	13.31	NWI	5

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****...Men 14-15 100 Meter Dash**

5	Berlinguette, Nicholas	99	Quesnel, BC	13.57	13.74	NWI	4
6	Leboe, Keiran	98	Prince George T&F	13.42	13.98	NWI	3
7	Williams, Seth	99	Nisga'a Track Club	14.19	14.34	NWI	2

Men 20-99 100 Meter Dash

Name	Year	Team	Seed	Finals	Wind	Points
1 Gaiesky, Kevin A.	93	Prince George T&F		14.83	NWI	10

Men 18-19 200 Meter Dash

Name	Year	Team	Seed	Finals	Wind	Points
1 Ott, Nathan J.	94	Prince George T&F		24.33	NWI	10

Men 18-19 400 Meter Run

Name	Year	Team	Seed	Finals	Points
1 Matyas, Zachary	95	Prince George T&F		53.50	10
2 Ott, Nathan J.	94	Prince George T&F		54.03	8
3 Hewitt, Joshua	94	Prince George T&F		55.04	6
4 Elliot, Duncan	95	Prince George T&F		59.84	5
5 Bartell, Austin	94	Unattached		1:01.74	4

Men 20-34 400 Meter Run

Name	Year	Team	Seed	Finals	Points
1 Bartell, Nick	85	Unattached		1:01.19	10

Men 35-99 400 Meter Run

Name	Year	Team	Seed	Finals	Points
1 Nemethy, Brian	61	Prince George T&F		1:05.63	10

Men 18-19 800 Meter Run

Name	Year	Team	Seed	Finals	Points
1 Hewitt, Joshua	94	Prince George T&F		1:59.10	10
2 Matyas, Zachary	95	Prince George T&F		2:03.73	8

Men 18-19 1500 Meter Run

Name	Year	Team	Seed	Finals	Points
1 Matyas, Zachary	95	Prince George T&F		4:30.07	10
2 Elliot, Duncan	95	Prince George T&F		5:10.86	8

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Men 20-34 1500 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Gaiesky, Kevin A.	93 Prince George T&F		5:06.26	10

Men 35-99 1500 Meter Run

Name	Year Team	Seed	Finals	Points
1 Nemethy, Brian	61 Prince George T&F		4:43.98	10

Men 18-19 3000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Bartell, Austin	94 Unattached		10:02.51	10

Men 20-34 3000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Bartell, Nick	85 Unattached		10:06.13	10

Men 18-99 110 Meter Hurdles

Name	Year Team	Seed	Finals	Wind	Points
1 Elliot, Duncan	95 Prince George T&F		21.16	NWI	10

Men 18-99 High Jump

Name	Year Team	Seed	Finals	Points
1 Elliot, Duncan	95 Prince George T&F		1.62m	10

Men 16-17 Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Parmar, Jagdar	96 Prince George T&F		5.20m	NWI	10
2 rai, Ashneel	97 Nisga'a Track Club		5.16m	NWI	8
3 Stewart, Justin	97 Nisga'a Track Club		4.85m	NWI	6
4 Mecham, Elijah	97 Bella Coola		4.43m	NWI	5

Men 18-99 Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Elliot, Duncan	95 Prince George T&F		5.62m	NWI	10

Men 18-99 Shot Put 6kg / 7.26kg

Name	Year Team	Seed	Finals	Points
1 Elliot, Duncan	95 Prince George T&F		8.59m	10

Spruce Capital Invitational Meet-2013 - 08/06/2013 to 09/06/2013**Masich Place Stadium, Prince George, BC****Results****Men 18-99 Discus Throw 1.75/2kg**

Name	Year Team	Seed	Finals	Points
1 Elliot, Duncan	95 Prince George T&F		18.25m	10

Men 18-99 Javelin Throw 800 g

Name	Year Team	Seed	Finals	Points
1 Elliot, Duncan	95 Prince George T&F		31.76m	10

Combined Team Scores - 163 Events Scored

1) Prince George T&F	2188.50	2) Nisga'a Track Club	259.50
3) Quesnel Junior Secondary	234	4) BULKLEY VALLEY ATHLETIC S	69