

Licensed to Prince George T&F Club Hy-Tek's Meet Manager
 Spruce Capital Invitational Meet - 2005
 Prince George, BC - 6/11/05 to 6/12/05
 Results

Boys 100 Meter Dash Under 9

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Meet: R 15.23 1996 Tijan Pinnock, Prince George
Name Year Team Prelims H#
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Preliminaries
1 448 Jamieson, Parker 97 Prince George T 19.60q 1
2 485 Paulson, Griffin 97 Prince George T 19.80q 1
3 447 Jamieson, Liam 97 Prince George T 20.00q 1
3 399 Chester, Mason 97 Prince George T 20.00q 1
5 484 Patterson, Brady 97 Prince George T 20.50q 2
6 457 Lamothe, Eric 97 Prince George T 21.30q 2
7 13 Schulz, Mitchell 97 Prince George T 23.00q 1
8 426 Goodrich, Isaac 97 Prince George T 24.80q 2
  
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Boys 100 Meter Dash Under 9

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Meet: R 15.23 1996 Tijan Pinnock, Prince George
Name Year Team Finals
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Finals
1 484 Patterson, Brady 97 Prince George T 17.80
2 399 Chester, Mason 97 Prince George T 18.10
3 448 Jamieson, Parker 97 Prince George T 18.60
4 485 Paulson, Griffin 97 Prince George T 18.80
5 447 Jamieson, Liam 97 Prince George T 19.40
6 457 Lamothe, Eric 97 Prince George T 19.50
7 13 Schulz, Mitchell 97 Prince George T 21.20
8 426 Goodrich, Isaac 97 Prince George T 23.80
  
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Boys 200 Meter Dash Under 9

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Meet: R 33.05 1996 Tijan Pinnock, Prince George
Name Year Team Finals
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1 399 Chester, Mason 97 Prince George T 39.20
2 448 Jamieson, Parker 97 Prince George T 39.50
3 484 Patterson, Brady 97 Prince George T 39.90
4 485 Paulson, Griffin 97 Prince George T 40.30
5 447 Jamieson, Liam 97 Prince George T 40.40
6 457 Lamothe, Eric 97 Prince George T 42.30
7 13 Schulz, Mitchell 97 Prince George T 47.70
8 255 Mecham, Elijah 97 Bella Coola Vall 52.20
  
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Boys 400 Meter Run Under 9

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Meet: R 1:19.91 1996 Tijan Pinnock, Prince George
Name Year Team Finals
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1 474 Nemethy, Alexander 97 Prince George T 1:28.80
2 484 Patterson, Brady 97 Prince George T 1:32.50
3 448 Jamieson, Parker 97 Prince George T 1:33.40
4 457 Lamothe, Eric 97 Prince George T 1:36.10
5 13 Schulz, Mitchell 97 Prince George T 1:49.00
6 426 Goodrich, Isaac 97 Prince George T 1:58.60
  
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Boys 800 Meter Run Under 9

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Meet: R 3:08.01 2003 Duncan Elliot, Prince George
Name Year Team Finals
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1 485 Paulson, Griffin 97 Prince George T 3:29.80
  
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2	447 Jamieson, Liam	97 Prince George T	3:33.20
3	457 Lamothe, Eric	97 Prince George T	3:33.50
4	255 Mecham, Elijah	97 Bella Coola Vall	4:24.50

Boys 1500 Meter Run Under 9

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 Meet: R 6:30.71 2004 Sean Gaiesky, Prince George
 Name Year Team Finals
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1	474 Nemethy, Alexander	97 Prince George T	6:41.10
2	255 Mecham, Elijah	97 Bella Coola Vall	7:46.90

Boys 60 Meter Hurdles Under 9

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 Meet: R 13.83 2004 Sean Gaiesky, Prince George
 Name Year Team Finals
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1	447 Jamieson, Liam	97 Prince George T	14.60
2	485 Paulson, Griffin	97 Prince George T	J14.60
3	457 Lamothe, Eric	97 Prince George T	14.70
4	13 Schulz, Mitchell	97 Prince George T	15.50
5	448 Jamieson, Parker	97 Prince George T	15.80
6	426 Goodrich, Isaac	97 Prince George T	21.00

Boys High Jump Under 9

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 Meet: R 1.09m 2003 Lim Thokbuom, Prince George
 Name Year Team Finals
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1	399 Chester, Mason	97 Prince George T	0.85m
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Boys Long Jump Under 9

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 Meet: R 3.38m 1996 Tijan Pinnock, Prince George
 Name Year Team Finals
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1	13 Schulz, Mitchell	97 Prince George T	2.93m
2	399 Chester, Mason	97 Prince George T	2.76m
3	484 Patterson, Brady	97 Prince George T	2.58m
4	448 Jamieson, Parker	97 Prince George T	J2.58m
5	420 Gaiesky, Ryan	98 Prince George T	2.22m
6	485 Paulson, Griffin	97 Prince George T	2.15m
7	447 Jamieson, Liam	97 Prince George T	2.05m
8	29 Travers, Dalton	98 Prince George T	1.86m
9	255 Mecham, Elijah	97 Bella Coola Vall	1.44m

Boys Shot Put 3# Under 9

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 Meet: R 5.02m 2004 Sean Gaiesky, Prince George
 Name Year Team Finals
 =====

1	399 Chester, Mason	97 Prince George T	4.33m
2	255 Mecham, Elijah	97 Bella Coola Vall	3.75m
3	457 Lamothe, Eric	97 Prince George T	3.66m
4	462 Martin, Brady	97 Prince George T	3.60m
5	484 Patterson, Brady	97 Prince George T	3.21m

Boys 100 Meter Dash 1996 (Age 9)

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 Meet: R 14.50 1992 Matthew Bewsey, Bowser
 Name Year Team Prelims H#
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Preliminaries

1	421 Gaiesky, Sean	96 Prince George T	17.60q	2
2	489 Paulson, Stefan	96 Prince George T	17.70q	2
3	333 Surerus, Spenser	96 Sub Zero T & F C	18.30q	1
4	455 Kingsley, Blake	96 Prince George T	19.20q	1
5	382 Belcourt, Braeden	96 Prince George T	19.70q	1

6	381 Beckett, Brodi	96 Prince George T	20.20q	1
7	118 Edgar, Marcus	96 Bella Coola Vall	20.30q	2
8	497 Rake, Jesse	96 Prince George T	20.90q	1
9	496 Rake, Braeden	96 Prince George T	22.30	2

Boys 100 Meter Dash 1996 (Age 9)

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Meet: R 14.50 1992 Matthew Bewsey, Bowser

Name	Year	Team	Finals
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Finals

1	421 Gaiesky, Sean	96 Prince George T	16.70
2	333 Surerus, Spenser	96 Sub Zero T & F C	17.00
3	489 Paulson, Stefan	96 Prince George T	17.80
4	381 Beckett, Brodi	96 Prince George T	18.20
4	455 Kingsley, Blake	96 Prince George T	18.20
6	497 Rake, Jesse	96 Prince George T	19.10
7	118 Edgar, Marcus	96 Bella Coola Vall	19.40

Boys 200 Meter Dash 1996 (Age 9)

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Meet: R 30.80 1992 Andrew Cooke, Vancouver Olympic

Name	Year	Team	Prelims	H#
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Preliminaries

1	421 Gaiesky, Sean	96 Prince George T	37.00q	2
2	333 Surerus, Spenser	96 Sub Zero T & F C	37.30q	1
3	489 Paulson, Stefan	96 Prince George T	38.10q	1
4	381 Beckett, Brodi	96 Prince George T	38.80q	1
5	417 Fredeen, Ethan	96 Prince George T	40.20q	2
6	497 Rake, Jesse	96 Prince George T	40.40q	1
7	118 Edgar, Marcus	96 Bella Coola Vall	40.70q	1
8	496 Rake, Braeden	96 Prince George T	41.00q	2
9	479 Novak, Tristan	96 Prince George T	41.20	2

Boys 200 Meter Dash 1996 (Age 9)

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Meet: R 30.80 1992 Andrew Cooke, Vancouver Olympic

Name	Year	Team	Finals
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Finals

1	421 Gaiesky, Sean	96 Prince George T	35.90
2	333 Surerus, Spenser	96 Sub Zero T & F C	37.00
3	381 Beckett, Brodi	96 Prince George T	38.00
4	489 Paulson, Stefan	96 Prince George T	39.20
5	417 Fredeen, Ethan	96 Prince George T	40.00
6	497 Rake, Jesse	96 Prince George T	41.10
7	496 Rake, Braeden	96 Prince George T	J41.10
8	118 Edgar, Marcus	96 Bella Coola Vall	45.60

Boys 400 Meter Run 1996 (Age 9)

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Meet: R 1:13.00 1995 Quinton Gamble, Fort St John

Name	Year	Team	Finals	H#
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1	421 Gaiesky, Sean	96 Prince George T	1:23.30	1
2	333 Surerus, Spenser	96 Sub Zero T & F C	1:24.10	2
3	497 Rake, Jesse	96 Prince George T	1:29.70	1
3	496 Rake, Braeden	96 Prince George T	1:29.70	1
5	489 Paulson, Stefan	96 Prince George T	1:30.10	2
5	417 Fredeen, Ethan	96 Prince George T	1:30.10	2
7	381 Beckett, Brodi	96 Prince George T	1:30.80	2
8	455 Kingsley, Blake	96 Prince George T	1:35.80	1
9	26 Toninato, Auston	96 Prince George T	1:46.30	1
10	118 Edgar, Marcus	96 Bella Coola Vall	1:58.00	1

Boys 800 Meter Run 1996 (Age 9)

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Meet: R 2:49.10 1992 Andrew Cooke, Vancouver Olympic

Name	Year	Team	Finals
1	421	Gaiesky, Sean	96 Prince George T 3:08.60

Boys 1500 Meter Run 1996 (Age 9)

Meet: R 5:41.60 1995 Quinton Gamble, Fort St John

Name	Year	Team	Finals
1	421	Gaiesky, Sean	96 Prince George T 6:06.50
2	455	Kingsley, Blake	96 Prince George T 6:59.30

Boys 60 Meter Hurdles 1996 (Age 9)

Meet: R 11.85 2001 Ian Smith, Kamloops

Name	Year	Team	Finals
1	421	Gaiesky, Sean	96 Prince George T 12.50
2	479	Novak, Tristan	96 Prince George T 14.30
3	497	Rake, Jesse	96 Prince George T 14.40
4	381	Beckett, Brodi	96 Prince George T 14.50
5	489	Paulson, Stefan	96 Prince George T 15.30
6	455	Kingsley, Blake	96 Prince George T 15.80

Boys High Jump 1996 (Age 9)

Meet: R 1.20m 1992 Andrew Cooke, Vancouver Olympic

Name	Year	Team	Finals
1	381	Beckett, Brodi	96 Prince George T 0.90m
2	118	Edgar, Marcus	96 Bella Coola Vall 0.85m

Boys Long Jump 1996 (Age 9)

Meet: R 3.92m 1992 Andrew Cooke, Vancouver Olympic

Name	Year	Team	Finals
1	489	Paulson, Stefan	96 Prince George T 2.78m
2	333	Surerus, Spenser	96 Sub Zero T & F C 2.48m
3	381	Beckett, Brodi	96 Prince George T 2.42m
4	118	Edgar, Marcus	96 Bella Coola Vall 2.33m
5	497	Rake, Jesse	96 Prince George T 2.16m
6	496	Rake, Braeden	96 Prince George T 1.99m

Boys Shot Put 2kg 1996 (Age 9)

Meet: R 6.28m 2001 Ismael Karidio, Prince George

Name	Year	Team	Finals
1	369	Erricson, Olin	96 Unattached Athle 6.36mR
2	381	Beckett, Brodi	96 Prince George T 5.80m
3	421	Gaiesky, Sean	96 Prince George T 5.54m
4	489	Paulson, Stefan	96 Prince George T 4.73m
5	118	Edgar, Marcus	96 Bella Coola Vall 4.72m
6	417	Fredeen, Ethan	96 Prince George T 4.43m
7	26	Toninato, Auston	96 Prince George T 4.42m
8	479	Novak, Tristan	96 Prince George T 3.76m

Boys 100 Meter Dash 1995 (Age 10)

Meet: R 13.90 1992 Andrew Njume, Powell River

Name	Year	Team	Prelims	H#
Preliminaries				
1	411	Elliot, Duncan	95 Prince George T 16.00q	1
2	312	Lightfoot, Will	95 Dawson Creek 16.80q	1
3	251	Kopas, Conner	95 Bella Coola Vall 17.40q	1

4	23 Thorpe, Danny	95	Prince George T	17.80q	1
4	440 Hill, Garret	95	Prince George T	17.80q	1
6	24 Thorpe, Nathan	95	Prince George T	17.90q	2
7	466 Matyas, Zachery	95	Prince George T	18.10q	2
8	371 Abelson, Ari	95	Prince George T	18.30q	1
9	117 Dyble, Jotham	95	Bella Coola Vall	18.80	2
10	385 Berry, Tristan	95	Prince George T	20.70	2

Boys 100 Meter Dash 1995 (Age 10)

=====					
Meet: R 13.90		1992	Andrew Njume, Powell River		
Name	Year	Team	Finals		
=====					
Finals					
1	411 Elliot, Duncan	95	Prince George T	15.40	
2	312 Lightfoot, Will	95	Dawson Creek	16.30	
3	251 Kopas, Conner	95	Bella Coola Vall	16.40	
4	23 Thorpe, Danny	95	Prince George T	16.70	
5	440 Hill, Garret	95	Prince George T	16.80	
6	24 Thorpe, Nathan	95	Prince George T	17.50	
7	466 Matyas, Zachery	95	Prince George T	17.70	

Boys 200 Meter Dash 1995 (Age 10)

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Meet: R 29.15		1991	Jeremy MacKenzie, Kelowna		
Name	Year	Team	Prelims	H#	
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Preliminaries					
1	411 Elliot, Duncan	95	Prince George T	31.80q	2
2	251 Kopas, Conner	95	Bella Coola Vall	33.90q	1
3	440 Hill, Garret	95	Prince George T	34.90q	2
3	23 Thorpe, Danny	95	Prince George T	34.90q	2
5	117 Dyble, Jotham	95	Bella Coola Vall	36.70q	1
6	312 Lightfoot, Will	95	Dawson Creek	36.90q	1
7	297 Wolf, Anton	95	Dawson Creek	37.70q	1
8	24 Thorpe, Nathan	95	Prince George T	37.80q	2
9	466 Matyas, Zachery	95	Prince George T	38.00	1
10	423 Gill, Austin	95	Prince George T	38.30	2
11	385 Berry, Tristan	95	Prince George T	39.20	2

Boys 200 Meter Dash 1995 (Age 10)

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Meet: R 29.15		1991	Jeremy MacKenzie, Kelowna		
Name	Year	Team	Finals		
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Finals					
1	411 Elliot, Duncan	95	Prince George T	32.00	
2	251 Kopas, Conner	95	Bella Coola Vall	34.90	
3	23 Thorpe, Danny	95	Prince George T	35.90	
4	440 Hill, Garret	95	Prince George T	36.20	
5	312 Lightfoot, Will	95	Dawson Creek	36.40	
6	297 Wolf, Anton	95	Dawson Creek	37.90	
7	24 Thorpe, Nathan	95	Prince George T	39.10	
8	117 Dyble, Jotham	95	Bella Coola Vall	40.00	

Boys 400 Meter Run 1995 (Age 10)

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Meet: R 1:08.41		1998	Tijan Pinnock, Prince George		
Name	Year	Team	Finals	H#	
=====					
1	411 Elliot, Duncan	95	Prince George T	1:14.30	1
2	23 Thorpe, Danny	95	Prince George T	1:24.30	2
3	251 Kopas, Conner	95	Bella Coola Vall	1:25.60	2
4	440 Hill, Garret	95	Prince George T	1:26.70	1
5	117 Dyble, Jotham	95	Bella Coola Vall	1:26.90	2
6	24 Thorpe, Nathan	95	Prince George T	1:27.00	2
7	423 Gill, Austin	95	Prince George T	1:31.70	1
8	297 Wolf, Anton	95	Dawson Creek	1:32.90	1

Boys 800 Meter Run 1995 (Age 10)

Meet: R 2:33.10 1992 Jimmy Bowering, Kamloops			
Name	Year	Team	Finals
1	411	Elliot, Duncan	95 Prince George T 2:47.20
2	23	Thorpe, Danny	95 Prince George T 3:11.50
3	251	Kopas, Conner	95 Bella Coola Vall 3:15.00
4	117	Dyble, Jotham	95 Bella Coola Vall 3:15.60
5	24	Thorpe, Nathan	95 Prince George T 3:22.40

Boys 1500 Meter Run 1995 (Age 10)

Meet: R 5:05.80 1992 Jimmy Bowering, Kamloops			
Name	Year	Team	Finals
1	117	Dyble, Jotham	95 Bella Coola Vall 6:05.90
2	23	Thorpe, Danny	95 Prince George T 6:09.80
3	24	Thorpe, Nathan	95 Prince George T 6:26.60

Boys 60 Meter Hurdles 1995 (Age 10)

Meet: R 11.36 2001 Jaliyl Pinnock, Kamloops			
Name	Year	Team	Finals
1	117	Dyble, Jotham	95 Bella Coola Vall 13.30
2	24	Thorpe, Nathan	95 Prince George T J13.30
3	23	Thorpe, Danny	95 Prince George T 13.40
4	423	Gill, Austin	95 Prince George T 14.10

Boys Long Jump 1995 (Age 10)

Meet: R 4.11m 1996 Quinton Gamble, Fort St John			
Name	Year	Team	Finals
1	411	Elliot, Duncan	95 Prince George T 3.60m
2	423	Gill, Austin	95 Prince George T 2.94m
3	251	Kopas, Conner	95 Bella Coola Vall 2.86m
4	440	Hill, Garret	95 Prince George T 2.84m
5	117	Dyble, Jotham	95 Bella Coola Vall 2.80m
6	466	Matyas, Zachery	95 Prince George T 2.66m
7	297	Wolf, Anton	95 Dawson Creek 2.33m

Boys Shot Put 2kg 1995 (Age 10)

Meet: R 8.73m 2001 Oliver Anderson, Fort Fraser			
Name	Year	Team	Finals
1	312	Lightfoot, Will	95 Dawson Creek 6.34m
2	411	Elliot, Duncan	95 Prince George T 6.33m
3	251	Kopas, Conner	95 Bella Coola Vall 5.40m
4	466	Matyas, Zachery	95 Prince George T 4.95m
5	385	Berry, Tristan	95 Prince George T 4.24m

Boys Discus Throw 750g 1995 (Age 10)

Meet: R 16.92m 2000 Tyler Henly, Prince George			
Name	Year	Team	Finals
1	312	Lightfoot, Will	95 Dawson Creek 13.31m
2	423	Gill, Austin	95 Prince George T 11.89m
3	251	Kopas, Conner	95 Bella Coola Vall 11.14m
4	466	Matyas, Zachery	95 Prince George T 10.67m
5	411	Elliot, Duncan	95 Prince George T 9.74m

Boys Javelin Throw 400g 1995 (Age 10)

Meet: R 22.71m 2003 Reece Molland, Bella Coola

Name	Year	Team	Finals
1 117 Dyble, Jotham	95	Bella Coola Vall	16.82m
2 411 Elliot, Duncan	95	Prince George T	16.47m
3 251 Kopas, Conner	95	Bella Coola Vall	13.45m
4 385 Berry, Tristan	95	Prince George T	13.20m
5 371 Abelson, Ari	95	Prince George T	12.52m
6 423 Gill, Austin	95	Prince George T	11.91m
7 312 Lightfoot, Will	95	Dawson Creek	11.83m
8 23 Thorpe, Danny	95	Prince George T	10.08m
9 24 Thorpe, Nathan	95	Prince George T	8.71m

Boys 100 Meter Dash 1994 (Age 11)

Meet: R 12.65 1999 Tijan Pinnock, Prince George

Name	Year	Team	Prelims	H#
Preliminaries				
1 370 Erricson, Jari	94	Unattached Athle	14.80q	2
1 449 Jamieson, Sienna	94	Prince George T	14.80q	2
3 495 Potskin, Jarrett	94	Prince George T	16.30q	2
4 483 Ott, Nathan	94	Prince George T	16.70q	1
5 405 Cuthbertson, Patri	94	Prince George T	17.30q	1
6 470 McKay, Connor	94	Kamloops T & F C	17.40q	2
7 486 Paulson, Judah	94	Prince George T	18.10q	1
7 378 Bartell, Austin	94	Prince George T	18.10q	1
9 28 Toninato, Zachery	94	Prince George T	18.30	2
9 266 Thatcher, Liam	94	Bella Coola Vall	18.30	2

Boys 100 Meter Dash 1994 (Age 11)

Meet: R 12.65 1999 Tijan Pinnock, Prince George

Name	Year	Team	Finals
Finals			
1 449 Jamieson, Sienna	94	Prince George T	14.70
2 405 Cuthbertson, Patri	94	Prince George T	15.40
3 495 Potskin, Jarrett	94	Prince George T	J15.40
4 483 Ott, Nathan	94	Prince George T	15.70
5 470 McKay, Connor	94	Kamloops T & F C	16.20
6 486 Paulson, Judah	94	Prince George T	17.00
7 378 Bartell, Austin	94	Prince George T	17.10

Boys 200 Meter Dash 1994 (Age 11)

Meet: R 28.80 1991 Brock Armstrong, Smithers

Name	Year	Team	Prelims	H#
Preliminaries				
1 449 Jamieson, Sienna	94	Prince George T	30.50q	1
2 370 Erricson, Jari	94	Unattached Athle	31.70q	1
3 432 Hanson, Nolan	94	Prince George T	32.00q	1
4 405 Cuthbertson, Patri	94	Prince George T	32.60q	1
5 483 Ott, Nathan	94	Prince George T	33.60q	1
6 470 McKay, Connor	94	Kamloops T & F C	34.20q	2
7 495 Potskin, Jarrett	94	Prince George T	35.10q	1
8 296 Lukac, Daniel	94	Dawson Creek	35.30q	1
9 486 Paulson, Judah	94	Prince George T	36.10	2
10 378 Bartell, Austin	94	Prince George T	36.50	2
11 471 Morris, Zachary	94	Prince George T	38.10	2
12 259 Schmidt, Joel	94	Bella Coola Vall	38.90	2
13 476 Nicholson, Sebast	94	Prince George T	39.30	2

Boys 200 Meter Dash 1994 (Age 11)

Meet: R 28.80 1991 Brock Armstrong, Smithers

Name	Year	Team	Finals
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Finals

1	370	Erricson, Jari	94 Unattached Athle	30.00
2	449	Jamieson, Sienna	94 Prince George T	30.50
3	432	Hanson, Nolan	94 Prince George T	32.30
4	405	Cuthbertson, Patri	94 Prince George T	33.40
5	483	Ott, Nathan	94 Prince George T	33.50
6	470	McKay, Connor	94 Kamloops T & F C	34.30
7	495	Potskin, Jarrett	94 Prince George T	35.40

Boys 400 Meter Run 1994 (Age 11)

Meet: R 1:05.40 1992 Brent Zacks, Richmond Kajaks

Name	Year	Team	Finals
1	360	Dinsdale, Cameron	94 Unattached Athle 1:09.30
2	370	Erricson, Jari	94 Unattached Athle 1:09.40
3	470	McKay, Connor	94 Kamloops T & F C 1:19.60
4	296	Lukac, Daniel	94 Dawson Creek 1:20.70
5	405	Cuthbertson, Patri	94 Prince George T 1:22.60
6	378	Bartell, Austin	94 Prince George T 1:23.70
7	476	Nicholson, Sebasti	94 Prince George T 1:28.70
8	259	Schmidt, Joel	94 Bella Coola Vall 1:37.70

Boys 800 Meter Run 1994 (Age 11)

Meet: R 2:28.10 1992 Chris Little, Prince George

Name	Year	Team	Finals
1	405	Cuthbertson, Patri	94 Prince George T 3:03.30
2	296	Lukac, Daniel	94 Dawson Creek 3:09.10
3	259	Schmidt, Joel	94 Bella Coola Vall 3:24.00
4	476	Nicholson, Sebasti	94 Prince George T 3:37.60

Boys 1500 Meter Run 1994 (Age 11)

Meet: R 5:13.50 1992 Brent Zacks, Richmond Kajaks

Name	Year	Team	Finals
1	296	Lukac, Daniel	94 Dawson Creek 5:55.10
2	405	Cuthbertson, Patri	94 Prince George T 6:15.80
3	259	Schmidt, Joel	94 Bella Coola Vall 6:44.10

Boys 60 Meter Hurdles 1994 (Age 11)

Meet: R 10.86 2000 Calvin Lowe, Prince George

Name	Year	Team	Finals
1	449	Jamieson, Sienna	94 Prince George T 11.80
2	486	Paulson, Judah	94 Prince George T 14.00

Boys 200 Meter Hurdles 1994 (Age 11)

Meet: R 30.22 1999 Tijan Pinnock, Prince George

Name	Year	Team	Finals
1	432	Hanson, Nolan	94 Prince George T 36.90
2	470	McKay, Connor	94 Kamloops T & F C 38.20
3	486	Paulson, Judah	94 Prince George T 39.70
4	483	Ott, Nathan	94 Prince George T 40.90

Boys High Jump 1994 (Age 11)

Meet: R 1.45m 1992 Dylan Armstrong, Kamloops

Name	Year	Team	Finals
1	360	Dinsdale, Cameron	94 Unattached Athle 1.30m
2	470	McKay, Connor	94 Kamloops T & F C 1.25m

3	266 Thatcher, Liam	94	Bella Coola Vall	1.05m
4	486 Paulson, Judah	94	Prince George T	J1.05m
5	483 Ott, Nathan	94	Prince George T	1.00m
6	471 Morris, Zachary	94	Prince George T	J1.00m
7	28 Toninato, Zachery	94	Prince George T	0.90m

Boys Long Jump 1994 (Age 11)

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Meet: R 4.34m 1995 Chris Glover, Bella Coola
Name Year Team Finals
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1	449 Jamieson, Sienna	94	Prince George T	3.88m
2	495 Potskin, Jarrett	94	Prince George T	3.34m
3	432 Hanson, Nolan	94	Prince George T	3.32m
4	483 Ott, Nathan	94	Prince George T	3.31m
5	470 McKay, Connor	94	Kamloops T & F C	3.25m
6	296 Lukac, Daniel	94	Dawson Creek	2.89m
7	378 Bartell, Austin	94	Prince George T	2.62m
8	471 Morris, Zachary	94	Prince George T	2.47m

Boys Triple Jump 1994 (Age 11)

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Meet: R 8.69m 1991 Blake Goddard, Prince George
Name Year Team Finals
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1	510 Elliot, Duncan	95	94 Prince George T	7.46m
2	449 Jamieson, Sienna	94	Prince George T	7.33m
3	495 Potskin, Jarrett	94	Prince George T	7.22m
4	470 McKay, Connor	94	Kamloops T & F C	7.12m
5	486 Paulson, Judah	94	Prince George T	6.67m
6	405 Cuthbertson, Patri	94	Prince George T	6.28m
7	483 Ott, Nathan	94	Prince George T	6.10m
8	432 Hanson, Nolan	94	Prince George T	5.85m
9	471 Morris, Zachary	94	Prince George T	5.65m

Boys Shot Put 2kg 1994 (Age 11)

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Meet: R 10.00m 2002 Oliver Anderson, Fort Fraser
Name Year Team Finals
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1	360 Dinsdale, Cameron	94	Unattached Athle	9.24m
2	265 Tallio, Garson	94	Bella Coola Vall	5.93m
3	405 Cuthbertson, Patri	94	Prince George T	5.80m
4	471 Morris, Zachary	94	Prince George T	5.43m
5	378 Bartell, Austin	94	Prince George T	4.32m

Boys Discus Throw 750g 1994 (Age 11)

=====
Meet: R 21.70m 2001 Erling Skuggedal, Prince George
Name Year Team Finals
=====

1	470 McKay, Connor	94	Kamloops T & F C	14.94m
2	265 Tallio, Garson	94	Bella Coola Vall	13.46m
3	266 Thatcher, Liam	94	Bella Coola Vall	13.28m
4	483 Ott, Nathan	94	Prince George T	11.91m
5	471 Morris, Zachary	94	Prince George T	9.27m

Boys Javelin Throw 400g 1994 (Age 11)

=====
Meet: R 29.11m 2002 Oliver Anderson, Fort Fraser
Name Year Team Finals
=====

1	59 Rathjen, Jared	94	Unattached Athle	21.00m
2	449 Jamieson, Sienna	94	Prince George T	19.84m
3	495 Potskin, Jarrett	94	Prince George T	19.39m
4	266 Thatcher, Liam	94	Bella Coola Vall	19.26m
5	470 McKay, Connor	94	Kamloops T & F C	18.81m
6	28 Toninato, Zachery	94	Prince George T	13.99m

7 486 Paulson, Judah 94 Prince George T 13.30m

Boys 100 Meter Dash 1993 (Age 12)

=====

Meet: R 12.70 1992 Brock Armstrong, Smithers

Name	Year	Team	Finals
1 408 Duncan, Justin	93	Prince George T	15.10
2 377 Balazs, Nic	93	Prince George T	15.20
3 130 Granander, Erik	93	Bella Coola Vall	15.90
4 33 Turmel, Dylan	93	Prince George T	16.10
5 410 Edwards, Tanner	93	Prince George T	16.50
6 416 Franz, Shaun	93	Prince George T	17.30
7 264 Tallio, Clint	93	Bella Coola Vall	17.90
8 427 Goodrich, Sam	93	Prince George T	18.00

Boys 200 Meter Dash 1993 (Age 12)

=====

Meet: R 27.00 1998 Tijan Pinnock (10), Prince George

Name	Year	Team	Finals
1 408 Duncan, Justin	93	Prince George T	31.50
2 130 Granander, Erik	93	Bella Coola Vall	32.70
3 494 Phipps, Ryan	93	Prince George T	33.90
4 416 Franz, Shaun	93	Prince George T	35.70

Boys 400 Meter Run 1993 (Age 12)

=====

Meet: R 1:03.00 1992 Anthony Jackson, Burnaby Striders

Name	Year	Team	Finals
1 130 Granander, Erik	93	Bella Coola Vall	1:14.30
2 494 Phipps, Ryan	93	Prince George T	1:20.80
3 427 Goodrich, Sam	93	Prince George T	1:22.80
4 418 Gaiesky, Kevin	93	Prince George T	1:23.90

Boys 800 Meter Run 1993 (Age 12)

=====

Meet: R 2:22.40 1992 Wyatt Hartley, Norwesters

Name	Year	Team	Finals
1 130 Granander, Erik	93	Bella Coola Vall	2:58.80
2 418 Gaiesky, Kevin	93	Prince George T	3:09.60

Boys 1500 Meter Run 1993 (Age 12)

=====

Meet: R 4:56.80 1992 Wyatt Hartley, Norwesters

Name	Year	Team	Finals
1 427 Goodrich, Sam	93	Prince George T	6:05.10
2 418 Gaiesky, Kevin	93	Prince George T	6:05.80
3 1 Ravening, James	93	Prince George T	6:40.40

Boys 800 Meter Race Walk 1993 (Age 12)

=====

Meet: R 4:46.99 2000 Wade Palmer, Prince George

Name	Year	Team	Finals
1 418 Gaiesky, Kevin	93	Prince George T	4:47.80

Boys 80 Meter Hurdles 1993 (Age 12)

=====

Meet: R 13.50 1992 Anthony Jackson, Burnaby Striders

Name	Year	Team	Finals	H#
1 33 Turmel, Dylan	93	Prince George T	16.20	2
1 427 Goodrich, Sam	93	Prince George T	17.60	1
2 408 Duncan, Justin	93	Prince George T	16.40	2

2	494 Phipps, Ryan	93	Prince George T	J17.60	1
3	377 Balazs, Nic	93	Prince George T	16.60	1
4	130 Granander, Erik	93	Bella Coola Vall	17.10	1
7	418 Gaiesky, Kevin	93	Prince George T	19.30	2

Boys 200 Meter Hurdles 1993 (Age 12)

=====
 Meet: R 30.20 1992 Anthony Jackson, Burnaby Striders
 Name Year Team Finals
 =====

1	33 Turmel, Dylan	93	Prince George T	35.80
2	494 Phipps, Ryan	93	Prince George T	37.40
3	418 Gaiesky, Kevin	93	Prince George T	41.60

Boys High Jump 1993 (Age 12)

=====
 Meet: R 1.45m 1992 Wyatt Hartley, Norwesters
 Name Year Team Finals
 =====

1	300 Cowan, Neil	93	Unattached Athle	1.43m
2	408 Duncan, Justin	93	Prince George T	1.30m
3	130 Granander, Erik	93	Bella Coola Vall	1.25m
4	377 Balazs, Nic	93	Prince George T	J1.25m
5	33 Turmel, Dylan	93	Prince George T	1.10m

Boys Long Jump 1993 (Age 12)

=====
 Meet: R 4.87m 1992 Brock Armstrong, Smithers
 Name Year Team Finals
 =====

1	300 Cowan, Neil	93	Unattached Athle	3.86m
2	130 Granander, Erik	93	Bella Coola Vall	3.70m
3	377 Balazs, Nic	93	Prince George T	3.60m
4	416 Franz, Shaun	93	Prince George T	3.49m
5	410 Edwards, Tanner	93	Prince George T	3.42m
6	33 Turmel, Dylan	93	Prince George T	3.40m
7	494 Phipps, Ryan	93	Prince George T	3.19m
8	264 Tallio, Clint	93	Bella Coola Vall	3.03m
9	1 Ravening, James	93	Prince George T	2.58m
10	418 Gaiesky, Kevin	93	Prince George T	2.33m

Boys Triple Jump 1993 (Age 12)

=====
 Meet: R 9.89m 1992 Brock Armstrong, Smithers
 Name Year Team Finals
 =====

1	130 Granander, Erik	93	Bella Coola Vall	8.10m
2	494 Phipps, Ryan	93	Prince George T	7.85m
3	33 Turmel, Dylan	93	Prince George T	7.79m
4	300 Cowan, Neil	93	Unattached Athle	7.73m
5	416 Franz, Shaun	93	Prince George T	6.91m
6	410 Edwards, Tanner	93	Prince George T	6.84m
7	1 Ravening, James	93	Prince George T	5.63m

Boys Shot Put 3kg 1993 (Age 12)

=====
 Meet: R 9.87m 1999 Mack Hicken, Unattached
 Name Year Team Finals
 =====

1	412 Elliot, Mitch	93	Prince George T	8.04m
2	377 Balazs, Nic	93	Prince George T	7.55m
3	408 Duncan, Justin	93	Prince George T	7.22m
4	130 Granander, Erik	93	Bella Coola Vall	6.26m
5	264 Tallio, Clint	93	Bella Coola Vall	5.45m
6	410 Edwards, Tanner	93	Prince George T	5.09m
7	1 Ravening, James	93	Prince George T	4.31m
8	416 Franz, Shaun	93	Prince George T	4.22m

Boys Discus Throw 1kg 1993 (Age 12)

Meet: R 27.85m 1992 Pasha Bains, Richmond Kajaks			
Name	Year	Team	Finals
1	408	Duncan, Justin	93 Prince George T 17.89m
2	130	Granander, Erik	93 Bella Coola Vall 17.57m
3	264	Tallio, Clint	93 Bella Coola Vall 16.68m
4	412	Elliot, Mitch	93 Prince George T 15.59m
5	410	Edwards, Tanner	93 Prince George T 11.41m

Boys Hammer Throw 3kg 1993 (Age 12)

Meet: R 20.74m 2002 Kyle O'Meara, Prince George			
Name	Year	Team	Finals
1	412	Elliot, Mitch	93 Prince George T 21.29mR
2	408	Duncan, Justin	93 Prince George T 18.71m
3	264	Tallio, Clint	93 Bella Coola Vall 12.67m

Boys Javelin Throw 600g 1993 (Age 12)

Meet: R 28.68m 2002 Oliver Anderson, Fort Fraser			
Name	Year	Team	Finals
1	130	Granander, Erik	93 Bella Coola Vall 25.14m
2	412	Elliot, Mitch	93 Prince George T 22.87m
3	408	Duncan, Justin	93 Prince George T 19.52m
4	377	Balazs, Nic	93 Prince George T 18.97m
5	410	Edwards, Tanner	93 Prince George T 17.26m
6	264	Tallio, Clint	93 Bella Coola Vall 15.53m
7	418	Gaiesky, Kevin	93 Prince George T 10.89m

Boys 100 Meter Dash 1992 (Age 13)

Meet: R 11.40 1992 Joel Nelson, South Fraser			
Name	Year	Team	Finals
1	407	Duncan, Jordan	92 Prince George T 13.20
2	453	Karidio, Ismaël	92 Prince George T 14.00
3	394	Brunn, Tim	92 Prince George T 14.60
4	335	Burke, Clema	92 Sub Zero T & F C 14.90
4	315	Martineau, Kyle	92 Unattached Athle 14.90

Boys 200 Meter Dash 1992 (Age 13)

Meet: R 24.20 1992 Joel Nelson, South Fraser			
Name	Year	Team	Finals
1	407	Duncan, Jordan	92 Prince George T 26.20
2	453	Karidio, Ismaël	92 Prince George T 28.70
3	394	Brunn, Tim	92 Prince George T 29.30
4	315	Martineau, Kyle	92 Unattached Athle 30.60
5	113	Dyble, James	92 Bella Coola Vall 32.60

Boys 400 Meter Run 1992 (Age 13)

Meet: R 57.11 1991 Trevor Wheele, Prince George			
Name	Year	Team	Finals
1	394	Brunn, Tim	92 Prince George T 1:06.20
2	257	Mecham, Steven	92 Bella Coola Vall 1:06.70
3	113	Dyble, James	92 Bella Coola Vall 1:14.20

Boys 800 Meter Run 1992 (Age 13)

Meet: R 2:17.85 2001 Ross Wiens, Vanderhoof			
Name	Year	Team	Finals

1	257 Mecham, Steven	92	Bella Coola Vall	2:39.60
2	12 Sawtell, Trevor	92	Prince George T	2:40.20
3	113 Dyble, James	92	Bella Coola Vall	2:40.90
4	315 Martineau, Kyle	92	Unattached Athle	2:52.50

Boys 1500 Meter Run 1992 (Age 13)

Meet: R 4:37.50 2001 Ross Wiens, Vanderhoof				
Name	Year	Team	Finals	
1	257 Mecham, Steven	92	Bella Coola Vall	5:21.80
2	12 Sawtell, Trevor	92	Prince George T	5:37.20
3	113 Dyble, James	92	Bella Coola Vall	5:41.20

Boys 3000 Meter Run 1992 (Age 13)

Name	Year	Team	Finals	
1	12 Sawtell, Trevor	92	Prince George T	12:20.90

Boys 80 Meter Hurdles 1992 (Age 13)

Meet: R 11.90 1992 Nick Wilkes, Ridge Mountain				
Name	Year	Team	Finals	
1	453 Karidio, Ismaël	92	Prince George T	14.40
2	113 Dyble, James	92	Bella Coola Vall	16.20
3	334 Burke, Reign	92	Sub Zero T & F C	16.70

Boys 200 Meter Hurdles 1992 (Age 13)

Meet: R 27.20 1992 Nick Wilkes, Ridge Mountain				
Name	Year	Team	Finals	
1	453 Karidio, Ismaël	92	Prince George T	31.50

Boys High Jump 1992 (Age 13)

Meet: R 1.70m 1992 Nick Wilkes, Ridge Mountain				
Name	Year	Team	Finals	
1	453 Karidio, Ismaël	92	Prince George T	1.45m
2	407 Duncan, Jordan	92	Prince George T	1.40m
3	394 Brunn, Tim	92	Prince George T	1.35m
4	12 Sawtell, Trevor	92	Prince George T	1.20m
4	113 Dyble, James	92	Bella Coola Vall	1.20m

Boys Long Jump 1992 (Age 13)

Meet: R 5.29m 1992 Nick Wilkes, Ridge Mountain				
Name	Year	Team	Finals	
1	407 Duncan, Jordan	92	Prince George T	4.89m
2	394 Brunn, Tim	92	Prince George T	4.46m
3	453 Karidio, Ismaël	92	Prince George T	4.12m
4	335 Burke, Clema	92	Sub Zero T & F C	4.10m
5	113 Dyble, James	92	Bella Coola Vall	3.90m
6	315 Martineau, Kyle	92	Unattached Athle	3.86m
7	257 Mecham, Steven	92	Bella Coola Vall	3.66m
8	334 Burke, Reign	92	Sub Zero T & F C	3.36m

Boys Triple Jump 1992 (Age 13)

Meet: R 11.11m 1992 Isaac Payne, Richmond Kajaks				
Name	Year	Team	Finals	
1	394 Brunn, Tim	92	Prince George T	9.73m

2	407 Duncan, Jordan	92 Prince George T	9.71m
3	257 Mecham, Steven	92 Bella Coola Vall	8.13m

Boys Shot Put 3kg 1992 (Age 13)

Meet: R 12.57m 1998 Matt Bartsch, Quesnel			
Name	Year	Team	Finals
1	407 Duncan, Jordan	92 Prince George T	10.69m
2	335 Burke, Clema	92 Sub Zero T & F C	8.68m
3	257 Mecham, Steven	92 Bella Coola Vall	8.52m
4	453 Karidio, Ismaël	92 Prince George T	8.38m
5	394 Brunn, Tim	92 Prince George T	7.95m
6	334 Burke, Reign	92 Sub Zero T & F C	7.90m

Boys Discus Throw 1kg 1992 (Age 13)

Meet: R 40.62m 1992 Garrett Collier, Richmond Kajaks			
Name	Year	Team	Finals
1	257 Mecham, Steven	92 Bella Coola Vall	24.46m
2	394 Brunn, Tim	92 Prince George T	21.31m
3	113 Dyble, James	92 Bella Coola Vall	17.01m

Boys Hammer Throw 3kg 1992 (Age 13)

Meet: R 27.80m 2001 Chad Widsten, Bella Coola			
Name	Year	Team	Finals
1	257 Mecham, Steven	92 Bella Coola Vall	23.40m
2	407 Duncan, Jordan	92 Prince George T	21.14m
3	113 Dyble, James	92 Bella Coola Vall	14.99m

Boys Javelin Throw 600g 1992 (Age 13)

Meet: R 40.09m 1993 Brock Armstrong, Smithers			
Name	Year	Team	Finals
1	394 Brunn, Tim	92 Prince George T	28.17m
2	257 Mecham, Steven	92 Bella Coola Vall	26.88m
3	113 Dyble, James	92 Bella Coola Vall	23.13m

Boys 100 Meter Dash 1991 (Age 14)

Meet: R 11.50 1992 Scott Mooney, Ridge Meadows			
Name	Year	Team	Finals
1	422 Gelowitz, Mason	91 Unattached Athle	12.00
2	57 Alexander, Jesse	91 Correlieu Second	12.90
3	263 Siwallace, Landen	91 Bella Coola Vall	13.80
4	409 Edwards, Brayden	91 Prince George T	14.80
5	32 Turmel, Devan	91 Prince George T	16.50

Boys 200 Meter Dash 1991 (Age 14)

Meet: R 23.90 1992 Trevor Wheele, Prince George			
Name	Year	Team	Finals
1	263 Siwallace, Landen	91 Bella Coola Vall	28.30
2	409 Edwards, Brayden	91 Prince George T	28.60
3	32 Turmel, Devan	91 Prince George T	31.90

Boys 400 Meter Run 1991 (Age 14)

Meet: R 53.92 1996 Josh Guggenheimer, Quesnel			
Name	Year	Team	Finals
1	422 Gelowitz, Mason	91 Unattached Athle	57.50

2	57 Alexander, Jesse	91 Correlieu Second	1:05.30
3	409 Edwards, Brayden	91 Prince George T	1:06.40

Boys 800 Meter Run 1991 (Age 14)

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=====
Meet: R 2:06.27 2002 Ross Wiens, Vanderhoof
Name Year Team Finals
=====
1 270 Helm, Daniel 91 Unattached Athle 2:30.40
2 391 Brown, Cory 91 Prince George T 2:43.40
3 467 Bruhs, Dusty 91 Dawson Creek 2:59.30
=====
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Boys 1500 Meter Run 1991 (Age 14)

```
=====
Meet: R 4:25.84 2002 Ross Wiens, Vanderhoof
Name Year Team Finals
=====
1 359 Dinsdale, Chris 91 Correlieu Second 5:03.20
2 270 Helm, Daniel 91 Unattached Athle 5:05.40
3 391 Brown, Cory 91 Prince George T 5:26.70
4 467 Bruhs, Dusty 91 Dawson Creek 6:02.40
=====
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Boys 3000 Meter Run 1991 (Age 14)

```
=====
Meet: R 10:01.50 2000 Geoff Martinson, Prince George
Name Year Team Finals
=====
1 270 Helm, Daniel 91 Unattached Athle 11:05.20
2 467 Bruhs, Dusty 91 Dawson Creek 13:42.00
=====
```

Boys 1500 Meter Race Walk 1991 (Age 14)

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=====
Meet: R 8:48.44 1999 Joshua Maxwell, Dawson Creek
Name Year Team Finals
=====
1 521 Gaiesky, Kevin 93 91 Unattached Athle 8:47.30R
=====
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Boys 100 Meter Hurdles 1991 (Age 14)

```
=====
Meet: R 13.27 2001 Tijan Pinnock, Kamloops
Name Year Team Finals
=====
1 359 Dinsdale, Chris 91 Correlieu Second 18.00
=====
```

Boys 1500 Meter Steeplechase 1991 (Age 14)

```
=====
Meet: R 5:09.70 1992 Steven Osaduik, Alberni
Name Year Team Finals
=====
1 270 Helm, Daniel 91 Unattached Athle 5:23.30
2 359 Dinsdale, Chris 91 Correlieu Second 5:30.30
=====
```

Boys High Jump 1991 (Age 14)

```
=====
Meet: R 1.80m 1992 Peter Lorimer, Norwesters
Name Year Team Finals
=====
1 359 Dinsdale, Chris 91 Correlieu Second 1.45m
2 57 Alexander, Jesse 91 Correlieu Second 1.35m
3 467 Bruhs, Dusty 91 Dawson Creek 1.30m
4 270 Helm, Daniel 91 Unattached Athle 1.25m
=====
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Boys Long Jump 1991 (Age 14)

```
=====
Meet: R 5.66m 1995 Chris Sudnik, Dawson Creek
Name Year Team Finals
=====
1 11 Saar, Thomas 91 Prince George T 4.37m
=====
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2	263 Siwallace, Landen	91	Bella Coola Vall	4.07m
3	409 Edwards, Brayden	91	Prince George T	3.68m
4	299 Maxwell, Zach	91	Dawson Creek	3.58m
5	32 Turmel, Devan	91	Prince George T	3.23m
6	391 Brown, Cory	91	Prince George T	3.06m

Boys Triple Jump 1991 (Age 14)

=====
Meet: R 12.08m 1992 Shane Neimi, Kamloops
Name Year Team Finals
=====

1	359 Dinsdale, Chris	91	Correliou Second	9.30m
2	11 Saar, Thomas	91	Prince George T	9.04m
3	409 Edwards, Brayden	91	Prince George T	8.80m
4	263 Siwallace, Landen	91	Bella Coola Vall	8.61m

Boys Shot Put 4kg 1991 (Age 14)

=====
Meet: R 12.16m 1998 Ted Law, Maple Drive, Quesnel
Name Year Team Finals
=====

1	498 Rathjen, Jonathan	91	Prince George T	12.27mR
2	41 Andy, Carlos	91	Bella Coola Vall	9.87m
3	211 Kloss, Luke	91	Bella Coola Vall	9.27m
4	299 Maxwell, Zach	91	Dawson Creek	8.53m
5	295 Pohl, Justin	91	Dawson Creek	7.74m
6	263 Siwallace, Landen	91	Bella Coola Vall	7.59m

Boys Discus Throw 1kg 1991 (Age 14)

=====
Meet: R 35.60m 1996 Jeremiah Johnson, Bella Coola
Name Year Team Finals
=====

1	498 Rathjen, Jonathan	91	Prince George T	37.15mR
2	211 Kloss, Luke	91	Bella Coola Vall	23.18m
3	41 Andy, Carlos	91	Bella Coola Vall	21.27m
4	295 Pohl, Justin	91	Dawson Creek	18.66m

Boys Hammer Throw 4kg 1991 (Age 14)

=====
Meet: R 39.48m 2003 Brendon Smith, Kamloops
Name Year Team Finals
=====

1	498 Rathjen, Jonathan	91	Prince George T	37.95m
2	295 Pohl, Justin	91	Dawson Creek	19.96m
3	263 Siwallace, Landen	91	Bella Coola Vall	19.52m

Boys Javelin Throw 600g 1991 (Age 14)

=====
Meet: R 41.58m 1997 Joey Letourneau, Fort St James
Name Year Team Finals
=====

1	498 Rathjen, Jonathan	91	Prince George T	34.12m
2	211 Kloss, Luke	91	Bella Coola Vall	33.94m
3	57 Alexander, Jesse	91	Correliou Second	28.95m
4	11 Saar, Thomas	91	Prince George T	26.63m
5	299 Maxwell, Zach	91	Dawson Creek	24.52m
6	270 Helm, Daniel	91	Unattached Athle	21.25m

Boys 100 Meter Dash 1990 (Age 15)

=====
Meet: R 11.00 1992 Sid Pitt, Coquitlam
Name Year Team Finals
=====

1	404 Cuthbertson, Blake	90	Prince George T	12.50
2	349 McLean, Nathan	90	Terrace Track &	14.50

Boys 200 Meter Dash 1990 (Age 15)

Meet: R 22.70 1992 Sid Pitt, Coquitlam				
Name	Year	Team		Finals
1	404	Cuthbertson, Blake	90 Prince George T	24.80
2	256	Mecham, Otis	90 Bella Coola Vall	28.50
3	349	McLean, Nathan	90 Terrace Track &	29.60

Boys 400 Meter Run 1990 (Age 15)

Meet: R 51.83 1993 Trevor Wheele, Prince George				
Name	Year	Team		Finals
1	404	Cuthbertson, Blake	90 Prince George T	55.20
2	419	Gaiesky, Kristophe	90 Prince George T	1:03.80
3	349	McLean, Nathan	90 Terrace Track &	1:11.40

Boys 800 Meter Run 1990 (Age 15)

Meet: R 2:00.78 1993 Trevor Wheele, Prince George				
Name	Year	Team		Finals
1	256	Mecham, Otis	90 Bella Coola Vall	2:29.40
2	419	Gaiesky, Kristophe	90 Prince George T	2:37.10

Boys 1500 Meter Run 1990 (Age 15)

Meet: R 4:19.70 1992 Zach Whitmarsh, Victoria				
Name	Year	Team		Finals
1	256	Mecham, Otis	90 Bella Coola Vall	5:06.10
2	419	Gaiesky, Kristophe	90 Prince George T	5:27.40

Boys 1500 Meter Race Walk 1990 (Age 15)

Name	Year	Team		Finals
1	419	Gaiesky, Kristophe	90 Prince George T	8:48.00

Boys 100 Meter Hurdles 1990 (Age 15)

Meet: R 14.10 1992 Kim Gronnestad, Victoria				
Name	Year	Team		Finals
1	419	Gaiesky, Kristophe	90 Prince George T	19.50
2	256	Mecham, Otis	90 Bella Coola Vall	20.70

Boys 300 Meter Hurdles 1990 (Age 15)

Meet: R 43.20 1992 Greg Allen, Comox				
Name	Year	Team		Finals
1	419	Gaiesky, Kristophe	90 Prince George T	51.10
2	256	Mecham, Otis	90 Bella Coola Vall	53.00

Boys 1500 Meter Steeplechase 1990 (Age 15)

Meet: R 4:37.10 1992 Jay Gibson, Abbotsford				
Name	Year	Team		Finals
1	256	Mecham, Otis	90 Bella Coola Vall	5:31.10

Boys High Jump 1990 (Age 15)

Meet: R 1.85m 1992 A Hart/K Gronnestad, Coquitlam/Victoria				
Name	Year	Team		Finals
1	352	Sarich, Adam	90 Terrace Track &	1.50m

Boys Long Jump 1990 (Age 15)

Meet: R 6.38m 1992				Aaron Hart, Coquitlam	
Name	Year	Team		Finals	
1	349	McLean, Nathan	90	Terrace Track &	3.81m
2	301	Wingerak, Bill	90	Dawson Creek	3.56m

Boys Triple Jump 1990 (Age 15)

Meet: R 13.18m 1992				Aaron Hart, Coquitlam	
Name	Year	Team		Finals	
1	352	Sarich, Adam	90	Terrace Track &	9.36m

Boys Shot Put 4kg 1990 (Age 15)

Meet: R 13.51m 2000				Morgan Lekstrom, Dawson Creek	
Name	Year	Team		Finals	
1	481	O'Meara, Kyle	90	Prince George T	11.01m
2	256	Mecham, Otis	90	Bella Coola Vall	7.74m
3	301	Wingerak, Bill	90	Dawson Creek	6.97m

Boys Discus Throw 1kg 1990 (Age 15)

Meet: R 42.86m 1997				Jeremy Edwards, Quesnel	
Name	Year	Team		Finals	
1	481	O'Meara, Kyle	90	Prince George T	30.78m
2	352	Sarich, Adam	90	Terrace Track &	22.68m
3	256	Mecham, Otis	90	Bella Coola Vall	22.52m
4	301	Wingerak, Bill	90	Dawson Creek	20.78m

Boys Hammer Throw 4kg 1990 (Age 15)

Meet: R 46.92m 2004				Brendon Smith, Kamloops	
Name	Year	Team		Finals	
1	481	O'Meara, Kyle	90	Prince George T	35.82m
2	256	Mecham, Otis	90	Bella Coola Vall	33.19m
3	301	Wingerak, Bill	90	Dawson Creek	21.58m

Boys Javelin Throw 600g 1990 (Age 15)

Meet: R 46.80m 1997				Josh Huber, Chetwynd	
Name	Year	Team		Finals	
1	481	O'Meara, Kyle	90	Prince George T	41.50m
2	384	Berry, John	90	Prince George T	37.69m
3	256	Mecham, Otis	90	Bella Coola Vall	25.75m
4	301	Wingerak, Bill	90	Dawson Creek	20.16m

Boys 100 Meter Dash Juvenile (Age 16-17)

Meet: R 10.76 2002				Rob Drapala, Armstrong	
Name	Year	Team		Prelims	H#
Preliminaries					
1	499	Rathjen, Matthew	88	Prince George T	12.10q 1
2	8	Ritchie, Brandon	89	Prince George T	12.50q 2
3	269	Wallis, Iain	88	Correliou Second	12.90q 2
4	348	Fawdrey, Bert	89	Terrace Track &	13.00q 1
5	347	Anderson, Cody	89	Terrace Track &	13.20q 2
6	207	Kelly, Pat	88	Bella Coola Vall	13.90q 1
6	355	May, Thomas	89	Terrace Track &	13.90q 1

Boys 100 Meter Dash Juvenile (Age 16-17)

Meet: R 10.76 2002				Rob Drapala, Armstrong	
Name	Year	Team	Finals		
Finals					
1	499	Rathjen, Matthew	88	Prince George T	12.10
2	8	Ritchie, Brandon	89	Prince George T	12.50
3	269	Wallis, Iain	88	Correliou Second	12.90
4	348	Fawdrey, Bert	89	Terrace Track &	13.00
5	347	Anderson, Cody	89	Terrace Track &	13.20
6	207	Kelly, Pat	88	Bella Coola Vall	13.90
6	355	May, Thomas	89	Terrace Track &	13.90

Boys 200 Meter Dash Juvenile (Age 16-17)

Meet: R 22.57 2002				Rob Drapala, Armstrong	
Name	Year	Team	Finals		
1	39	Wiens, Ross	88	Prince George T	23.80
2	374	Appiah, Richard	89	Prince George T	24.10
3	499	Rathjen, Matthew	88	Prince George T	24.70
4	348	Fawdrey, Bert	89	Terrace Track &	25.40
5	347	Anderson, Cody	89	Terrace Track &	26.20
6	340	Ollech, Matt	89	John McInnes Jun	26.30
7	207	Kelly, Pat	88	Bella Coola Vall	26.50
8	355	May, Thomas	89	Terrace Track &	29.40

Boys 400 Meter Run Juvenile (Age 16-17)

Meet: R 49.94 1998				Josh Guggenheimer, Quesnel	
Name	Year	Team	Finals		
1	39	Wiens, Ross	88	Prince George T	53.50
2	8	Ritchie, Brandon	89	Prince George T	55.50
3	348	Fawdrey, Bert	89	Terrace Track &	57.70
4	331	Olsen, Shawn	89	Sub Zero T & F C	58.00
5	17	Stene, Justin	89	Prince George T	1:04.10
6	355	May, Thomas	89	Terrace Track &	1:12.10

Boys 800 Meter Run Juvenile (Age 16-17)

Meet: R 1:56.94 1993				Ryan Press, Prince George	
Name	Year	Team	Finals		
1	8	Ritchie, Brandon	89	Prince George T	2:02.20
2	39	Wiens, Ross	88	Prince George T	2:02.70
3	331	Olsen, Shawn	89	Sub Zero T & F C	2:12.00
4	207	Kelly, Pat	88	Bella Coola Vall	2:21.10

Boys 1500 Meter Run Juvenile (Age 16-17)

Meet: R 4:12.23 2002				Geoff Martinson, Prince George	
Name	Year	Team	Finals		
1	39	Wiens, Ross	88	Prince George T	4:27.00
2	8	Ritchie, Brandon	89	Prince George T	4:29.40
3	303	Black, Justin	88	Dawson Creek	4:30.10

Boys 110 Meter Hurdles Juvenile (Age 16-17)

Meet: R 15.41 2004				Aaron Dixon, Prince George	
Name	Year	Team	Finals		
1	308	Vandewater, Shane	89	Dawson Creek	19.60

Boys 400 Meter Hurdles Juvenile (Age 16-17)

Meet: R 56.64 1997 Ryan Peebles, Prince George

Name	Year	Team	Finals	
1	308	Vandewater, Shane	89 Dawson Creek	1:10.30

Boys 1500 Meter Steeplechase Juvenile (Age 16-17)

Meet: R 4:38.15 2002 Cam Swift, Prince George

Name	Year	Team	Finals	
1	303	Black, Justin	88 Dawson Creek	5:02.60
2	308	Vandewater, Shane	89 Dawson Creek	5:10.50
3	331	Olsen, Shawn	89 Sub Zero T & F C	5:11.00
4	276	Jenix, Steven	89 Correlieu Second	5:22.90

Boys High Jump Juvenile (Age 16-17)

Meet: R 1.90m 2000 Roelie Botha, South Peace

Name	Year	Team	Finals	
1	348	Fawdrey, Bert	89 Terrace Track &	1.65m
2	331	Olsen, Shawn	89 Sub Zero T & F C	J1.65m
3	276	Jenix, Steven	89 Correlieu Second	1.50m

Boys Pole Vault Juvenile (Age 16-17)

Meet: R 3.65m 2002 Mitchell Waters, Kamloops

Name	Year	Team	Finals	
1	304	Boyer, Chip	88 Dawson Creek	2.50m
2	302	Richmond, Ryan	89 Dawson Creek	2.30m

Boys Long Jump Juvenile (Age 16-17)

Meet: R 6.84m 2003 Quinton Gamble, Fort St John

Name	Year	Team	Finals	
1	374	Appiah, Richard	89 Prince George T	5.21m
2	348	Fawdrey, Bert	89 Terrace Track &	5.15m
3	347	Anderson, Cody	89 Terrace Track &	4.85m
4	302	Richmond, Ryan	89 Dawson Creek	4.29m
5	355	May, Thomas	89 Terrace Track &	4.03m

Boys Triple Jump Juvenile (Age 16-17)

Meet: R 13.05m 1998 Josh Guggenheimer, Quesnel

Name	Year	Team	Finals	
1	348	Fawdrey, Bert	89 Terrace Track &	9.65m
2	347	Anderson, Cody	89 Terrace Track &	9.55m
3	207	Kelly, Pat	88 Bella Coola Vall	9.20m

Boys Shot Put 5 kg Juvenile (Age 16-17)

Meet: R 13.87m 2003 Rob Negrin, Prince George

Name	Year	Team	Finals	
1	309	Pohl, Tyrel	88 Dawson Creek	11.72m
2	39	Wiens, Ross	88 Prince George T	10.32m
3	499	Rathjen, Matthew	88 Prince George T	9.46m
4	302	Richmond, Ryan	89 Dawson Creek	8.99m

Boys Discus Throw 1.5kg Juvenile (Age 16-17)

Meet: R 48.92m 2004 David Skermer, Penticton

Name	Year	Team	Finals	
1	456	Koeck, Anthony	89 Prince George T	30.47m

2	309 Pohl, Tyrel	88 Dawson Creek	28.07m
3	480 O'Meara, Jared	89 Prince George T	17.47m

Boys Hammer Throw 5kg Juvenile (Age 16-17)

Meet: R 44.72m 1998 Jeremiah Johnson, Bella Coola			
Name	Year	Team	Finals
1	309 Pohl, Tyrel	88 Dawson Creek	45.18mR
2	456 Koeck, Anthony	89 Prince George T	38.63m

Boys Javelin Throw 600g Juvenile (Age 16-17)

Meet: R 52.27m 1991 R. Constantinescu, Kelowna			
Name	Year	Team	Finals
1	269 Wallis, Iain	88 Correlieu Second	44.17m
2	456 Koeck, Anthony	89 Prince George T	39.31m
3	331 Olsen, Shawn	89 Sub Zero T & F C	34.51m
4	207 Kelly, Pat	88 Bella Coola Vall	30.23m
5	302 Richmond, Ryan	89 Dawson Creek	24.00m

Boys 100 Meter Dash Age 6 - 7 Rascals

Name	Year	Team	Finals
1	420 Gaiesky, Ryan	98 Prince George T	21.30
2	29 Travers, Dalton	98 Prince George T	21.80
3	298 Wolf, Leighton	98 Dawson Creek	27.30
4	389 Brbot, Luke	99 Prince George T	36.00

Boys 200 Meter Dash Age 6 - 7 Rascals

Name	Year	Team	Finals
1	29 Travers, Dalton	98 Prince George T	41.60
2	420 Gaiesky, Ryan	98 Prince George T	41.90
3	298 Wolf, Leighton	98 Dawson Creek	49.00
4	389 Brbot, Luke	99 Prince George T	52.50

Boys 400 Meter Run Age 6 - 7 Rascals

Name	Year	Team	Finals
1	29 Travers, Dalton	98 Prince George T	1:39.50
2	420 Gaiesky, Ryan	98 Prince George T	1:44.30

Boys 800 Meter Run Age 6 - 7 Rascals

Name	Year	Team	Finals
1	29 Travers, Dalton	98 Prince George T	3:41.20
2	420 Gaiesky, Ryan	98 Prince George T	3:57.20

Boys 60 Meter Hurdles Age 6 - 7 Rascals

Name	Year	Team	Finals
1	420 Gaiesky, Ryan	98 Prince George T	16.70

Boys Shot Put Age 6 - 7 Rascals

Name	Year	Team	Finals
1	298 Wolf, Leighton	98 Dawson Creek	2.44m
2	420 Gaiesky, Ryan	98 Prince George T	J2.44m

Men 3000 Meter Run Juvenile (Age 16-17)

Meet: R 9:23.50 1991 Greg Johnson, Kamloops			
Name	Year	Team	Finals
1	303	Black, Justin	88 Dawson Creek 9:42.00
2	308	Vandewater, Shane	89 Dawson Creek 10:23.40

Men 100 Meter Dash Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	368	Gamble, Quinton	86 Sub Zero T & F C 11.60
2	342	Sihota, Sovin	87 Terrace Track & 12.10
3	318	Jones, Duston	87 Kelly Road Secon 12.60
4	311	Helset, David	81 Unattached Athle 13.90

Men 200 Meter Dash Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	342	Sihota, Sovin	87 Terrace Track & 24.10
2	318	Jones, Duston	87 Kelly Road Secon 25.10
3	375	Baggs, Brendan	84 Prince George T 25.60

Men 400 Meter Run Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	342	Sihota, Sovin	87 Terrace Track & 54.80
2	375	Baggs, Brendan	84 Prince George T 56.60
3	272	Helm, Charles	57 Unattached Athle 1:01.80

Men 800 Meter Run Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	305	Apps, Mike	87 Dawson Creek 2:03.00
2	310	Hawryluk, Sean	87 Dawson Creek 2:07.50
3	272	Helm, Charles	57 Unattached Athle 2:24.00
4	464	Martinson, Brian	58 Prince George T 2:24.50

Men 1500 Meter Run Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	305	Apps, Mike	87 Dawson Creek 4:20.00
2	310	Hawryluk, Sean	87 Dawson Creek 4:23.90
3	380	Bartell, Nick	85 Prince George T 4:51.20
4	313	Zubyck, Gord	71 Dawson Creek 4:56.30
5	272	Helm, Charles	57 Unattached Athle 4:59.30
6	306	Rounds, Luke	87 Dawson Creek 5:02.60
7	464	Martinson, Brian	58 Prince George T 5:03.90

Men 3000 Meter Run Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	310	Hawryluk, Sean	87 Dawson Creek 9:35.00
2	366	Nemechek, Kevin	87 Sub Zero T & F C 9:42.20
3	305	Apps, Mike	87 Dawson Creek 9:52.30
4	380	Bartell, Nick	85 Prince George T 10:14.50
5	111	Boileau, Alex	85 Bella Coola Vall 10:23.10
6	272	Helm, Charles	57 Unattached Athle 10:46.90
7	307	Wolf, Eric	64 Dawson Creek 10:51.70
8	336	Spelsberg, Grant	53 Sub Zero T & F C 12:08.30

Men 1500 Meter Race Walk Open (Jun/Sen/Mst)

Name	Year	Team	Finals
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Name	Year Team	Finals
1 306 Rounds, Luke	87 Dawson Creek	8:04.90
2 522 Zubycck, Gord	71 Unattached Athle	8:05.20
3 524 Prazma, Tony	41 Unattached Athle	9:17.30

Men 110 Meter Hurdles Open (Jun/Sen/Mst)

Name	Year Team	Finals
1 341 George, Corey	87 Terrace Track &	17.80

Men 400 Meter Hurdles Open (Jun/Sen/Mst)

Name	Year Team	Finals
1 368 Gamble, Quinton	86 Sub Zero T & F C	58.40

Men 1500 Meter Steeplechase Open (Jun/Sen/Mst)

Name	Year Team	Finals
1 305 Apps, Mike	87 Dawson Creek	4:44.40
2 310 Hawryluk, Sean	87 Dawson Creek	4:48.40
3 366 Nemechek, Kevin	87 Sub Zero T & F C	4:55.80
4 464 Martinson, Brian	58 Prince George T	5:24.50
5 307 Wolf, Eric	64 Dawson Creek	5:34.60

Men High Jump Open (Jun/Sen/Mst)

Name	Year Team	Finals
1 311 Helset, David	81 Unattached Athle	1.65m

Men Pole Vault Open (Jun/Sen/Mst)

Name	Year Team	Finals
1 313 Zubycck, Gord	71 Dawson Creek	2.80m

Men Long Jump Open (Jun/Sen/Mst)

Name	Year Team	Finals
1 368 Gamble, Quinton	86 Sub Zero T & F C	6.50m
2 318 Jones, Duston	87 Kelly Road Secon	5.08m

Men Shot Put 6 kg Open (Jun/Sen/Mst)

Name	Year Team	Finals
1 473 Negrin, Robert	86 Prince George T	15.68m
2 274 Hans, Tim	84 Bella Coola Vall	10.72m
3 364 Allen, Max	83 Tumbler Ridge	10.08m
4 341 George, Corey	87 Terrace Track &	9.60m

Men Discus Throw 1.75kg Open (Jun/Sen/Mst)

Name	Year Team	Finals
1 473 Negrin, Robert	86 Prince George T	46.92m
2 364 Allen, Max	83 Tumbler Ridge	32.01m
3 341 George, Corey	87 Terrace Track &	31.91m
4 274 Hans, Tim	84 Bella Coola Vall	28.76m

Men Hammer Throw 7.260kg Open (Jun/Sen/Mst)

Name	Year Team	Finals
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1	509 Mecham, Dean	40	Bella Coola Vall	27.79m
2	502 Edger, Gary	54	Bella Coola Vall	24.93m
3	508 Harris, Ruga	40	Bella Coola Vall	15.80m

Men Javelin Throw 800g Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	502	Edger, Gary	54 Bella Coola Vall 44.62m
2	364	Allen, Max	83 Tumbler Ridge 39.08m
3	313	Zubyck, Gord	71 Dawson Creek 38.05m
4	306	Rounds, Luke	87 Dawson Creek 28.47m

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 Spruce Capital Invitational Meet - 2005
 Prince George, BC - 6/11/05 to 6/12/05
 Results

Girls 100 Meter Dash Under 9

Meet: R 16.92 1996		Lana Soderquist, Fort St John	
Name	Year	Team	Prelims H#
Preliminaries			
1	437	Hekkema, Ciara	97 Prince George T 19.30q 2
2	435	Heidelbach, Kaitli	97 Prince George T 19.80q 3
3	459	Lemon, Ashley	97 Prince George T 20.30q 2
4	415	Franz, Kyrsten	97 Prince George T 20.50q 1
5	438	Hepburn, Shauna	97 Prince George T 20.60q 3
6	393	Brunn, Taylor	97 Prince George T 21.10q 3
7	492	Phipps, Alexa	97 Prince George T 21.40q 1
8	424	Gill, Emily	97 Prince George T 21.60q 3
9	388	Brbot, Danielle	97 Prince George T 21.80 3
10	27	Toninato, Sydney	97 Prince George T 22.00 2
10	293	Lightfoot, Whitney	97 Dawson Creek 22.00 3
12	482	O'Reilly, Emily	97 Prince George T 24.10 2
13	4	Reimer, Samantha	97 Prince George T 25.30 1

Girls 100 Meter Dash Under 9

Meet: R 16.92 1996		Lana Soderquist, Fort St John	
Name	Year	Team	Finals
Finals			
1	437	Hekkema, Ciara	97 Prince George T 18.30
2	459	Lemon, Ashley	97 Prince George T 18.50
3	438	Hepburn, Shauna	97 Prince George T 18.60
4	492	Phipps, Alexa	97 Prince George T 18.70
4	415	Franz, Kyrsten	97 Prince George T 18.70
4	435	Heidelbach, Kaitli	97 Prince George T 18.70
7	393	Brunn, Taylor	97 Prince George T 19.60
8	424	Gill, Emily	97 Prince George T 19.70

Girls 200 Meter Dash Under 9

Meet: R 36.24 2002		Zoe Paulson, Prince George	
Name	Year	Team	Prelims H#
Preliminaries			
1	437	Hekkema, Ciara	97 Prince George T 39.10q 2
2	459	Lemon, Ashley	97 Prince George T 39.70q 1
3	415	Franz, Kyrsten	97 Prince George T 41.40q 1
4	438	Hepburn, Shauna	97 Prince George T 41.60q 1
5	435	Heidelbach, Kaitli	97 Prince George T 42.50q 2
6	492	Phipps, Alexa	97 Prince George T 42.70q 1
7	58	Newman, Cheyenne	97 Unattached Athle 43.00q 2
8	424	Gill, Emily	97 Prince George T 43.60q 1

9	388	Brbot, Danielle	97	Prince George T	44.00	2
10	27	Toninato, Sydney	97	Prince George T	44.20	2
11	4	Reimer, Samantha	97	Prince George T	54.50	1

Girls 200 Meter Dash Under 9

=====
 Meet: R 36.24 2002 Zoe Paulson, Prince George

Name Year Team Finals
 =====

Finals

1	437	Hekkema, Ciara	97	Prince George T	37.90
2	459	Lemon, Ashley	97	Prince George T	40.80
3	415	Franz, Kyrsten	97	Prince George T	41.20
4	438	Hepburn, Shauna	97	Prince George T	41.90
5	435	Heidelbach, Kaitli	97	Prince George T	42.30
6	58	Newman, Cheyenne	97	Unattached Athle	43.80
7	492	Phipps, Alexa	97	Prince George T	44.20
8	424	Gill, Emily	97	Prince George T	44.40

Girls 400 Meter Run Under 9

=====
 Meet: R 1:23.93 2002 Zoe Paulson, Prince George

Name Year Team Finals
 =====

1	437	Hekkema, Ciara	97	Prince George T	1:37.50
2	459	Lemon, Ashley	97	Prince George T	1:44.90
3	424	Gill, Emily	97	Prince George T	1:57.70

Girls 800 Meter Run Under 9

=====
 Meet: R 3:17.09 1998 Erin Kryschuk, MacKenzie

Name Year Team Finals
 =====

1	424	Gill, Emily	97	Prince George T	3:55.10
2	58	Newman, Cheyenne	97	Unattached Athle	3:58.90
3	492	Phipps, Alexa	97	Prince George T	4:05.50

Girls 60 Meter Hurdles Under 9

=====
 Meet: R 13.30 2002 Zoe Paulson, Prince George

Name Year Team Finals H#
 =====

1	393	Brunn, Taylor	97	Prince George T	15.00	1
1	435	Heidelbach, Kaitli	97	Prince George T	15.00	1
3	438	Hepburn, Shauna	97	Prince George T	15.80	1
4	424	Gill, Emily	97	Prince George T	16.40	2
5	415	Franz, Kyrsten	97	Prince George T	17.00	1
6	437	Hekkema, Ciara	97	Prince George T	18.30	2

Girls High Jump Under 9

=====
 Meet: R 0.95m 1998 L Soderquist/E Kryschuk, Fort St John/MacKen

Name Year Team Finals
 =====

1	438	Hepburn, Shauna	97	Prince George T	1.05mR
2	58	Newman, Cheyenne	97	Unattached Athle	0.95mR
3	437	Hekkema, Ciara	97	Prince George T	0.90m
4	492	Phipps, Alexa	97	Prince George T	J0.90m
5	393	Brunn, Taylor	97	Prince George T	0.85m
6	435	Heidelbach, Kaitli	97	Prince George T	0.81m
7	27	Toninato, Sydney	97	Prince George T	0.78m
7	388	Brbot, Danielle	97	Prince George T	0.78m
9	424	Gill, Emily	97	Prince George T	J0.78m
10	4	Reimer, Samantha	97	Prince George T	J0.78m

Girls Long Jump Under 9

=====
 Meet: R 2.90m 2000 Stephanie Mesic, Prince George

Name	Year	Team	Finals
1	435	Heidelbach, Kaitli	97 Prince George T 2.15m
2	438	Hepburn, Shauna	97 Prince George T 1.96m
3	393	Brunn, Taylor	97 Prince George T 1.95m
4	492	Phipps, Alexa	97 Prince George T 1.84m
5	459	Lemon, Ashley	97 Prince George T 1.76m
6	27	Toninato, Sydney	97 Prince George T 1.71m
7	293	Lightfoot, Whitney	97 Dawson Creek 1.48m
8	424	Gill, Emily	97 Prince George T 1.41m

Girls Shot Put 3# Under 9

Meet: R 5.13m 1997 Melissa Martinson, Prince George

Name	Year	Team	Finals
1	393	Brunn, Taylor	97 Prince George T 4.40m
2	435	Heidelbach, Kaitli	97 Prince George T 4.04m
3	293	Lightfoot, Whitney	97 Dawson Creek 3.51m
4	58	Newman, Cheyenne	97 Unattached Athle J3.51m
5	437	Hekkema, Ciara	97 Prince George T 3.09m
6	459	Lemon, Ashley	97 Prince George T 3.08m
7	415	Franz, Kyrsten	97 Prince George T 2.99m
8	27	Toninato, Sydney	97 Prince George T J2.99m
9	424	Gill, Emily	97 Prince George T 2.64m
10	438	Hepburn, Shauna	97 Prince George T 2.53m
11	388	Brbot, Danielle	97 Prince George T 2.27m
12	4	Reimer, Samantha	97 Prince George T 1.35m

Girls 100 Meter Dash 1996 (Age 9)

Meet: R 15.30 1992 Frances Hanson-Monnie, Coquitlam

Name	Year	Team	Finals
1	491	Pearce, Tenley	96 Prince George T 17.60
2	451	Johnny, Trezely	96 Prince George T 19.40
3	6	Rerick, Carlee	96 Prince George T 20.00
4	397	Carter, Emily	96 Prince George T 20.10
5	469	McHale, Cassidy	96 Prince George T 21.50

Girls 200 Meter Dash 1996 (Age 9)

Meet: R 31.00 1992 Shannon Martin, South Fraser

Name	Year	Team	Finals
1	261	Schmidt, Margo	96 Bella Coola Vall 37.00
2	6	Rerick, Carlee	96 Prince George T 40.10
3	451	Johnny, Trezely	96 Prince George T 41.10
4	469	McHale, Cassidy	96 Prince George T 42.40
5	397	Carter, Emily	96 Prince George T 44.90

Girls 400 Meter Run 1996 (Age 9)

Meet: R 1:09.30 1992 Shannon Martin, South Fraser

Name	Year	Team	Finals
1	261	Schmidt, Margo	96 Bella Coola Vall 1:20.80
2	491	Pearce, Tenley	96 Prince George T 1:21.90
3	451	Johnny, Trezely	96 Prince George T 1:32.80
4	6	Rerick, Carlee	96 Prince George T 1:34.30
5	469	McHale, Cassidy	96 Prince George T 1:46.70

Girls 800 Meter Run 1996 (Age 9)

Meet: R 2:44.30 1992 Shannon Martin, South Fraser

Name	Year	Team	Finals
1	261	Schmidt, Margo	96 Bella Coola Vall 3:02.20

2	491 Pearce, Tenley	96	Prince George T	3:45.50
3	469 McHale, Cassidy	96	Prince George T	3:49.00

Girls 1500 Meter Run 1996 (Age 9)

Meet: R 5:32.10 1992 Shannon Martin, South Fraser

Name	Year	Team	Finals
1	261	Schmidt, Margo	96 Bella Coola Vall 6:09.30
2	6	Rerick, Carlee	96 Prince George T 7:07.30
3	469	McHale, Cassidy	96 Prince George T 7:48.80

Girls 60 Meter Hurdles 1996 (Age 9)

Meet: R 12.33 2002 Nyagoa Nguot, Prince George

Name	Year	Team	Finals
1	451	Johnny, Trezely	96 Prince George T 14.30
2	6	Rerick, Carlee	96 Prince George T 15.30
3	469	McHale, Cassidy	96 Prince George T 16.00
4	430	Gurrie, Taneil	96 Prince George T 18.80

Girls High Jump 1996 (Age 9)

Meet: R 1.18m 1992 Shannon Martin, South Fraser

Name	Year	Team	Finals
1	469	McHale, Cassidy	96 Prince George T 0.85m

Girls Long Jump 1996 (Age 9)

Meet: R 3.38m 2001 Alyx Treasure, Prince George

Name	Year	Team	Finals
1	491	Pearce, Tenley	96 Prince George T 2.93m
2	6	Rerick, Carlee	96 Prince George T 2.49m
3	261	Schmidt, Margo	96 Bella Coola Vall 2.18m
4	469	McHale, Cassidy	96 Prince George T 1.91m
5	451	Johnny, Trezely	96 Prince George T 1.78m

Girls Shot Put 2kg 1996 (Age 9)

Meet: R 5.45m 2001 Cheyenne Allan, Bella Coola

Name	Year	Team	Finals
1	469	McHale, Cassidy	96 Prince George T 4.53m
2	261	Schmidt, Margo	96 Bella Coola Vall 3.82m
3	451	Johnny, Trezely	96 Prince George T 3.70m
4	430	Gurrie, Taneil	96 Prince George T 3.42m
5	397	Carter, Emily	96 Prince George T 3.30m
6	6	Rerick, Carlee	96 Prince George T 3.01m

Girls 100 Meter Dash 1995 (Age 10)

Meet: R 13.80 1992 Natalie Jackson, Burnaby Striders

Name	Year	Team	Prelims	H#
Preliminaries				
1	376	Balazs, Emma	95 Prince George T	15.90q 1
2	15	Sigfusson, Merissa	95 Prince George T	16.10q 1
3	403	Cuthbertson, Allis	95 Prince George T	18.00q 2
4	21	Thompson, Stephane	95 Prince George T	19.50q 2
5	458	Lamothe, Justine	95 Prince George T	19.60q 2
6	7	Rerick, Cassie	95 Prince George T	19.70q 1
7	316	Alexander, Emma	95 Unattached Athle	20.70q 1
8	200	Harris, Sheri-lyn	95 Bella Coola Vall	24.50q 1

Girls 100 Meter Dash 1995 (Age 10)

Meet: R 13.80 1992 Natalie Jackson, Burnaby Striders			
Name	Year	Team	Finals
Finals			
1	376	Balazs, Emma	95 Prince George T 15.60
2	15	Sigfusson, Merissa	95 Prince George T 16.00
3	403	Cuthbertson, Allis	95 Prince George T 17.70
4	21	Thompson, Stephane	95 Prince George T 18.10
5	7	Rerick, Cassie	95 Prince George T 18.20
6	458	Lamothe, Justine	95 Prince George T 18.40
7	316	Alexander, Emma	95 Unattached Athle 20.20
8	200	Harris, Sheri-lyn	95 Bella Coola Vall 21.60

Girls 200 Meter Dash 1995 (Age 10)

Meet: R 29.40 1992 Natalie Jackson, Burnaby Striders			
Name	Year	Team	Finals
Finals			
1	376	Balazs, Emma	95 Prince George T 33.30
2	38	Wiens, Jessica	95 Prince George T 35.40
3	403	Cuthbertson, Allis	95 Prince George T 37.60
4	7	Rerick, Cassie	95 Prince George T J37.60
5	458	Lamothe, Justine	95 Prince George T 41.90
6	200	Harris, Sheri-lyn	95 Bella Coola Vall 51.30

Girls 400 Meter Run 1995 (Age 10)

Meet: R 1:08.50 1992 Natalie Jackson, Burnaby Striders			
Name	Year	Team	Finals
Finals			
1	376	Balazs, Emma	95 Prince George T 1:16.10
2	36	Wells, Alix	95 Prince George T 1:19.80
3	38	Wiens, Jessica	95 Prince George T 1:23.30
4	7	Rerick, Cassie	95 Prince George T 1:32.50
5	458	Lamothe, Justine	95 Prince George T 1:36.40
6	425	Goodrich, Abby	95 Prince George T 1:42.30

Girls 800 Meter Run 1995 (Age 10)

Meet: R 2:47.60 1992 Stephanie Huber, Richmond Kajaks			
Name	Year	Team	Finals
Finals			
1	376	Balazs, Emma	95 Prince George T 2:51.20
2	36	Wells, Alix	95 Prince George T 3:01.30
3	38	Wiens, Jessica	95 Prince George T 3:06.70
4	458	Lamothe, Justine	95 Prince George T 3:27.60

Girls 1500 Meter Run 1995 (Age 10)

Meet: R 5:42.60 1992 Stephanie Huber, Richmond Kajaks			
Name	Year	Team	Finals
Finals			
1	36	Wells, Alix	95 Prince George T 6:25.10
2	7	Rerick, Cassie	95 Prince George T 6:34.40
3	327	Olsen, Sandra	95 Sub Zero T & F C 7:17.00

Girls 60 Meter Hurdles 1995 (Age 10)

Meet: R 11.00 2001 Maddie Ferguson, Kamloops			
Name	Year	Team	Finals
Finals			
1	15	Sigfusson, Merissa	95 Prince George T 11.60
2	376	Balazs, Emma	95 Prince George T J11.60
3	403	Cuthbertson, Allis	95 Prince George T 12.80
4	458	Lamothe, Justine	95 Prince George T 14.90
5	7	Rerick, Cassie	95 Prince George T 16.50
6	21	Thompson, Stephane	95 Prince George T 17.90

7 425 Goodrich, Abby 95 Prince George T 20.30

Girls High Jump 1995 (Age 10)

=====

Meet: R 1.24m 1992 Jennifer Cook, Coquitlam

Name	Year	Team	Finals
1 15 Sigfusson, Merissa	95	Prince George T	1.14m
2 403 Cuthbertson, Allis	95	Prince George T	J1.14m
3 7 Rerick, Cassie	95	Prince George T	0.85m
3 21 Thompson, Stephane	95	Prince George T	0.85m

Girls Long Jump 1995 (Age 10)

=====

Meet: R 4.03m 1995 Jenna Lunde, Leduc, AB

Name	Year	Team	Finals
1 15 Sigfusson, Merissa	95	Prince George T	3.33m
2 36 Wells, Alix	95	Prince George T	3.27m
3 376 Balazs, Emma	95	Prince George T	3.03m
4 403 Cuthbertson, Allis	95	Prince George T	2.85m
5 458 Lamothe, Justine	95	Prince George T	2.37m
6 7 Rerick, Cassie	95	Prince George T	2.35m
7 21 Thompson, Stephane	95	Prince George T	1.95m

Girls Shot Put 4# 1995 (Age 10)

=====

Meet: R 7.12m 2001 Maddie Ferguson, Kamloops

Name	Year	Team	Finals
1 15 Sigfusson, Merissa	95	Prince George T	5.70m
2 403 Cuthbertson, Allis	95	Prince George T	5.15m
3 36 Wells, Alix	95	Prince George T	J5.15m
4 38 Wiens, Jessica	95	Prince George T	4.46m
5 505 Pearce, Temley 96	95	Prince George T	4.37m
6 458 Lamothe, Justine	95	Prince George T	4.14m
7 200 Harris, Sheri-lyn	95	Bella Coola Vall	3.63m

Girls Discus Throw 750g 1995 (Age 10)

=====

Meet: R 13.97m 2004 Phoebe Andy, Bella Coola

Name	Year	Team	Finals
1 15 Sigfusson, Merissa	95	Prince George T	9.57m
2 7 Rerick, Cassie	95	Prince George T	9.15m
3 458 Lamothe, Justine	95	Prince George T	7.36m

Girls Javelin Throw 400g 1995 (Age 10)

=====

Meet: R 13.37m 2002 Kendra Young, Fort St John

Name	Year	Team	Finals
1 403 Cuthbertson, Allis	95	Prince George T	9.34m
2 7 Rerick, Cassie	95	Prince George T	7.85m

Girls 100 Meter Dash 1994 (Age 11)

=====

Meet: R 13.50 1992 Leigh Koopman, Richmond Kajaks

Name	Year	Team	Prelims	H#
Preliminaries				
1 115 Sturm, Teresa	94	Langley Mustangs	14.80q	2
2 395 Cain, Katie	94	Prince George T	15.80q	2
3 45 Andy, Phoebe	94	Bella Coola Vall	16.20q	2
4 34 Wakabayashi, Erin	94	Prince George T	16.70q	1
5 490 Paulson, Zoë	94	Prince George T	16.90q	1
6 452 Karidio, Aisha	94	Prince George T	17.10q	1
7 40 Williams, Kelly	94	Prince George T	17.20q	1

8	429 Greer, Amy	94 Prince George T	18.30q	2
9	362 Legault, Kelsey	94 Tumbler Ridge	18.40	2
10	402 Cunningham, Brooke	94 Prince George T	19.60	1

Girls 100 Meter Dash 1994 (Age 11)

=====

Meet: R 13.50 1992 Leigh Koopman, Richmond Kajaks

Name	Year	Team	Finals
=====			
Finals			
1	115 Sturm, Teresa	94 Langley Mustangs	14.80
2	395 Cain, Katie	94 Prince George T	15.10
3	34 Wakabayashi, Erin	94 Prince George T	15.70
4	452 Karidio, Aisha	94 Prince George T	15.80
5	490 Paulson, Zoë	94 Prince George T	16.20
6	45 Andy, Phoebe	94 Bella Coola Vall	16.30
7	429 Greer, Amy	94 Prince George T	16.80
8	40 Williams, Kelly	94 Prince George T	17.30

Girls 200 Meter Dash 1994 (Age 11)

=====

Meet: R 29.20 1997 Allison Kraby, McBride

Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1	115 Sturm, Teresa	94 Langley Mustangs	31.40q	1
2	395 Cain, Katie	94 Prince George T	32.10q	2
3	452 Karidio, Aisha	94 Prince George T	32.90q	1
4	45 Andy, Phoebe	94 Bella Coola Vall	33.50q	1
5	34 Wakabayashi, Erin	94 Prince George T	34.50q	2
6	329 Popkes, Amy	94 Sub Zero T & F C	35.30q	2
6	40 Williams, Kelly	94 Prince George T	35.30q	1
8	429 Greer, Amy	94 Prince George T	37.50q	2
9	402 Cunningham, Brooke	94 Prince George T	40.20	1

Girls 200 Meter Dash 1994 (Age 11)

=====

Meet: R 29.20 1997 Allison Kraby, McBride

Name	Year	Team	Finals
=====			
Finals			
1	115 Sturm, Teresa	94 Langley Mustangs	31.40
2	395 Cain, Katie	94 Prince George T	32.10
3	452 Karidio, Aisha	94 Prince George T	32.90
4	45 Andy, Phoebe	94 Bella Coola Vall	33.50
5	34 Wakabayashi, Erin	94 Prince George T	34.50
6	329 Popkes, Amy	94 Sub Zero T & F C	35.30
7	40 Williams, Kelly	94 Prince George T	J35.30
8	429 Greer, Amy	94 Prince George T	37.50

Girls 400 Meter Run 1994 (Age 11)

=====

Meet: R 1:07.40 1992 Leigh Koopman, Richmond Kajaks

Name	Year	Team	Finals	H#
=====				
1	115 Sturm, Teresa	94 Langley Mustangs	1:13.20	2
2	490 Paulson, Zoë	94 Prince George T	1:16.10	1
3	45 Andy, Phoebe	94 Bella Coola Vall	1:17.40	1
4	329 Popkes, Amy	94 Sub Zero T & F C	1:18.00	2
5	402 Cunningham, Brooke	94 Prince George T	1:28.20	1
6	429 Greer, Amy	94 Prince George T	1:30.40	2

Girls 800 Meter Run 1994 (Age 11)

=====

Meet: R 2:45.60 1992 Kimberly Fussel, Burnaby Striders

Name	Year	Team	Finals
=====			
1	490 Paulson, Zoë	94 Prince George T	2:54.90

2	452 Karidio, Aisha	94 Prince George T	2:55.30
3	45 Andy, Phoebe	94 Bella Coola Vall	2:56.20
4	271 Helm, Corina	94 Unattached Athle	2:56.50
5	329 Popkes, Amy	94 Sub Zero T & F C	3:10.30

Girls 1500 Meter Run 1994 (Age 11)

=====
 Meet: R 5:27.90 1992 Kimberly Fussel, Burnaby Striders
 Name Year Team Finals
 =====

1	490 Paulson, Zoë	94 Prince George T	5:55.30
2	271 Helm, Corina	94 Unattached Athle	5:56.60

Girls 800 Meter Race Walk 1994 (Age 11)

=====
 Meet: R 5:16.43 1996 Marnie Thwaites, Prince George
 Name Year Team Finals
 =====

1	40 Williams, Kelly	94 Prince George T	6:00.60
2	501 McHale, Cassidy	96 Prince George T	7:15.90

Girls 60 Meter Hurdles 1994 (Age 11)

=====
 Meet: R 10.08 2000 Kaitlyn Widsten, Bella Coola
 Name Year Team Finals H#
 =====

1	115 Sturm, Teresa	94 Langley Mustangs	11.60	2
1	395 Cain, Katie	94 Prince George T	11.60	1
3	34 Wakabayashi, Erin	94 Prince George T	12.50	2
4	45 Andy, Phoebe	94 Bella Coola Vall	12.70	2
5	490 Paulson, Zoë	94 Prince George T	12.80	2
6	40 Williams, Kelly	94 Prince George T	13.10	2
7	429 Greer, Amy	94 Prince George T	13.50	1
8	329 Popkes, Amy	94 Sub Zero T & F C	13.80	1
9	402 Cunningham, Brooke	94 Prince George T	14.40	1

Girls 200 Meter Hurdles 1994 (Age 11)

=====
 Meet: R 33.00 1992 Karlyn Underahl, Victoria
 Name Year Team Finals
 =====

1	395 Cain, Katie	94 Prince George T	34.40
2	490 Paulson, Zoë	94 Prince George T	37.50
3	40 Williams, Kelly	94 Prince George T	40.70
4	402 Cunningham, Brooke	94 Prince George T	44.30

Girls High Jump 1994 (Age 11)

=====
 Meet: R 1.41m 1992 Karlyn Underdahl, Victoria
 Name Year Team Finals
 =====

1	362 Legault, Kelsey	94 Tumbler Ridge	1.30m
2	115 Sturm, Teresa	94 Langley Mustangs	1.20m
3	40 Williams, Kelly	94 Prince George T	1.05m
4	34 Wakabayashi, Erin	94 Prince George T	J1.05m
5	429 Greer, Amy	94 Prince George T	1.00m
6	329 Popkes, Amy	94 Sub Zero T & F C	J1.00m

Girls Long Jump 1994 (Age 11)

=====
 Meet: R 3.89m 1992 Karlyn Underdahl, Victoria
 Name Year Team Finals
 =====

1	115 Sturm, Teresa	94 Langley Mustangs	3.64m
2	452 Karidio, Aisha	94 Prince George T	3.05m
3	490 Paulson, Zoë	94 Prince George T	2.97m
4	395 Cain, Katie	94 Prince George T	2.94m
5	329 Popkes, Amy	94 Sub Zero T & F C	2.86m

6	45 Andy, Phoebe	94 Bella Coola Vall	J2.86m
7	34 Wakabayashi, Erin	94 Prince George T	2.84m
8	271 Helm, Corina	94 Unattached Athle	2.83m
9	429 Greer, Amy	94 Prince George T	2.73m
10	362 Legault, Kelsey	94 Tumbler Ridge	2.63m
11	40 Williams, Kelly	94 Prince George T	2.60m
12	402 Cunningham, Brooke	94 Prince George T	2.04m

Girls Triple Jump 1994 (Age 11)

Meet: R 8.40m 1992 Elena Johnsen, Nanaimo			
Name	Year	Team	Finals
1	45 Andy, Phoebe	94 Bella Coola Vall	5.56m

Girls Shot Put 2kg 1994 (Age 11)

Meet: R 7.66m 2002 Jaime Hadley, Shearwater			
Name	Year	Team	Finals
1	45 Andy, Phoebe	94 Bella Coola Vall	7.55m
2	115 Sturm, Teresa	94 Langley Mustangs	6.68m
3	429 Greer, Amy	94 Prince George T	4.93m
4	452 Karidio, Aisha	94 Prince George T	4.61m
5	362 Legault, Kelsey	94 Tumbler Ridge	3.18m

Girls Discus Throw 750g 1994 (Age 11)

Meet: R 19.14m 2001 Callan Lansdowne, Bella Coola			
Name	Year	Team	Finals
1	45 Andy, Phoebe	94 Bella Coola Vall	15.99m
2	429 Greer, Amy	94 Prince George T	10.91m

Girls Javelin Throw 400g 1994 (Age 11)

Meet: R 18.96m 2000 Kaitlyn Widsten, Bella Coola			
Name	Year	Team	Finals
1	45 Andy, Phoebe	94 Bella Coola Vall	12.37m
2	34 Wakabayashi, Erin	94 Prince George T	11.04m
3	329 Popkes, Amy	94 Sub Zero T & F C	10.01m
4	271 Helm, Corina	94 Unattached Athle	9.71m
5	362 Legault, Kelsey	94 Tumbler Ridge	9.34m
6	429 Greer, Amy	94 Prince George T	9.27m

Girls 100 Meter Dash 1993 (Age 12)

Meet: R 13.10 1992 Heather Dennis, Chilliwack			
Name	Year	Team	Finals
1	325 Roy, Bethany	93 Sub Zero T & F C	15.10
2	30 Travers, Shelby	93 Prince George T	16.00
3	16 Spooner, Megan	93 Prince George T	16.40
4	278 Pootlass, Talia	93 Bella Coola Vall	17.00
5	439 Hepburn, Taryn	93 Prince George T	17.70

Girls 200 Meter Dash 1993 (Age 12)

Meet: R 27.50 1992 Heather Dennis, Chilliwack			
Name	Year	Team	Finals
1	325 Roy, Bethany	93 Sub Zero T & F C	30.00
2	30 Travers, Shelby	93 Prince George T	32.70
3	278 Pootlass, Talia	93 Bella Coola Vall	34.00
4	16 Spooner, Megan	93 Prince George T	34.80
5	392 Brunn, Stephanie	93 Prince George T	36.00

Girls 400 Meter Run 1993 (Age 12)

Meet: R 1:06.40 1992				Necolle Binnie, Trail	
Name	Year	Team		Finals	
1	30	Travers, Shelby	93	Prince George T	1:15.00
2	3	Reimer, Kirsten	93	Prince George T	1:17.20
3	20	Taylor, Tamara	93	Prince George T	1:19.50

Girls 800 Meter Run 1993 (Age 12)

Meet: R 2:29.40 1992				Kristina Andersen, South Fraser	
Name	Year	Team		Finals	
1	20	Taylor, Tamara	93	Prince George T	3:02.00
2	3	Reimer, Kirsten	93	Prince George T	3:03.20
3	30	Travers, Shelby	93	Prince George T	3:25.80

Girls 1500 Meter Run 1993 (Age 12)

Meet: R 5:15.10 1992				Kristina Andersen, South Fraser	
Name	Year	Team		Finals	
1	20	Taylor, Tamara	93	Prince George T	6:13.00
2	322	Farwell, Emma	93	Sub Zero T & F C	6:26.00
3	439	Hepburn, Taryn	93	Prince George T	7:53.10

Girls 800 Meter Race Walk 1993 (Age 12)

Meet: R 4:56.15 2000				Megan Crawley, Prince George	
Name	Year	Team		Finals	
1	392	Brunn, Stephanie	93	Prince George T	5:55.30

Girls 80 Meter Hurdles 1993 (Age 12)

Meet: R 13.10 1992				Tamsin Anstey, Norwesters	
Name	Year	Team		Finals	
1	325	Roy, Bethany	93	Sub Zero T & F C	15.50
2	439	Hepburn, Taryn	93	Prince George T	18.10
3	322	Farwell, Emma	93	Sub Zero T & F C	18.50

Girls 200 Meter Hurdles 1993 (Age 12)

Meet: R 30.60 1992				Tamsin Anstey, Norwesters	
Name	Year	Team		Finals	
1	439	Hepburn, Taryn	93	Prince George T	33.00
2	322	Farwell, Emma	93	Sub Zero T & F C	40.70

Girls High Jump 1993 (Age 12)

Meet: R 1.45m 2004				Alyx Treasure, Prince George	
Name	Year	Team		Finals	
1	322	Farwell, Emma	93	Sub Zero T & F C	1.15m
2	20	Taylor, Tamara	93	Prince George T	1.10m
3	439	Hepburn, Taryn	93	Prince George T	1.05m

Girls Long Jump 1993 (Age 12)

Meet: R 4.24m 1992				Tamsin Anstey, Norwesters	
Name	Year	Team		Finals	
1	325	Roy, Bethany	93	Sub Zero T & F C	4.17m
2	322	Farwell, Emma	93	Sub Zero T & F C	3.20m
3	392	Brunn, Stephanie	93	Prince George T	3.13m

4	439 Hepburn, Taryn	93	Prince George T	2.70m
5	198 Harris, Felicia	93	Bella Coola Vall	2.23m

Girls Triple Jump 1993 (Age 12)

Meet: R 9.54m 2004 Alyx Treasure, Prince George				
Name	Year	Team		Finals
1	325 Roy, Bethany	93	Sub Zero T & F C	7.53m
2	20 Taylor, Tamara	93	Prince George T	6.34m
3	16 Spooner, Megan	93	Prince George T	6.21m
4	439 Hepburn, Taryn	93	Prince George T	5.56m
5	198 Harris, Felicia	93	Bella Coola Vall	5.30m

Girls Shot Put 3kg 1993 (Age 12)

Meet: R 8.94m 2000 Hayley Hills, Quesnel				
Name	Year	Team		Finals
1	30 Travers, Shelby	93	Prince George T	6.07m
2	278 Pootlass, Talia	93	Bella Coola Vall	5.93m
3	392 Brunn, Stephanie	93	Prince George T	5.46m
4	198 Harris, Felicia	93	Bella Coola Vall	5.31m
5	3 Reimer, Kirsten	93	Prince George T	4.63m

Girls Discus Throw 1kg 1993 (Age 12)

Meet: R 23.29m 1992 Jillian Renouf, Richmond Kajaks				
Name	Year	Team		Finals
1	325 Roy, Bethany	93	Sub Zero T & F C	20.57m
2	503 Andy, Phoebe	94	Bella Coola Vall	15.60m
3	30 Travers, Shelby	93	Prince George T	12.37m
4	322 Farwell, Emma	93	Sub Zero T & F C	12.26m
5	392 Brunn, Stephanie	93	Prince George T	10.73m
6	198 Harris, Felicia	93	Bella Coola Vall	9.43m

Girls Javelin Throw 600g 1993 (Age 12)

Meet: R 25.10m 2002 Annika Granander, Bella Coola				
Name	Year	Team		Finals
1	30 Travers, Shelby	93	Prince George T	17.60m
2	392 Brunn, Stephanie	93	Prince George T	17.32m
3	278 Pootlass, Talia	93	Bella Coola Vall	16.10m
4	16 Spooner, Megan	93	Prince George T	16.06m
5	322 Farwell, Emma	93	Sub Zero T & F C	12.34m
6	198 Harris, Felicia	93	Bella Coola Vall	12.00m
7	3 Reimer, Kirsten	93	Prince George T	9.82m
8	20 Taylor, Tamara	93	Prince George T	8.66m
9	439 Hepburn, Taryn	93	Prince George T	7.54m

Girls 100 Meter Dash 1992 (Age 13)

Meet: R 12.50 1992 Yolande Gaynes, South Fraser				
Name	Year	Team		Finals
1	31 Treasure, Alyx	92	Prince George T	14.00
2	283 Breault, MacKenzie	92	Dawson Creek	14.40
3	353 Mensah, Ainsleigh	92	Terrace Track &	15.60
4	372 Abelson, Zoë	92	Prince George T	17.20
5	363 Legault, Danielle	92	Tumbler Ridge	17.90

Girls 200 Meter Dash 1992 (Age 13)

Meet: R 26.30 1992 Hazel Hanson-Monnie, Coquitlam				
Name	Year	Team		Finals

1	326	Burke, Bechah	92	Sub Zero T & F C	30.60
2	283	Breault, MacKenzie	92	Dawson Creek	30.80
3	353	Mensah, Ainsleigh	92	Terrace Track &	31.00
4	314	Martineau, Kelsey	92	Unattached Athle	31.70
5	2	Ravening, Kristina	92	Prince George T	34.50

Girls 400 Meter Run 1992 (Age 13)

=====
Meet: R 59.40 1995 Janice Zawaski, Leduc, AB
Name Year Team Finals
=====

1	326	Burke, Bechah	92	Sub Zero T & F C	1:05.10
2	323	Farwell, Kaitlyn	92	Sub Zero T & F C	1:09.20
3	353	Mensah, Ainsleigh	92	Terrace Track &	1:11.20
4	354	Haynes, Lynsey	92	Terrace Track &	1:12.40
5	314	Martineau, Kelsey	92	Unattached Athle	1:12.70
6	373	Andersen, Skye	92	Prince George T	1:31.90

Girls 800 Meter Run 1992 (Age 13)

=====
Meet: R 2:28.50 1995 Janice Zawaski, Leduc, AB
Name Year Team Finals
=====

1	354	Haynes, Lynsey	92	Terrace Track &	2:55.90
2	314	Martineau, Kelsey	92	Unattached Athle	2:56.20

Girls 1500 Meter Run 1992 (Age 13)

=====
Meet: R 5:16.22 1994 Heidi Nusse, Valemount
Name Year Team Finals
=====

1	282	Miller, Hannah	92	Dawson Creek	6:15.60
2	354	Haynes, Lynsey	92	Terrace Track &	6:20.00

Girls 80 Meter Hurdles 1992 (Age 13)

=====
Meet: R 13.30 1992 Elna Wang, Vancouver
Name Year Team Finals
=====

1	31	Treasure, Alyx	92	Prince George T	14.70
2	282	Miller, Hannah	92	Dawson Creek	18.50

Girls High Jump 1992 (Age 13)

=====
Meet: R 1.48m 1992 Lisa Higgins, Smithers
Name Year Team Finals
=====

1	31	Treasure, Alyx	92	Prince George T	1.59mR
2	323	Farwell, Kaitlyn	92	Sub Zero T & F C	1.50mR

Girls Long Jump 1992 (Age 13)

=====
Meet: R 4.51m 1993 Deanna Wasnik, Prince George
Name Year Team Finals
=====

1	31	Treasure, Alyx	92	Prince George T	4.60mR
2	323	Farwell, Kaitlyn	92	Sub Zero T & F C	4.48m
3	354	Haynes, Lynsey	92	Terrace Track &	3.94m
4	353	Mensah, Ainsleigh	92	Terrace Track &	3.60m
5	104	Blewett, Stephanie	92	Bella Coola Vall	3.29m
6	283	Breault, MacKenzie	92	Dawson Creek	3.24m
7	282	Miller, Hannah	92	Dawson Creek	2.93m

Girls Triple Jump 1992 (Age 13)

=====
Meet: R 9.71m 2000 Kate Borden, Prince George
Name Year Team Finals
=====

1	31	Treasure, Alyx	92	Prince George T	9.51m
2	104	Blewett, Stephanie	92	Bella Coola Vall	7.80m
3	314	Martineau, Kelsey	92	Unattached Athle	7.32m
4	372	Abelson, Zoë	92	Prince George T	7.18m

Girls Shot Put 3kg 1992 (Age 13)

=====					
Meet: R 10.71m 1998 Maria Stinson, Prince George					
Name		Year Team		Finals	
=====					
1	323	Farwell, Kaitlyn	92	Sub Zero T & F C	7.38m
2	326	Burke, Bechah	92	Sub Zero T & F C	7.20m
3	373	Andersen, Skye	92	Prince George T	6.84m
4	104	Blewett, Stephanie	92	Bella Coola Vall	6.68m
5	2	Ravening, Kristina	92	Prince George T	6.14m

Girls Discus Throw 1kg 1992 (Age 13)

=====					
Meet: R 27.88m 2000 Jesse MacKay, Prince George					
Name		Year Team		Finals	
=====					
1	323	Farwell, Kaitlyn	92	Sub Zero T & F C	20.43m
2	42	Kipp, Katarina	92	Prince George T	14.37m
3	104	Blewett, Stephanie	92	Bella Coola Vall	13.93m
4	2	Ravening, Kristina	92	Prince George T	13.87m

Girls Hammer Throw 3kg 1992 (Age 13)

=====					
Meet: R 29.26m 2003 Jessica Malo, Bella Coola					
Name		Year Team		Finals	
=====					
1	2	Ravening, Kristina	92	Prince George T	16.70m
2	104	Blewett, Stephanie	92	Bella Coola Vall	12.61m

Girls Javelin Throw 600g 1992 (Age 13)

=====					
Meet: R 32.00m 2003 Annika Granander, Bella Coola					
Name		Year Team		Finals	
=====					
1	323	Farwell, Kaitlyn	92	Sub Zero T & F C	27.30m
2	31	Treasure, Alyx	92	Prince George T	21.76m
3	2	Ravening, Kristina	92	Prince George T	17.82m
4	373	Andersen, Skye	92	Prince George T	17.32m
5	363	Legault, Danielle	92	Tumbler Ridge	11.48m

Girls 100 Meter Dash 1991 (Age 14)

=====						
Meet: R 12.40 1992 Alita Parisotto, Trail						
Name		Year Team	Prelims	H#		
=====						
Preliminaries						
1	358	Ames, Jessica	91	Terrace Track &	13.90q	2
2	19	Taylor, Jori	91	Prince George T	14.00q	2
3	280	Kurjata, Naomi	91	Dawson Creek	14.40q	1
4	279	Nunweiler, Chelsea	91	Dawson Creek	14.70q	2
5	277	Lukac, Alexandra	91	Dawson Creek	15.10q	1
6	361	Parks, Deidrea	91	Unattached Athle	15.40q	2
7	324	Roy, Jenna	91	Sub Zero T & F C	16.50q	1
8	281	Apps, Laurel	91	Dawson Creek	16.60q	1
9	273	Tolway, Carlee	91	Dawson Creek	17.00	1
9	321	Bilodeau, Jolea	91	Sub Zero T & F C	17.00	2
11	258	Patrick, Sasha	91	Bella Coola Vall	18.40	1

Girls 100 Meter Dash 1991 (Age 14)

=====				
Meet: R 12.40 1992 Alita Parisotto, Trail				
Name		Year Team		Finals
=====				

Finals

1	19 Taylor, Jori	91 Prince George T	13.80
2	358 Ames, Jessica	91 Terrace Track &	13.90
3	280 Kurjata, Naomi	91 Dawson Creek	14.30
4	361 Parks, Deidrea	91 Unattached Athle	14.80
5	279 Nunweiler, Chelsea	91 Dawson Creek	14.90
6	277 Lukac, Alexandra	91 Dawson Creek	15.00
7	324 Roy, Jenna	91 Sub Zero T & F C	15.60
8	281 Apps, Laurel	91 Dawson Creek	15.70

Girls 200 Meter Dash 1991 (Age 14)

Meet: R 26.00 1992 Alita Parisotto, Trail

Name	Year	Team	Finals
1	358 Ames, Jessica	91 Terrace Track &	29.60
2	361 Parks, Deidrea	91 Unattached Athle	31.60
3	281 Apps, Laurel	91 Dawson Creek	33.50

Girls 400 Meter Run 1991 (Age 14)

Meet: R 1:00.50 1995 Tanya Wright, Leduc, AB

Name	Year	Team	Finals
1	358 Ames, Jessica	91 Terrace Track &	1:05.20
2	317 Blezard, Leah	91 Correlieu Second	1:08.70
3	379 Bartell, Larissa	91 Prince George T	1:09.10
4	396 Campbell, Chantell	91 Unattached Athle	1:12.60
5	258 Patrick, Sasha	91 Bella Coola Vall	1:30.60

Girls 800 Meter Run 1991 (Age 14)

Meet: R 2:24.90 1992 Amy Teer, Abbotsford

Name	Year	Team	Finals
1	22 Thornhill, Alexis	91 Prince George T	2:41.30
2	379 Bartell, Larissa	91 Prince George T	2:43.00
3	475 Newman, Jillian	91 Prince George T	2:43.40
4	258 Patrick, Sasha	91 Bella Coola Vall	3:36.40

Girls 1500 Meter Run 1991 (Age 14)

Meet: R 5:04.77 2000 Julianna Nusse, Valemount

Name	Year	Team	Finals
1	22 Thornhill, Alexis	91 Prince George T	5:23.00
2	475 Newman, Jillian	91 Prince George T	5:27.30
3	379 Bartell, Larissa	91 Prince George T	5:34.50
4	396 Campbell, Chantell	91 Unattached Athle	5:57.10

Girls 3000 Meter Run 1991 (Age 14)

Meet: R 11:09.80 1992 Meredith Kaplycz, Nanaimo

Name	Year	Team	Finals
1	475 Newman, Jillian	91 Prince George T	12:27.90

Girls 1500 Meter Race Walk 1991 (Age 14)

Meet: R 8:51.92 2000 Stephanie Soderquist, Fort St John

Name	Year	Team	Finals
1	519 Travers, Shelby	91 Unattached Athle	11:24.20
2	523 Reimer, Kirten	91 Unattached Athle	11:25.30
3	516 McHale, Cassidy	91 Unattached Athle	11:30.10
4	514 Rerick, Cassie	91 Unattached Athle	11:30.50
5	520 Taylor, Tamara	91 Unattached Athle	11:31.00
6	517 Rerick, Carly	91 Unattached Athle	12:02.80

7	258 Patrick, Sasha	91	Bella Coola Vall	12:09.50
8	511 Newman, Cheyenne	91	Unattached Athle	12:10.00

Girls 80 Meter Hurdles 1991 (Age 14)

Meet: R 12.30 1992				
Roberta Wagenstein, Comox				
Name	Year	Team		Finals
1	279	Nunweiler, Chelsea	91 Dawson Creek	14.50
2	317	Bleazard, Leah	91 Correlieu Second	14.80
3	358	Ames, Jessica	91 Terrace Track &	15.50
4	280	Kurjata, Naomi	91 Dawson Creek	16.10
5	277	Lukac, Alexandra	91 Dawson Creek	16.90
6	273	Tolway, Carlee	91 Dawson Creek	17.70

Girls 300 Meter Hurdles 1991 (Age 14)

Meet: R 48.90 1992				
Kathleen Cagna, Saltspring				
Name	Year	Team		Finals
1	280	Kurjata, Naomi	91 Dawson Creek	51.80
2	277	Lukac, Alexandra	91 Dawson Creek	58.20
3	504	Miller, Hannah	92 Dawson Creek	1:06.80

Girls 1500 Meter Steeplechase 1991 (Age 14)

Meet: R 5:48.98 2003				
Emily Palibroda, Fort St John				
Name	Year	Team		Finals
1	22	Thornhill, Alexis	91 Prince George T	6:07.90
2	258	Patrick, Sasha	91 Bella Coola Vall	8:27.70

Girls High Jump 1991 (Age 14)

Meet: R 1.62m 1992				
Sarah McDiarmid, Richmond Kajaks				
Name	Year	Team		Finals
1	22	Thornhill, Alexis	91 Prince George T	1.35m
2	317	Bleazard, Leah	91 Correlieu Second	J1.35m
3	19	Taylor, Jori	91 Prince George T	1.30m
4	361	Parks, Deidrea	91 Unattached Athle	1.20m
5	280	Kurjata, Naomi	91 Dawson Creek	J1.20m
6	281	Apps, Laurel	91 Dawson Creek	1.15m
7	277	Lukac, Alexandra	91 Dawson Creek	J1.15m

Girls Long Jump 1991 (Age 14)

Meet: R 5.09m 1993				
Megan Wiebe, Prince George				
Name	Year	Team		Finals
1	358	Ames, Jessica	91 Terrace Track &	4.13m
2	279	Nunweiler, Chelsea	91 Dawson Creek	3.93m
3	361	Parks, Deidrea	91 Unattached Athle	3.92m
4	281	Apps, Laurel	91 Dawson Creek	2.94m
5	258	Patrick, Sasha	91 Bella Coola Vall	2.79m
6	273	Tolway, Carlee	91 Dawson Creek	2.73m

Girls Triple Jump 1991 (Age 14)

Meet: R 10.56m 1992				
Amy Perreault, Trail				
Name	Year	Team		Finals
1	317	Bleazard, Leah	91 Correlieu Second	8.92m
2	22	Thornhill, Alexis	91 Prince George T	8.66m
3	279	Nunweiler, Chelsea	91 Dawson Creek	8.47m
4	19	Taylor, Jori	91 Prince George T	8.10m
5	321	Bilodeau, Jolea	91 Sub Zero T & F C	6.94m
6	258	Patrick, Sasha	91 Bella Coola Vall	6.02m

Girls Shot Put 3kg 1991 (Age 14)

Meet: R 11.05m 2001				Kate Borden, Prince George	
Name	Year	Team		Finals	
1	55	Hydamacka, Jenna	91	Correliou Second	8.30m
2	461	Maida-Rorstrom, As	91	Prince George T	7.36m
3	324	Roy, Jenna	91	Sub Zero T & F C	7.33m
4	273	Tolway, Carlee	91	Dawson Creek	6.53m

Girls Discus Throw 1kg 1991 (Age 14)

Meet: R 25.31m 2004				Sarah Blewett, Bella Coola	
Name	Year	Team		Finals	
1	55	Hydamacka, Jenna	91	Correliou Second	23.01m
2	324	Roy, Jenna	91	Sub Zero T & F C	21.13m
3	321	Bilodeau, Jolea	91	Sub Zero T & F C	17.49m
4	56	Phillips, Cassandr	91	Correliou Second	17.04m
5	358	Ames, Jessica	91	Terrace Track &	16.66m
6	461	Maida-Rorstrom, As	91	Prince George T	16.00m

Girls Hammer Throw 3kg 1991 (Age 14)

Meet: R 32.23m 2004				Jessica Malo, Bella Coola	
Name	Year	Team		Finals	
1	55	Hydamacka, Jenna	91	Correliou Second	29.92m
2	56	Phillips, Cassandr	91	Correliou Second	19.49m

Girls Javelin Throw 600g 1991 (Age 14)

Meet: R 27.05m 2004				Annika Granander, Bella Coola	
Name	Year	Team		Finals	
1	19	Taylor, Jori	91	Prince George T	18.59m
2	324	Roy, Jenna	91	Sub Zero T & F C	13.71m
3	321	Bilodeau, Jolea	91	Sub Zero T & F C	13.54m
4	56	Phillips, Cassandr	91	Correliou Second	13.23m

Girls 100 Meter Dash 1990 (Age 15)

Meet: R 12.40 1992				Tricia Clarke, Coquitlam	
Name	Year	Team		Finals	
1	123	Flegel, Lisa	90	Bella Coola Vall	14.80
2	52	Wyllie, Jessie	90	Track 54.50	15.30

Girls 200 Meter Dash 1990 (Age 15)

Meet: R 25.80 1992				Tricia Clarke, Coquitlam	
Name	Year	Team		Finals	
1	338	Mesic, Kaleigh	90	John McInnes Jun	28.20
2	53	Kryschuk, Erin	90	Unattached Athle	28.50
3	446	Ireland, Katie	90	Prince George T	30.80

Girls 400 Meter Run 1990 (Age 15)

Meet: R 1:00.00 1997				Farrah Kohorst, Prince George	
Name	Year	Team		Finals	
1	53	Kryschuk, Erin	90	Unattached Athle	1:05.20
2	350	Cater, Marlee	90	Terrace Track &	1:09.70
3	268	Forseille, Angela	90	Unattached Athle	1:11.50
4	285	Miller, Pamela	90	Dawson Creek	1:16.20

Girls 800 Meter Run 1990 (Age 15)

Meet: R 2:25.90 1998 Justine Boulin, Quesnel			
Name	Year	Team	Finals
1	350	Cater, Marlee	90 Terrace Track & 2:45.80
2	53	Kryschuk, Erin	90 Unattached Athle 2:46.00
3	446	Ireland, Katie	90 Prince George T 2:47.70
4	268	Forseille, Angela	90 Unattached Athle 2:50.80
5	252	Malo, Jessica	90 Bella Coola Vall 2:58.50

Girls 1500 Meter Run 1990 (Age 15)

Meet: R 4:57.70 1998 Justine Boulin, Quesnel			
Name	Year	Team	Finals
1	350	Cater, Marlee	90 Terrace Track & 6:04.00
2	268	Forseille, Angela	90 Unattached Athle 6:15.80

Girls 3000 Meter Run 1990 (Age 15)

Meet: R 10:47.50 1998 Justine Boulin, Quesnel			
Name	Year	Team	Finals
1	268	Forseille, Angela	90 Unattached Athle 13:14.90
2	460	Loseth, Kristen	90 Prince George T 14:12.60

Girls 80 Meter Hurdles 1990 (Age 15)

Meet: R 12.60 1992 Jeeanne McLim, Trail			
Name	Year	Team	Finals
1	284	Hetenyi, Tiffany	90 Dawson Creek 16.10
2	286	Hopkins, Yvonne	90 Dawson Creek 16.20

Girls 300 Meter Hurdles 1990 (Age 15)

Meet: R 47.30 1992 Jeannette Vandenburg, Victoria			
Name	Year	Team	Finals
1	268	Forseille, Angela	90 Unattached Athle 58.00
2	286	Hopkins, Yvonne	90 Dawson Creek 1:00.00
3	285	Miller, Pamela	90 Dawson Creek 1:01.40

Girls 1500 Meter Steeplechase 1990 (Age 15)

Meet: R 5:49.52 2003 Sara Irvine, Dawson Creek			
Name	Year	Team	Finals
1	268	Forseille, Angela	90 Unattached Athle 6:56.80

Girls High Jump 1990 (Age 15)

Meet: R 1.60m 2003 Hayley Hills, Quesnel			
Name	Year	Team	Finals
1	285	Miller, Pamela	90 Dawson Creek 1.20m
2	286	Hopkins, Yvonne	90 Dawson Creek J1.20m

Girls Long Jump 1990 (Age 15)

Meet: R 5.05m 1992 Joanne Armout, Laser Track			
Name	Year	Team	Finals
1	123	Flegel, Lisa	90 Bella Coola Vall 3.64m
2	286	Hopkins, Yvonne	90 Dawson Creek J3.64m
3	284	Hetenyi, Tiffany	90 Dawson Creek 3.60m
4	49	Blewett, Sarah	90 Bella Coola Vall 3.57m

5	252 Malo, Jessica	90	Bella Coola Vall	3.44m
6	285 Miller, Pamela	90	Dawson Creek	3.34m

Girls Triple Jump 1990 (Age 15)

Meet: R 10.98m 1994 Sarah Brown, Quesnel				
Name	Year	Team		Finals
1	123 Flegel, Lisa	90	Bella Coola Vall	8.76m
2	53 Kryschuk, Erin	90	Unattached Athle	8.59m
3	49 Blewett, Sarah	90	Bella Coola Vall	8.03m
4	284 Hetenyi, Tiffany	90	Dawson Creek	8.01m
5	127 Granander, Annika	90	Bella Coola Vall	7.99m

Girls Shot Put 3kg 1990 (Age 15)

Meet: R 10.89m 1998 Chantelle Saunders, Bella Coola				
Name	Year	Team		Finals
1	351 Boswell, Kate	90	Terrace Track &	8.08m
2	287 Chabot, Paige	90	Dawson Creek	7.82m
3	49 Blewett, Sarah	90	Bella Coola Vall	7.80m
4	252 Malo, Jessica	90	Bella Coola Vall	7.77m
5	294 Coutts, Jennifer	90	Dawson Creek	6.35m

Girls Discus Throw 1kg 1990 (Age 15)

Meet: R 31.08m 2002 Kate Borden, Prince George				
Name	Year	Team		Finals
1	127 Granander, Annika	90	Bella Coola Vall	23.91m
2	123 Flegel, Lisa	90	Bella Coola Vall	23.24m
3	351 Boswell, Kate	90	Terrace Track &	20.73m
4	49 Blewett, Sarah	90	Bella Coola Vall	20.70m
5	287 Chabot, Paige	90	Dawson Creek	18.42m
6	262 Sissons, Patricia	90	Bella Coola Vall	18.09m
7	294 Coutts, Jennifer	90	Dawson Creek	16.89m

Girls Hammer Throw 3kg 1990 (Age 15)

Meet: R 41.72m 2004 Angie-Lynn Dalin, Kamloops				
Name	Year	Team		Finals
1	252 Malo, Jessica	90	Bella Coola Vall	36.07m
2	49 Blewett, Sarah	90	Bella Coola Vall	33.45m
3	287 Chabot, Paige	90	Dawson Creek	27.56m
4	53 Kryschuk, Erin	90	Unattached Athle	20.76m
5	294 Coutts, Jennifer	90	Dawson Creek	18.97m
6	123 Flegel, Lisa	90	Bella Coola Vall	18.96m

Girls Javelin Throw 600g 1990 (Age 15)

Meet: R 33.19m 1999 Roxanne Marshall, Fort St James				
Name	Year	Team		Finals
1	53 Kryschuk, Erin	90	Unattached Athle	24.53m
2	127 Granander, Annika	90	Bella Coola Vall	24.31m
3	351 Boswell, Kate	90	Terrace Track &	23.96m
4	262 Sissons, Patricia	90	Bella Coola Vall	18.69m
5	287 Chabot, Paige	90	Dawson Creek	17.58m
6	446 Ireland, Katie	90	Prince George T	17.42m
7	294 Coutts, Jennifer	90	Dawson Creek	10.71m

Girls 100 Meter Dash Juvenile (Age 16-17)

Meet: R 12.34 2002 C Borowsky/L McGregor, Kamloops/MacKenzie				
Name	Year	Team	Prelims	H#

Preliminaries

1	367 Froese, Aliesha	88 Sub Zero T & F C	12.90q	2
2	401 Crawley, Megan	88 Prince George T	13.30q	2
3	201 Jackson, Adrianna	89 Bella Coola Vall	13.70q	1
4	343 Cater, Robyn	88 Terrace Track &	13.90q	1
5	357 Bachek, Danis	89 Terrace Track &	14.00q	2
6	472 Morton, Amy	89 Prince George T	14.20q	2
7	400 Chow, Darrien	89 Prince George T	14.60q	1
8	344 Bingham, Britt	89 Terrace Track &	14.90q	1
9	345 Lewis, Janet	89 Terrace Track &	15.30	1

Girls 100 Meter Dash Juvenile (Age 16-17)

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Meet: R 12.34 2002 C Borowsky/L McGregor, Kamloops/MacKenzie

Name	Year Team	Finals
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Finals

1	357 Bachek, Danis	89 Terrace Track &	12.60
2	367 Froese, Aliesha	88 Sub Zero T & F C	12.80
3	401 Crawley, Megan	88 Prince George T	13.00
4	201 Jackson, Adrianna	89 Bella Coola Vall	13.20
5	343 Cater, Robyn	88 Terrace Track &	13.40
6	400 Chow, Darrien	89 Prince George T	13.70

Girls 200 Meter Dash Juvenile (Age 16-17)

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Meet: R 25.47 1998 Luci McGregor, MacKenzie

Name	Year Team	Finals
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1	401 Crawley, Megan	88 Prince George T	27.00
2	383 Bennell, Tanis	89 Prince George T	J27.00
3	201 Jackson, Adrianna	89 Bella Coola Vall	27.30
4	357 Bachek, Danis	89 Terrace Track &	27.70
5	343 Cater, Robyn	88 Terrace Track &	27.90
6	345 Lewis, Janet	89 Terrace Track &	28.00

Girls 400 Meter Run Juvenile (Age 16-17)

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Meet: R 58.26 1999 Farrah Kohorst, Prince George

Name	Year Team	Finals
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1	343 Cater, Robyn	88 Terrace Track &	1:08.10
2	292 Irvine, Sara	88 Dawson Creek	1:08.30
3	289 Apps, Heather	88 Dawson Creek	1:12.20

Girls 800 Meter Run Juvenile (Age 16-17)

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Meet: R 2:18.40 1999 Justine Boulin, Quesnel

Name	Year Team	Finals
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1	401 Crawley, Megan	88 Prince George T	2:28.90
2	328 Palibroda, Emily	89 Sub Zero T & F C	2:34.50
3	465 Martinson, Melissa	89 Prince George T	2:41.50
4	9 Ritchie, Jessica	89 Prince George T	2:44.90

Girls 1500 Meter Run Juvenile (Age 16-17)

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Meet: R 4:40.00 1999 Justine Boulin, Quesnel

Name	Year Team	Finals
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1	44 Martin, Samantha	89 Prince George T	5:24.80
2	465 Martinson, Melissa	89 Prince George T	5:40.10
3	275 Palumbo, Brittany	89 Prince George T	5:41.20
4	319 Thorp, Alison	88 Kelly Road Secon	6:15.50
5	320 Rogers, Katie	88 Kelly Road Secon	6:16.20

Girls 100 Meter Hurdles Juvenile (Age 16-17)

=====

Meet: R 14.22 2001 Bevin Kennelly, Quesnel

Name	Year	Team	Finals
1 357 Bachek, Danis	89	Terrace Track &	14.40
2 345 Lewis, Janet	89	Terrace Track &	18.20

Girls 400 Meter Hurdles Juvenile (Age 16-17)

Meet: R 1:05.20 1991 Ardin Harrison, Kelowna

Name	Year	Team	Finals
1 357 Bachek, Danis	89	Terrace Track &	1:12.10
2 288 Lukac, Larissa	89	Dawson Creek	1:14.30

Girls 1500 Meter Steeplechase Juvenile (Age 16-17)

Meet: R 5:25.78 2001 Bevin Kennelly, Quesnel

Name	Year	Team	Finals
1 328 Palibroda, Emily	89	Sub Zero T & F C	5:50.70
2 288 Lukac, Larissa	89	Dawson Creek	5:53.70
3 292 Irvine, Sara	88	Dawson Creek	6:18.20

Girls High Jump Juvenile (Age 16-17)

Meet: R 1.63m 2001 Brenda Adkins, Kamloops

Name	Year	Team	Finals
1 319 Thorp, Alison	88	Kelly Road Secon	1.32m

Girls Pole Vault Juvenile (Age 16-17)

Meet: R 3.10m 2000 Sachiko Takahashki, Kamloops

Name	Year	Team	Finals
1 47 Irvine, Stacey	89	Track 54.50	3.20mR
2 46 Rutley, Erica	89	Track 54.50	3.10mR
3 288 Lukac, Larissa	89	Dawson Creek	2.30m

Girls Long Jump Juvenile (Age 16-17)

Meet: R 4.95m 2002 Cristyn Borowsky, Kamloops

Name	Year	Team	Finals
1 201 Jackson, Adrianna	89	Bella Coola Vall	4.60m
2 357 Bachek, Danis	89	Terrace Track &	4.51m
3 344 Bingham, Britt	89	Terrace Track &	4.40m
4 288 Lukac, Larissa	89	Dawson Creek	4.32m
5 343 Cater, Robyn	88	Terrace Track &	4.11m
6 339 Beaulieu, Kadie	89	John McInnes Jun	3.85m
7 383 Bennell, Tanis	89	Prince George T	3.82m
8 345 Lewis, Janet	89	Terrace Track &	3.76m
9 472 Morton, Amy	89	Prince George T	3.75m
10 356 Horvatic, Mona	89	Terrace Track &	3.71m
11 445 Ireland, Julianna	89	Prince George T	3.61m

Girls Triple Jump Juvenile (Age 16-17)

Meet: R 10.66m 1998 Farrah Kohorst, Prince George

Name	Year	Team	Finals
1 343 Cater, Robyn	88	Terrace Track &	9.43m
2 445 Ireland, Julianna	89	Prince George T	9.05m
3 288 Lukac, Larissa	89	Dawson Creek	8.73m
4 328 Palibroda, Emily	89	Sub Zero T & F C	8.49m
5 319 Thorp, Alison	88	Kelly Road Secon	8.18m

Girls Shot Put 4kg Juvenile (Age 16-17)

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 Meet: R 10.11m 2002 Alia Dalin, Kamloops
 Name Year Team Finals
 =====

1	5 Masich, Randi	89 Prince George T	7.80m
2	201 Jackson, Adrianna	89 Bella Coola Vall	6.84m
3	356 Horvatic, Mona	89 Terrace Track &	J6.84m
4	346 Peltier, Amy	89 Terrace Track &	6.69m

Girls Discus Throw 1kg Juvenile (Age 16-17)

=====
 Meet: R 32.56m 2000 Tenille Hunter, Kamloops
 Name Year Team Finals
 =====

1	356 Horvatic, Mona	89 Terrace Track &	17.71m
2	346 Peltier, Amy	89 Terrace Track &	16.32m

Girls Hammer Throw 4kg Juvenile (Age 16-17)

=====
 Meet: R 41.76m 2000 Tenille Hunter, Kamloops
 Name Year Team Finals
 =====

1	201 Jackson, Adrianna	89 Bella Coola Vall	17.31m
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Girls Javelin Throw 600g Juvenile (Age 16-17)

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 Meet: R 37.84m 1994 Christine Deverson, Fort St James
 Name Year Team Finals
 =====

1	344 Bingham, Britt	89 Terrace Track &	25.98m
2	5 Masich, Randi	89 Prince George T	25.54m
3	328 Palibroda, Emily	89 Sub Zero T & F C	21.98m
4	319 Thorp, Alison	88 Kelly Road Secon	19.23m
5	346 Peltier, Amy	89 Terrace Track &	19.03m
6	356 Horvatic, Mona	89 Terrace Track &	15.32m

Girls 100 Meter Dash Open (Jun/Sen/Mst)

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 Name Year Team Finals
 =====

1	290 Hetenyi, Melissa	87 Dawson Creek	14.30
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Girls 3000 Meter Run Open (Jun/Sen/Mst)

=====
 Name Year Team Finals
 =====

1	365 Becker, Jen	83 Tumbler Ridge	12:27.90
2	18 Swift, Meghan	87 Prince George T	12:30.70

Girls 100 Meter Hurdles Open (Jun/Sen/Mst)

=====
 Name Year Team Finals
 =====

1	290 Hetenyi, Melissa	87 Dawson Creek	18.50
2	365 Becker, Jen	83 Tumbler Ridge	23.00

Girls 1500 Meter Steeplechase Open (Jun/Sen/Mst)

=====
 Meet: R 4:45.28 1997 Lori Penner
 Name Year Team Finals
 =====

1	454 Kennelly, Bevin	84 Prince George T	5:11.30
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Girls High Jump Open (Jun/Sen/Mst)

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 Name Year Team Finals
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1	291 Oldfield, Ami	87 Dawson Creek	1.35m
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Girls 100 Meter Dash Age 6 - 7 Rascals

Name	Year	Team	Prelims	H#
Preliminaries				
1	35	Wankling, Samantha	98 Prince George T	21.80q 2
1	413	Erricson, Nicola	98 Prince George T	21.80q 2
3	436	Hekkema, Caprice	98 Prince George T	22.00q 1
4	431	Hampole, Shyla	98 Prince George T	22.80q 2
5	406	Delorme, Sydney	99 Prince George T	23.10q 1
6	398	Carter, Katie	98 Prince George T	24.30q 1

Girls 100 Meter Dash Age 6 - 7 Rascals

Name	Year	Team	Finals
Finals			
1	35	Wankling, Samantha	98 Prince George T 20.10
2	436	Hekkema, Caprice	98 Prince George T 20.20
3	406	Delorme, Sydney	99 Prince George T 21.10
4	398	Carter, Katie	98 Prince George T 21.40

Girls 200 Meter Dash Age 6 - 7 Rascals

Name	Year	Team	Finals
1	413	Erricson, Nicola	98 Prince George T 43.00
2	436	Hekkema, Caprice	98 Prince George T 43.90
3	441	Hill, Madison	98 Prince George T 45.10
4	35	Wankling, Samantha	98 Prince George T 45.20
5	398	Carter, Katie	98 Prince George T 48.10
6	406	Delorme, Sydney	99 Prince George T 51.20
7	260	Schmidt, Layla	99 Bella Coola Vall 51.80
8	487	Paulson, Julissa	98 Prince George T 52.00

Girls 400 Meter Run Age 6 - 7 Rascals

Name	Year	Team	Finals
1	413	Erricson, Nicola	98 Prince George T 1:42.80
2	436	Hekkema, Caprice	98 Prince George T 1:49.60
3	35	Wankling, Samantha	98 Prince George T 1:57.80
4	406	Delorme, Sydney	99 Prince George T 1:59.50
5	260	Schmidt, Layla	99 Bella Coola Vall 2:44.40

Girls 800 Meter Run Age 6 - 7 Rascals

Name	Year	Team	Finals
1	413	Erricson, Nicola	98 Prince George T 3:43.40
2	436	Hekkema, Caprice	98 Prince George T 4:17.40
3	406	Delorme, Sydney	99 Prince George T 4:19.70
4	35	Wankling, Samantha	98 Prince George T 4:52.10

Girls 60 Meter Hurdles Age 6 - 7 Rascals

Name	Year	Team	Finals
1	413	Erricson, Nicola	98 Prince George T 16.80
2	436	Hekkema, Caprice	98 Prince George T 18.10
3	35	Wankling, Samantha	98 Prince George T 19.70
4	487	Paulson, Julissa	98 Prince George T 20.40

Girls Long Jump Age 6 - 7 Rascals

Name	Year	Team	Finals
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1	487 Paulson, Julissa	98	Prince George T	1.76m
2	406 Delorme, Sydney	99	Prince George T	1.68m
3	436 Hekkema, Caprice	98	Prince George T	1.55m
4	35 Wankling, Samantha	98	Prince George T	1.35m
5	260 Schmidt, Layla	99	Bella Coola Vall	1.21m

Girls Shot Put Age 6 - 7 Rascals

Name	Year	Team	Finals
1	413	Erricson, Nicola	98 Prince George T 3.13m
2	406	Delorme, Sydney	99 Prince George T 2.49m
3	35	Wankling, Samantha	98 Prince George T 2.15m
4	398	Carter, Katie	98 Prince George T 2.03m
5	436	Hekkema, Caprice	98 Prince George T 1.89m
6	260	Schmidt, Layla	99 Bella Coola Vall 1.84m

Women 1500 Meter Run Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	454	Kennelly, Bevin	84 Prince George T 5:00.80
2	365	Becker, Jen	83 Tumbler Ridge 5:47.30
3	18	Swift, Meghan	87 Prince George T 5:47.90

Women Pole Vault Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	51	Rawkins, Kim	82 Track 54.50 3.60m
2	50	Zavaduk, Heather	86 Track 54.50 3.55m

Women Long Jump Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	290	Hetenyi, Melissa	87 Dawson Creek 3.74m
2	291	Oldfield, Ami	87 Dawson Creek 3.58m
3	365	Becker, Jen	83 Tumbler Ridge 3.36m

Women Triple Jump Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	291	Oldfield, Ami	87 Dawson Creek 8.13m
2	290	Hetenyi, Melissa	87 Dawson Creek 7.96m

Women Shot Put 4kg Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	254	McIlwain, Meredith	84 Bella Coola Vall 9.29m
2	14	Shaughnessy, Kelse	87 Prince George T 8.55m

Women Discus Throw 1kg Open (Jun/Sen/Mst)

Name	Year	Team	Finals
1	14	Shaughnessy, Kelse	87 Prince George T 27.29m

Women Hammer Throw 4kg Open (Jun/Sen/Mst)

Name	Year	Team	Finals
Meet: R 43.03m 2004 Alia Dalin, Kamloops			
1	14	Shaughnessy, Kelse	87 Prince George T 36.04m

Women Javelin Throw 600g Open (Jun/Sen/Mst)

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Meet: R 38.90m 2004		Alia Dalin, Kamloops			
Name	Year	Team		Finals	
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1	14	Shaughnessy, Kelse	87	Prince George T	31.40m
2	506	O'Meara, Tami	67	Prince George T	21.31m
3	507	Masich, Laura	67	Prince George T	18.57m
4	365	Becker, Jen	83	Tumbler Ridge	11.64m